threesomes

for Couples Who Want to Know More

lainie speiser

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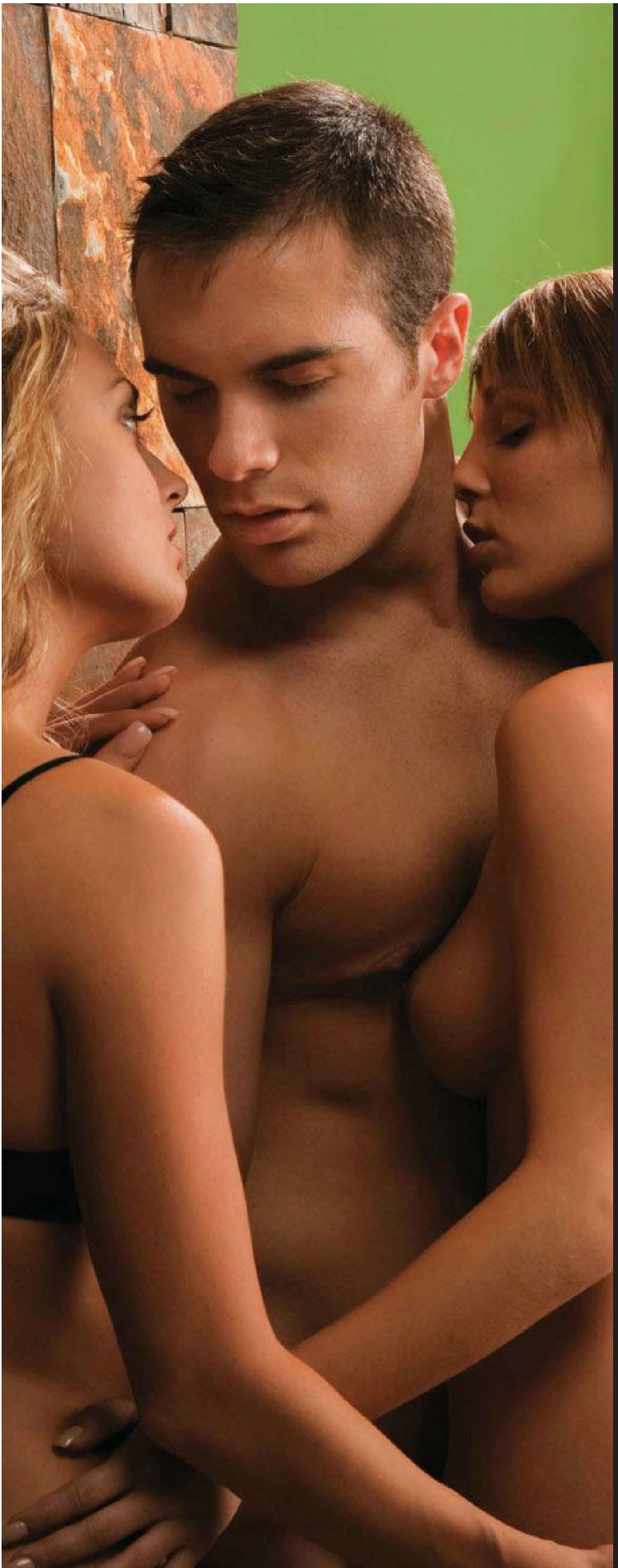

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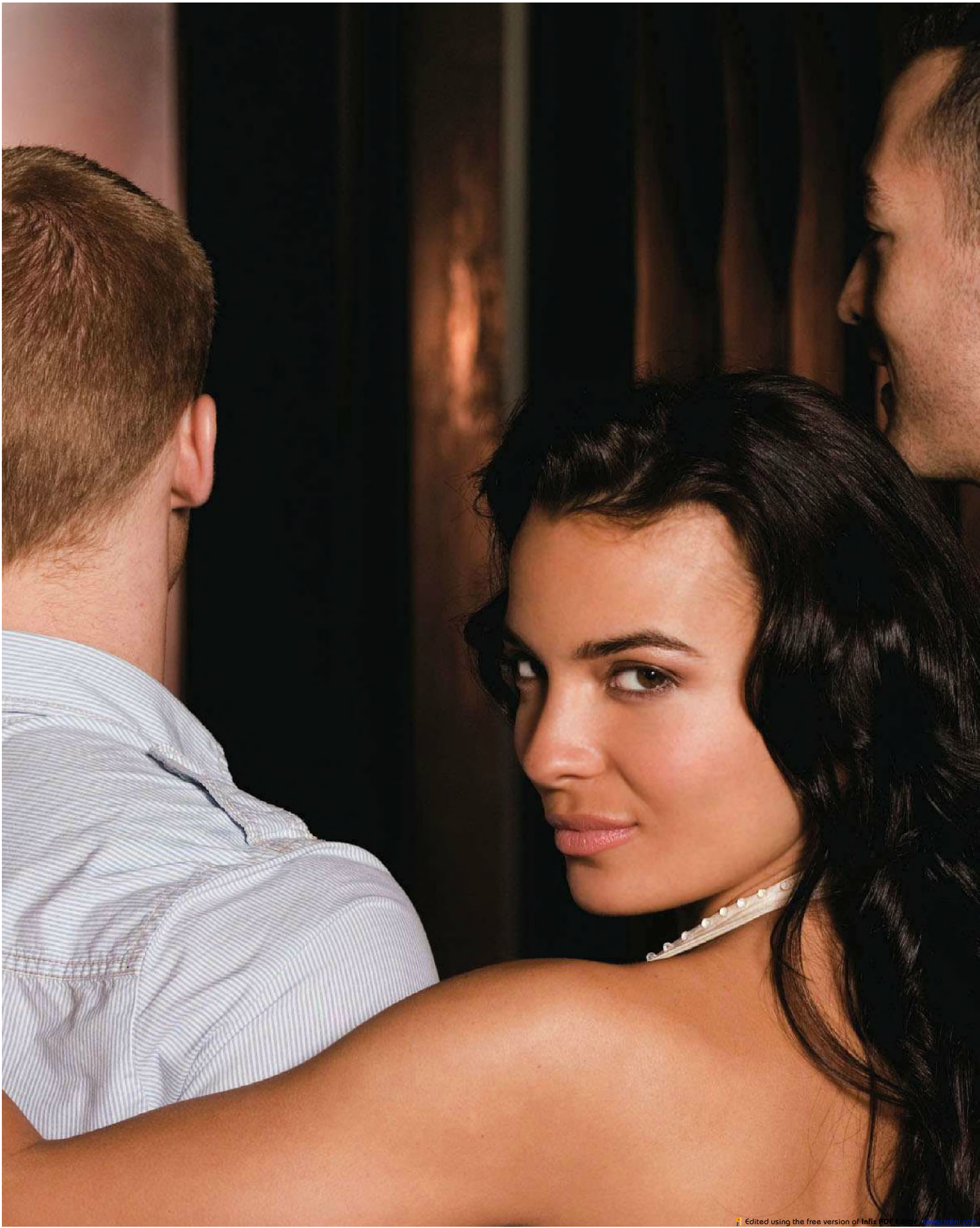

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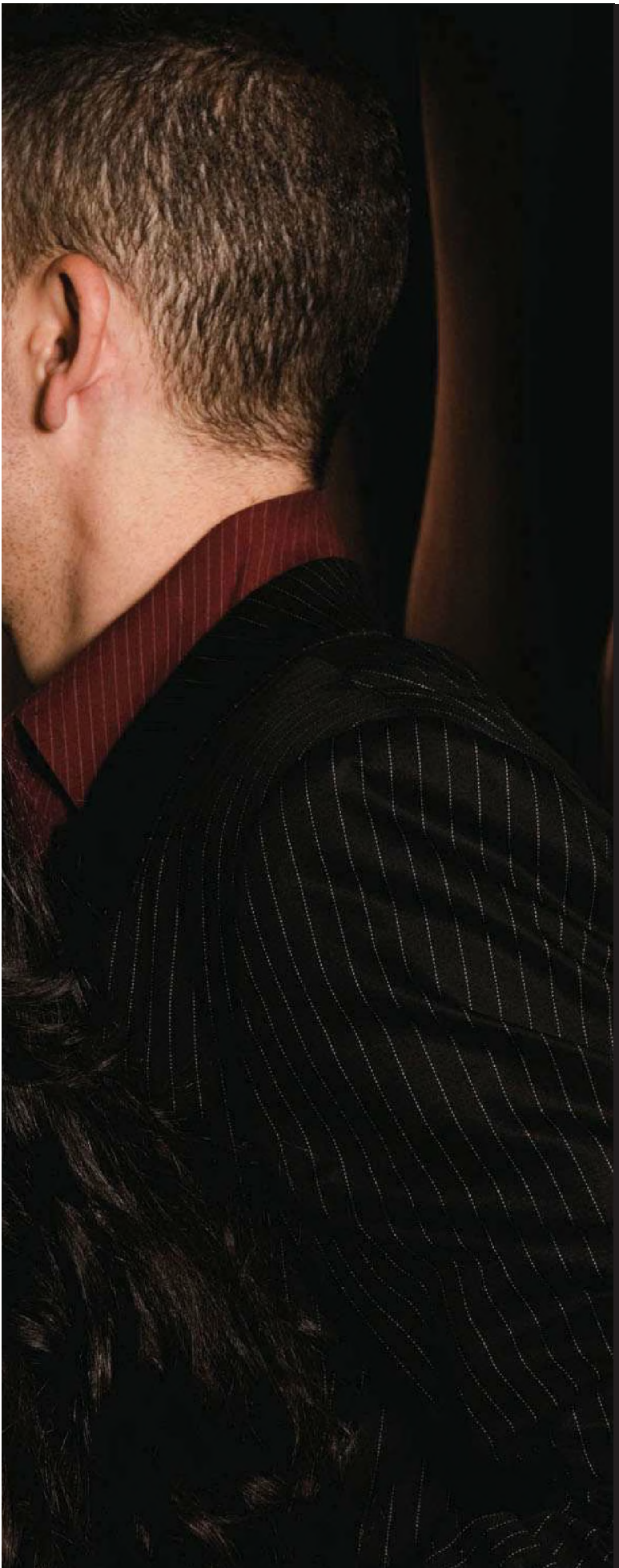

1

MY STORY

The truth is I've always wanted to do it. I've always fantasized about being an active participant in a three-way. I've always wanted to know what it's like to have more than one tongue following the curves and crevices of my body, to have more than one pair of busy, attentive, loving hands spoiling me, to have the option of kissing more than one eager and open soft, wet mouth.

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I've always wanted to stretch my arms out and feel two bodies at my fingertips, to be filled in every imaginable way, to literally be smothered by the skin of both a man and a woman and do things I wouldn't ordinarily do with that woman—or any woman, for that matter.

I've always wanted to have two men do my bidding, to be so sexual and so in control and so out of control that I couldn't hold back my orgasm and neither could they as they released themselves in my mouth and inside me.

As you can tell, I'm really turned on by the very notion of having a ménage à trois.

My boyfriend knows this, and he knows without my having to tell him. He knows how excited I get when he takes out Steve Austin—my big, baby blue rubber vibrator. He uses it on me while I enthusiastically perform oral sex on him. I instantly become wet and excited because I have two hard cocks all to myself. I never use this vibrator when I'm alone—I only enjoy using it when fooling around with him; otherwise, my hands do the job quickly and efficiently. But using it with a partner is a totally different story: The double stimulation feels decadent, luxurious, and unapologetically greedy.

And he loves it, too. He's rock hard the entire time, and I feel so free and wild that I can allow him deeper in my throat than ever before, without feeling any physical stress or the slightest bit of pause or discomfort. I truly love it. I love the feeling of being used to my full sexual potential, and I love feeling the double stimulation. I keep my eyes open so I can see Steve Austin working his magic between my legs while my boyfriend's thick cock darts in and out of my mouth. If I could describe it in one word, it would be "voluptuous."

And my boyfriend knows. "You just want two guys going at it on you, don't you baby?" he says with a sexy grin. "You want to be a little slut. You need two hard, big cocks to make you come."

A Naughty Audience

One day when I was working behind the scenes in a phone-sex recording studio, a woman was recording the tale of her very first ménage à trois with a happily married couple. I sat on the couch outside the recording booth, listening to her performance, on-hand to make her comfortable with the session and ready to ask questions if the story needed further elaboration. But this model, Susan, was very thorough when it came to describing this occasion of sexual awakening.

She talked about having a threesome to experiment with the female counterpart of the couple more than anything. She talked about being undressed by her friend while her husband watched, kissing and caressing her all over. "I had always wanted to be with a woman, but I felt very shy about it," Susan said. "This felt like a sexy but safe way to start. With her husband there, I felt free to really go for it without feeling self-conscious about it." The women played with each other's breasts, fingers, mouths, and tongues. They grinded against each other's firm, supple bodies, face to face, kneeling on the bed. Her friend's husband decided to join the action by going behind Susan and fondling her, playing with her wet, engorged clit.

VOYEURISTIC PLEASURE

After listening for a bit, I walked to the bathroom of the recording studio, locked the door, and began to masturbate. I came quickly

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sitting on the toilet and replaying Susan's sexy words in my head. A threesome felt so forbidden, but it was okay and consensual too, which made it guilt-free and still exciting. I could do that, I thought, I could totally do that.

I sent my boyfriend a text message telling him what I'd just done, perhaps out of my own guilt for being less than professional or perhaps just to be naughty, and he sent me a text back saying, "That sounds so hot. Let me know when you'd like to give that a try. It's all up to you."

This is one of the many reasons I like him so much, because when it comes to sex, it's all up to me—no pressure, no hassle, all play.

It's not that I haven't been close to it. I have, for sure. But you would think a sexual being such as myself—now in her mid-thirties, who has worked in erotic entertainment in one form or another since graduating from art school (of all places)—would have done it by now. And not only would have done it by now, but would have done it many, many times.

But my vocation does not necessarily define who I am, not completely anyway. Just because I don't have a typical profession doesn't mean that I'm not exactly like most women. I have the same insecurities, reservations, and hang-ups as any other woman despite making a career for myself in the world of adult entertainment.

Having worked at several erotic titles throughout my career, and as the current spokesperson and columnist for *Penthouse*, I've been reading about threesomes, in the form of erotic literature or dirty letters, for quite some time now. I've seen delicious-looking photo spreads of happy threesomes totally engrossed in a triangle of flesh and orgasm, but observing it, let's face it, is much easier than actually doing it.

The First Three-Way Offer

Years ago, after graduating from art school, I embarked on an adventurous and exciting backpacking trip with my good friend Sabrina. She was a lot more free-spirited than I, even by art school standards, and while we were sipping Bloody Marys and smoking cigarettes on the plane, she leaned over and said, "You know what we should do at some point during this trip? We should pick up a guy we both dig and share him. Wouldn't that be cool?"

Sabrina was, and is, one of the most gorgeous women anyone will ever meet. A Demi Moore look-alike with a wonderful sense of humor and a sweet spirit, she would attract even the most well-to-do men (and women), who might stop to stare and appreciate the splendor of her natural beauty. She took a long pull off her hand-rolled cigarette and added, "Preferably someone who can't speak a word of English."

Yet I couldn't do it. I had a boyfriend back home, a much older man who would've approved of it, as he approved of me leaving for Europe for two months, because he was a teenager in the 1970s and fully believed experimentation was imperative in the development of any young person. But she was my friend and she knew all of my vulnerabilities, and although she'd seen me naked many times, she had never seen me naked in *that* way. You know what I mean.

The closest Sabrina and I got to a hot ménage à trois was when she and I shared a bed with a very young, handsome, smarmy, and well-endowed Australian man at a complete stranger's house off the beach in Brighton, England. There was simply nowhere else to sleep, and I was really tired. So tired that I didn't let their moaning and coupling inches away stop me from drifting off to sleep. That is, until I felt a hand stroke my arm—a rough, large, strong hand that did not belong to my small-boned, pretty Sabrina. I don't think it was even an invitation but simply a matter of cramped quarters and darkness and mistaking one soft woman for another. I got up quickly, took my pillow, and tried sleeping in the bathtub for awhile, but then some other hippie came in to use the toilet and I switched to an old, smelly, funky couch with no cushions and stayed there for the rest of the night.

Sabrina made me coffee the next morning and asked me if I'd slept well. She never asked about the two of us sharing a foreign stud for the rest of the trip. Sabrina was always sharp that way.

"We should pick up a guy we both dig and share him. Wouldn't that be cool?"

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A Subtle Seduction

When I was 25, I was infatuated with a tall, stocky political protestor of sorts. He had a face like a lion, with a mane of sandy hair to match. But despite his feminist leanings, Paul was kind of a jerk and seemed to enjoy yanking the chain of my emotions in his passive-aggressive ways. During our relationship, I befriended his best friends, an attractive, creative, good-looking couple who were both a bit older than me but a lot nicer and more fun than Paul was.

Linda was in her mid-thirties, an actress who looked like a pint-sized version of myself and favored black clothes and platforms, just like me. We shared a Spanish heritage and gabbed in corners during Paul's otherwise boring political get-togethers, smoking by the window and getting buzzed on cheap beer. Linda's husband, L.R., was a professor who could wear leather pants without looking the least bit cheesy. He had a lustrous head of brown hair that was cut in a sort of Dutch Boy page that only a lanky, boyishly handsome man could pull off. He was a Southern gentleman and would cater to the two of us and give us joints to help us get through these miserable gatherings.

They both liked me a whole lot and thought Paul was an absolute ass for not appreciating the splendor that is me. It was all very seductive, but again, I didn't realize anything right away.

That is, until I hung out with them one Christmas Eve. Paul had discarded me for some political convention yet again, so they invited me to go to a happening party with them in Brooklyn. First we partied at their Manhattan apartment, smoking, drinking, and doing shots.

I learned my first lesson in the ways of ménage à trois: Don't make any unsupervised moves. It's simply bad manners.

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I caught Susan looking at me from the terrace, and then she walked over to say, "You're an absolute goddess. We don't know what Paul's problem is, but screw him, he's a very troubled person and not deserving of you." That felt pretty good to my wounded ego. Then when we were waiting for the train to take us to Brooklyn, I somehow kept catching eyes with L.R., and we'd both break out laughing. "Merry Christmas, Lainie," he would then say, and I would answer, "Yes, Merry Christmas, L.R." They were such a giving and warm couple.

The party was everything they said it would be, with a good live band performing in the living room. A few times the three of us went outside together for a smoke and some air, as it was very hot and crowded inside.

During one of these breaks, Linda took my hand and said, "I just wish you the best of everything. You're such a great person who deserves the best that life has to offer." I blushed and said thank you, and then she put my hand in L.R.'s hand and said, "Oooh baby, you have to feel her hand, she's got such soft, beautiful skin." L.R. listened to his wife, took my hand, caressed it, and kissed it. He said, "If this gets too late, you know you can always crash at our place. We have plenty of room."

And back up the stairs to the party we went. Truth be told, as lovely as Linda was, I wasn't the least bit attracted to her that way, more than anything because she treated me like her kid sister and because people said that I could pass for her sister. But I did find L.R. attractive; he was so confident and funny and smart without any kind of arrogance or sleaze. And he could dance. He danced with both of us, fast and furious like the aging punker he was.

I was getting seduced for sure, but mainly by him, and a lot of Jack Daniels shots from the pint he kept in his leather jacket. At some point, he and I took a rest while Linda, ever the little spitfire, kept shaking her shimmy right front and center to the band of young, floppy haired men.

L.R. and I observed this, and then he said, "Merry Christmas to you." And I said, "Merry Christmas L.R." Then he leaned over and kissed me, and I kissed him back. It was surprisingly soft and skilled on both our parts, considering all we had consumed. And then Linda stopped it. She didn't yell, she didn't cry, she didn't punch me, but she did slur, "My friend is kissing my husband, how nice." And I ended up sparing the three of us any public drama, left the party, and went all the way back to New Jersey alone.

But I learned my first lesson in the ways of ménage à trois: Don't make any unsupervised moves. It's simply bad manners.

I'm sorry, Linda. I didn't know any better, and what can I say, your husband was pretty fine. I imagine if Linda and L.R. are still married that they, too, have learned a lesson and that is to make your rules heard loud and clear: Do not kiss, touch, or do anything with my husband when I am not present and actively joining in.

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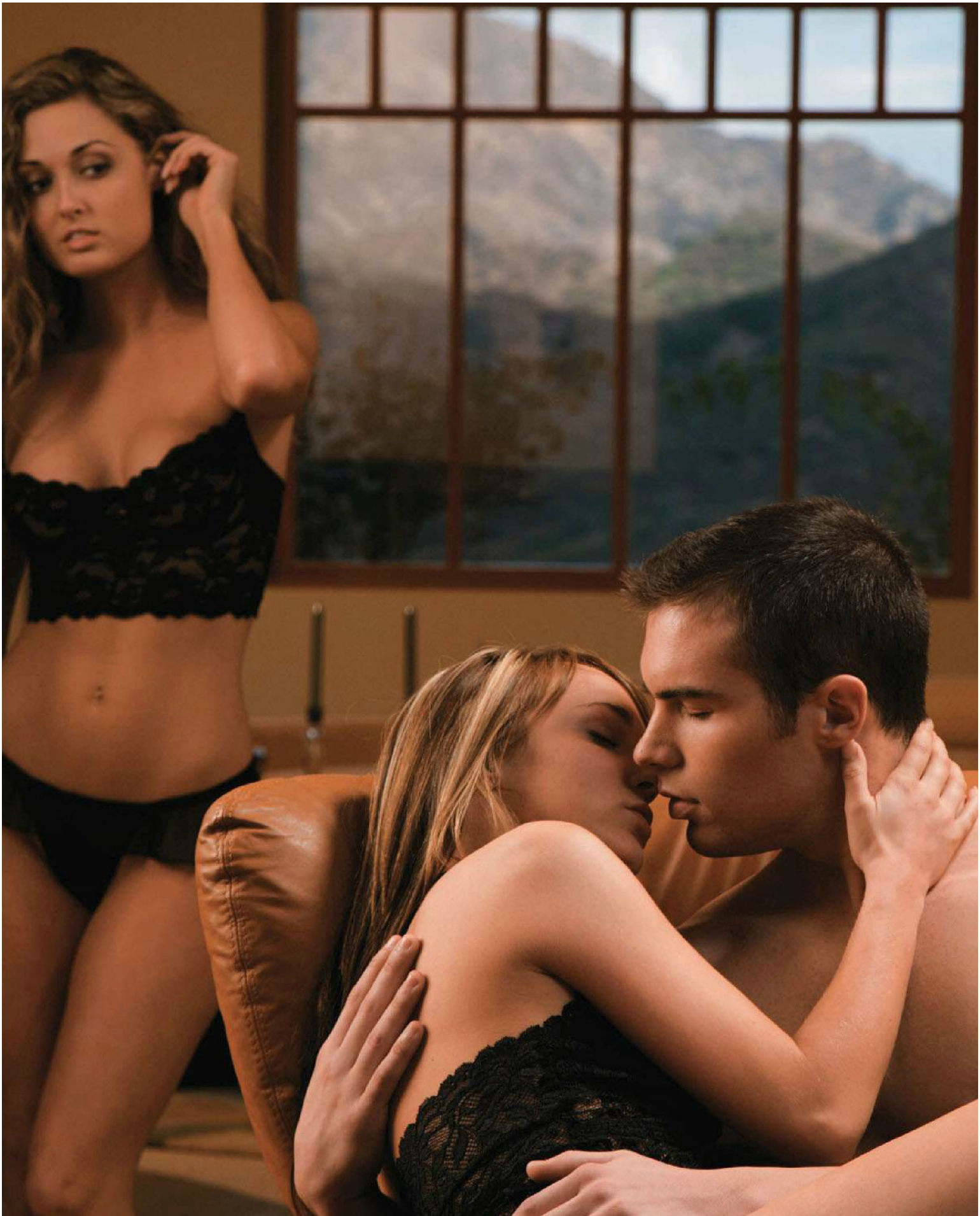

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The Planned Pick-Up

Then there was the time at Tex Mex, a trendy but cheap bar and eatery near my apartment in New Jersey at the time. I was there with my cute cousin Loli and her friend Bridgette, who were visiting from France. The bar at Tex Mex is *the* scene, especially on Friday nights, when assorted young professionals let loose from their week of hard work on Wall Street.

While we waited for a table, I caught the eye of a Jewish Rob Lowe look-alike. He zoomed right in on me, flirting and asking me whether I was a designer because my look was so fashionable to him. It was a line, yes, but a line any woman can appreciate; after all, he didn't say "nice tits," he said "great outfit." His name—okay I can't remember his name. There is a three-margarita limit at Tex Mex, and they make them so tasty and so strong that I went through my limit pretty quickly that evening.

Loli, Bridgette, and I were seated at our table, and he and his Wall Street friends at theirs, conveniently nearby. Both parties spent the evening mingling, but my cousin and her friend were tired from jet lag, so the two of them went back to my place early, and I stayed on.

By the time the place was closing at midnight, I was sitting on Jewish Rob Lowe's lap and having a fine time. He had a lot of coworkers with him, but one younger man, perhaps his protégé, stood out. He seemed sweet and liked the same kind of music I did, so what the hell, the three of us decided to continue the party at my place.

But the fun, flirty, mild tone to our threesome totally changed in my living room. There was a nervous vibe coming from two people who had probably conspired back at the restaurant during one of my many trips to the bathroom. I felt this tone most from the protégé.

"This is a nice place … I like that painting," he said, gesturing at an abstract over the couch. "I bet you painted that, huh?" said Jewish Rob Lowe, taking off his blazer with too much confidence. Actually, I hadn't painted it, it was a gift from my friend Anthony, but I was getting nervous and said, "Uh yeah, that's mine."

I decided to take control of the situation by playing hostess, fussing over making drinks, getting ashtrays, and pouring over my expansive CD collection for the right tunes, saying, "Any requests? I have everything." I chose a mellow but hip band, Stereolab, and joined my guests, who were getting comfortable on my couch. They had a little spot waiting for me between them.

"You okay?" asked Jewish Rob Lowe, smoking one of my cigarettes. "You seem different than before, more uptight." I was more uptight, he was right, but he seemed changed, too. Shrewd and calculating for starters, and his protégé seemed strangely pressured by him as well.

The protégé got up to use my bathroom, and in his absence, his older, more experienced coworker made his move, and we started kissing. He was a good kisser, and my apprehension melted away, my hand comfortably rested on his rock-hard bulge, and he pulled out my breast and played with it. Then I noticed him look up and past me. I sat up and saw his young friend watching us, sweating with near-virginal fright. "Sit down, bro!" his partner in crime invited. He obediently sat back down with us and started stroking my back.

And it felt all wrong in so many ways. It wasn't at all what I'd imagined a setup for a threesome with two young, good-looking men should be. His friend wasn't sure whether he wanted to do it, or possibly out of anxiety, even *could* do it, and the ringleader was a bit too bossy

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and self-assured. Clearly, he was the one who was going to dominate and call the shots, but I don't like being bossed around.

He had told me at Tex Mex that I was pretty, and that he knew what pretty was, having three older sisters. He said he had a lot of respect for women, but time had taught me that many men who make such claims feel the exact opposite, and perhaps he was even angry about growing up the youngest in a house full of women. I didn't trust him at all, and I didn't trust his protégé, who clearly did not have a mind of his own.

By this point, I had sobered up and realized it would be rude to get it on with two strange men in my living room while I had two houseguests sleeping in the back room of my apartment that I use as an office. One of them would undoubtedly get up to use the bathroom and wander into the front room to the call of dirty talk and moaning. These guys were strangers, and if I were going to put myself at risk, that was my own business, but what would my mother say if she knew I put her youngest brother's youngest child at risk, too?

It was then that I learned something else about the art of ménage à trois: You have to trust the people you're with entirely and set the scene to be safe. And it's smart if the three of you are the only people in the house/apartment/hotel room, too.

I leapt to my feet and hustled them out with a forceful energy that was so sudden, so strong, that the two of them actually complied. The protégé was clearly relieved and grateful, but Jewish Rob Lowe's ego was bruised—and so might have been his blue balls—but again I was a good hostess and said that the bars wouldn't close for another three hours, giving him more than ample time to find another young pretty girl to satisfy his needs. He left me his business card, which I promptly threw out in the wastebasket of my bathroom while taking off my makeup.

It was then that I learned something else about the art of ménage à trois: You have to trust the people you're with entirely and set the scene to be safe.

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It's Not Too Late

So okay, I'm a late bloomer, I admit it. Hell, I didn't even have sex until I was 18. But now I'm in my mid-thirties and have a lot of good, and not so good, screwing experience behind me. I'm comfortable with who I am, and I'm ready to play nice and naughty with more than one person in the sandbox.

I am in a good relationship with a good man, and we are secure both in each other and in ourselves. When you know you're each other's ultimate fantasy, you can happily explore the dimensions of orgasmic pleasure with no negative side effects … or can you? Where do we start this and what will happen when we do?

I've learned a lot from my past mistakes and misadventures. No one *has* to have a threesome, but no one has to eat a banana split, either. I see the ménage à trois as the banana split of sex: It's a little bit of everything good and yummy in one lovely serving dish.

I've also learned a lot from the numerous interviews I've conducted for this book. Despite some differences, there were a lot of similarities among those I talked to—the biggest being that everyone enjoyed doing it, and I'm happy to report that not one person told me his or her relationship broke up as a result of having a three-way. All in all, they said it was a fabulous experience, and most of the people who have done it once usually have done it again—maybe not every week, but definitely multiple times, and they say they will probably do it again in the future. That gave me a lot of confidence that, if done right—responsibly and maturely—it would be a tremendously positive experience.

The funniest part of interviewing people on the topic of threesomes was that women kept saying things along the lines of, "Hey, I'm giving my boyfriend a big gift by allowing him to have a three-way with me. He's lucky and has no reason to complain about it," while every man told me, "Hey, no matter what happened, I was lucky enough to have this experience, so there was no reason to complain about anything."

Women, as they usually do, enjoyed telling me their stories, but the men were particularly enthusiastic, sparing not one detail, and even remembered names and what each woman was wearing. It is definitely a huge badge of honor for men, while women are more interested in the actual sexual exploration.

Either way, putting this book together was a wonderful sexual journey, one that I think everyone can learn from, whether you plan on actually acting on this impulse or not. But how can you resist the temptation of a rich, delicious, creamy banana split? No one I know or want to know can, that's for sure.

I see the ménage à trois as the banana split of sex: It's a little bit of everything good and yummy in one lovely serving dish.

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2

How Threesomes HAPPEN

Threesomes really happen—oh boy, do they ever happen. It's not just the stuff of trashy books, porn magazines, and late-night cable television.

Here's the deal.

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A lot of couples don't talk about it because the boyfriend knows if he blabs about it to his friends his girlfriend will be furious with him, thus killing the chances of it ever happening again. And no man will ever spoil that party. A threesome is a precious gift after all—a gift he would love to be presented with over and over again.

And more women have done it than most would care to admit, including your own girlfriend whom you think you know more than anyone. Why, college experimentation and single-girl vacations to Cancun alone should be able to fill up a naughty little book about three-ways.

A lot of women won't admit to having taken part in a threesome, especially to their boyfriends, because time has taught the fairer sex one harsh lesson early in life: You cannot one-up your man on sexual experience whether it be number of partners or actual exotic and daring acts. Men being men want to think they've had more sexual partners and/or sexual experiences with women and by in large feel threatened, inadequate, and insecure knowing their woman had a threesome and they did not.

Other women are just plain shy and too embarrassed to admit that they once got tipsy with their friends and decided to share the hot guy sitting between them, resulting in a lesbian experience that forever separated the two girlfriends.

Most single men can't wait to tell their friends about their three-way experience, that they were able to snag not just two good-looking girls, but actually satisfy them both, too, or at least watch them get it on with each other. It's one of those sexual conquests all men dream of achieving, absolutely.

But how many men will actually admit to having had a three-way with another man and one woman? That's a tough one to answer. There is a clear double standard of homoeroticism between men and women. But it's a safe bet to say there are a lot of men who have done this but decide not to tell anyone at the risk of being labeled gay.

But the truth is, there is a fair share of men who love watching their woman get it on with another man because it's like bringing a porn movie, starring their girlfriend, to life in their own living room. Now that's hot. Not only is she gorgeous, but she is sexy enough to take on two throbbing, hard cocks. That is definitely a huge turn-on to a lot of guys, whether they admit it to their buddies or not.

But how much do men really reveal to each other about their intimate and erotic longings anyway? Not so much, because talking about it in detail can be considered rather weird.

But by now you're burning to actually know: how does a threesome happen and how can I make one happen for me?

Be Ready, Willing, and Able

Convincing a man to have a three-way is no harder than enticing a mouse with cheese. The mouse may be cautious about entering the trap, but there is absolutely no question about whether he wants to eat that cheese. Of course a guy's not going to say no to a three-way. It may depend on the gender of the third person or the situation, but it's never a question of desire. He'll always be ready and agreeable about the idea.

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How a Music Video Inspired Hot Three-Way Action

"Once I was in this music video where I had to pretend to have a threesome with a girl and a guy, two other models. We were just under sheets pretending, but something clicked—our imaginations I suppose," Angela, a 24-year-old model, fondly recalls. "We were getting hot, and we were like, 'Oh, god we're working, we have to calm down!' " Angela had never met either the man or the woman until that day on set. But spontaneity won out, and the three models continued the action after the work day was done. "That was funny because it was so random," she says.

When you feel this wave of erotically charged vibes in the air and you think this could be fun, by all means catch it and keep it going.

The Happy Couple

A good-looking, free-spirited, laughing couple can be a very arousing sight to both men and women, whether at a party or a bar. A couple that are confident and secure enough to mingle together and not just bunch up in a corner can find themselves in many interesting positions.

Being social and interested in everything around you can attract some sexy people who may stop and chat with you, admire your good taste in dates, then your date's clothes, then your date's body, and then eventually just you and your date.

When you feel this wave of erotically charged vibes in the air and you think this could be fun, by all means catch it and keep it going by getting a round of drinks, making space on the couch, or suggesting a smoke break outside to tighten the bond. Things may go so well that you leave that party or bar to hit another place. Eventually, you may suggest a nightcap at your home. And then voilà, it happens.

LAP DANCES

Some modern and in-tune couples like to go to strip clubs together. It's more exciting than going with the boys, and when you're all charged up you can release that excitement immediately with the one you truly love.

Some dancers really dig it when couples come in and get lap dances together. It makes it all the more pleasant for them, and more than half of all dancers are actively bisexual. During breaks, they are known to hang with customers they like (don't forget to buy them a drink), and if they're getting off work soon, it isn't always out of the question for a sexy stripper to want to play with a fun, attractive couple she is partying with.

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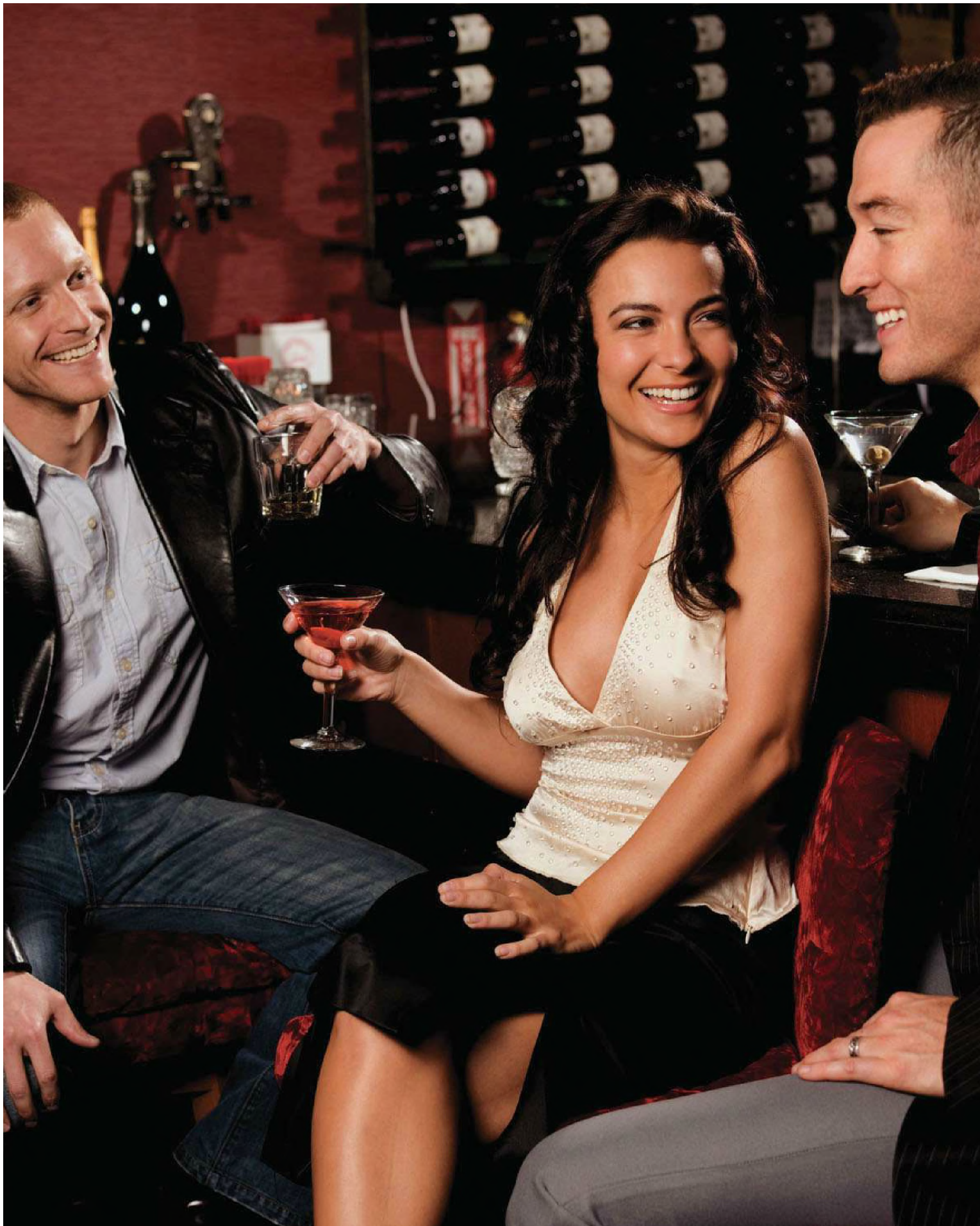

When couples are seen at gentlemen's clubs groping and kissing on their way to the bathroom or on their way out the door, there may very well be a horny lap dancer eyeing them both and asking the question, "Wanna have a three-way?" Who are you to resist it? Not many would.

GIRLS' NIGHT OUT

It's not easy to get many straight men to go clubbing, but that's what girls night out is for, and too bad for those uptight guys because lots of ménage à trois start on the dance floor. Without even planning on it, your gal pal can start dancing with one tall, young stud, and of course she would never leave her friend out in the cold.

Grinding and bumping, you make a man sandwich, while the lucky guy takes turns facing one and clutching your waist, then turning around and pressing against your friend's bountiful booty. If the two of you are open, you can get something cooking up fast. He starts to kiss your friend's neck from behind while you press your breasts against his strong back and let your hands drop around his package. Things can get so heated at dance clubs that many a trio hasn't even bothered to go home but just moved to a dark corner or a stall in the unisex bathroom. (And plenty of the trendier places have those solely for the purpose of messing around.)

Two girls out for a good time often like to choose a man to tease, and many of those men happen to be pretty damn cute, which is why the girls do it to begin with. They usually choose the shy, unsuspecting type who doesn't realize how good looking he is, or the obviously sexual guy who certainly does, and they challenge him to see whether he's really what he says he or just putting on a big front.

Guys, always, always let girls tease and pick on you—we're not much different than when we were in the fifth grade, so it does mean we like you, a lot, even when we're making fun of your clothes or something stupid you accidentally said or did. The girls who pick on you together can very well lay you together, too, and you can either go the "Aww shucks, I'm a lucky guy" route or take the "Damn straight, women, you're gonna get the ride of your life" tactic.

Either way, this is how many three-ways happen—without the girls planning to go out and do it; but then again, this is also EXACTLY how many three-ways happen when they *are* planned! Two adventurous, curious, and sexy women out on the town together can be the recipe for all kinds of hot steamy mischief.

The Third Wheel

Many single people out there whine whenever they are in the position of hanging out with couples, saying they feel like a third wheel and complaining about how awkward it is. These are bitter, silly people.

Do only children hate being the sole object of their parents' doting and loving attention? Of course not! In a way, being the third party in the three-way is much the same feeling: you have two people who focus all their attention on you and want to make sure you're happy and taken care of. Is that so awful? I think not.

Even the happiest couples need to mix it up, and they're very happy when there's another person around just to talk and laugh with, much less get it on with. It's great being the third person in the ménage à trois because you're the celebrity guest star of their show. They're happy to have you mixing and stirring them up, and then when it's over, you can just walk away from the situation with the least amount of baggage and/or issue. So what's so bad about being the third wheel? Nothing!

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FOR WOMEN

Any single woman who falls into or sets up a three-way must first and foremost find both parties attractive; otherwise, it will be a disaster of jealousy.

A women can tell whether another woman is there to get her man; she won't necessarily expect you to go down on her, but if you don't kiss, touch, or compliment her, then at the very least you're looking at lots of drama, trouble, and even tears. You may not even be into women, but if you're looking for fun and free-wheeling experiences, you should talk and laugh and find that connection, as those things are especially important to women. Then you'll find it easy to dive in, and the girlfriend will find it easy to take you in, and hopefully will dive right back into you, too.

The couple has to feel like you're their special, tasty treat, that you're sweet and special enough for them to have this experience with. The more open and relaxed you are, the more you will be sandwiched in the passion zone. A lot of men are doing this for their women, just as much as women might be doing it for their men, so you have to distribute the attention evenly and smoothly.

When you're alone at a party or at a bar, the happy couple I mentioned above can be the easiest to break the ice with. They have nothing to prove and no agenda other than having a good time. When couples are feeling frisky, it's quite amazing how they will open up to someone else. You can begin with asking the woman of the couple where she got her dress or what she is drinking because either one looks good to you, and then take it from there.

FOR MEN

Most spontaneous three-ways that involve two men are between friends or acquaintances. Secure men are very turned on when other men find their girlfriend sexy and beautiful, but they usually prefer that kind of attention from someone they know and trust, rather than the guy who sits in their empty stool the minute they get up to take a leak. These types of encounters happen when the three are hanging out at home, listening to music, or watching videos (both the mainstream and the smut variety).

The two-men-one-woman sex combo is for men who are *extremely* turned on by men finding their women attractive and for men who are *extremely* comfortable in their sexuality and, yes, their penis size. A man who thinks his cock is too small is not someone who will suddenly let his girl get it on with another guy, especially when he knows his buddy has a big one.

When you're feeling good about the people you're with, good things happen. So you're hanging out drinking wine, smoking grass, listening to some good music, laughing, and joking. It's all very tranquil and happy. Your friend's girlfriend may compliment you out of nowhere and make you blush. Or she tells you that the girl who dumped you was a total idiot, and your buddy agrees.

Maybe it's not with words at all, maybe she starts dancing for you both, and you guys encourage her to keep dancing, maybe shedding some clothes little by little and piece by piece. Your friend gives you a sideway glance that says it's okay, and then you see him watch his sexed-up lady lean in to kiss you. You can let it linger and then stand up behind her and massage her shoulders and play with her hair. She's not pulling away, she's moaning and rubbing her ass against your crotch. She might even do a

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backwards reach-around and pull you closer, so you cup her breasts from behind and kiss her neck. You both fall back on the couch, and you wait for your friend to lead and his girlfriend to agree, and that's the easiest, safest way for things to happen, by just letting them. Take your cue from the couple and it should all be just fine.

The same goes for the lucky man who gets to roll around with two women, when chosen, and believe it, mister, you are being chosen, whether they planned it or it was a sudden burst of sexual inspiration. Don't blow it by making too many demands. If they don't want to go down on each other, don't dwell on that. If they do hardly anything or nothing with each other, yes it's a little sad, but still you've got two women in front of you who want to share you, to use you as their dick-slave, so be happy with just that because that's a whole lot for anyone to encounter. Two women can be very bored and not necessarily looking for a three-way but looking for some kind of fun and/or entertainment nonetheless, and it's many times the charming, witty man who gets this going rather than the handsome, arrogant prick. This is the guy who doesn't care if one woman is a lot better looking than the other. He's not looking for ways to ditch one so he can make time, he doesn't want to cause any kind of a rift. He's the cool guy who just puts himself out there and sees what direction the night will take. He's the guy who can make it happen and he's also the guy whose stupid friends don't understand why he can make this happen.

So this guy steps up to the two ladies and makes a remark about the bad music, how difficult it is to get the bartender's attention, or what's playing on TV. He engages them both at once, keeps eye contact with both girls, and is man enough and smart enough to keep them both entertained at the same time. He's the guy who is generous enough to get the next round and the round after that. He may know of an even cooler place to hang out or has a clean apartment that may offer some special refreshments.

This is the guy who can even get away with making the joke about having his way with the both of them and they laugh and he laughs, but when he excuses himself to use the bathroom or check his phone messages, they both say how great he is, and to hell with it, why not hang at his place for awhile. It's nearby, isn't it? He has planted the seed without being obvious, and it's working. This guy is special, and he deserves to have two girls take turns screwing and sucking him. Because he is a gentleman.

Remember Ladies, You're the Star

Your man does not want to have a three-way as a sneaky way to engage in sexual contact with another woman with your permission. He wants to because he thinks you're the sexiest, most sensual woman on the planet and he wants to see you in all your hot glory. Yes, this is the absolute truth. So next time he broaches the subject, perhaps instead of being harsh with your response, act amused and flattered.

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SAFETY FACTOR

It goes without saying, when you have your debauched good time, you can't throw all caution to the wind, especially with matters of safe sex. You might think that's a little obvious to even mention, but it isn't and here's why.

Your guy and you may have been together a while, and you've both been tested, so you said to hell with condoms and you went on the pill. He's now gotten used to entering without a raincoat, and one thing men are (and sorry guys, but you are) are creatures of habit. He may just assume he can dip it in your third party without this added precaution. That's a bad idea. The best way to keep it safe during your dirty little romp is for everyone to use condoms; that way nothing is left to chance.

It's also bad manners for a couple to be condom-free but then use one on the guest. It can make that person feel like a dirty street prostitute, when you feel nothing of the sort. Be crazy and wild and spontaneous, but still be smart and sensitive.

Picture this: This ménage à trois you're having is working out better than you even thought! The girls are loving it (and you) big time—they're letting loose more than you could have hoped. They're getting it on together, screwing and sucking you, then on all fours, side by side, kissing each other, and offering themselves for your sexual pleasure.

You want to be totally greedy and wallow in pussy, which is very natural and understandable, but wait a minute. Are you going to pump into one girl, your girlfriend even, and then pull it out and go at it with the next? Sounds reasonable, but it's not. It's dangerous because you're passing one woman's secretions into another woman's vagina, opening both women to a host of sexually transmitted diseases if neither or only one woman has been tested.

Put Safety First

When getting it on with two girls at once, it's best to change condoms frequently to be extra safe. So when you trade pussies, take the condom off and put on a fresh one so the girls' secretions don't mingle. You just never know.

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Set the Rules

If this isn't "one of those things," as people are fond of labeling illicit, spur-of-the-moment encounters, but something you've both mentioned half-joking and half-serious or talked about in a way in which you both think the possibility of this happening is there, then by all means spare no details about the subject. Remember to be sensitive to each other in this conversation, because even mere talk about having a three-way can easily end in a girl crying or a guy slamming the door and storming off. Just because you're both curious about having a threesome does not mean either one of you is completely secure with everything. Usually it's not "anything goes"; there are usually rules that both men and women want to adhere to, so communication, as trite as that may sound, really is key.

HAVE THE TALK

Stress to your partner that you don't want to do this because you're bored with just the two of you. This curiosity is about things being really great between the two of you and taking your sex life to another horizon. It's no different than trying a new sexual position, a new toy, doing it in a different room of your apartment, or at someone else's apartment during a party. It's just introducing another song into the repertoire, and it's a song that won't necessarily become part of the rotation, but just a little something different you play once in a while.

When you find someone you love being with, who makes you feel like a million bucks, who you think is the equivalent of a million bucks, seeing him or her in a three-way can make you very aroused. Your man wants to see you with a girl or with another man because he thinks you're the sexiest person alive and wants to totally celebrate and explore all of your sexual potential. When your girlfriend makes mention of perhaps picking up another girl (and it's got to be the girl of her choice, but we'll go into that later), it's because you open her up to possibilities and experiences, not because you don't satisfy her properly. It's still going to be about both of you, no matter what. So don't misjudge why this has come up; look on it as just a new experience that you can both share and enjoy, like all the other things you've done together.

Start it out by talking about it in fantasy. Both of you should picture the scenario or make up one. Talk dirty, asking him what he'd like to see you do or have done to you, and telling him what you'd like to do to him and the other woman. Ask him whether he could picture you with another woman, and what kind of woman he thinks you would like to be with. Be playful and fun about it. You're just talking, so the sky's the limit. It's a fantasy right now—there's no need to play it safe. Let your imagination run wild and just picture giving your man a special treat while broadening your own horizons in the process. You'll be surprised at how turned on you'll both get just by talking about it.

Follow up your fantasizing with one intense, deep, hard screwing session. Sprinkle this kind of talk a few times into your down time until you're both so horny by the mere idea that you're ready to take the next step: action.

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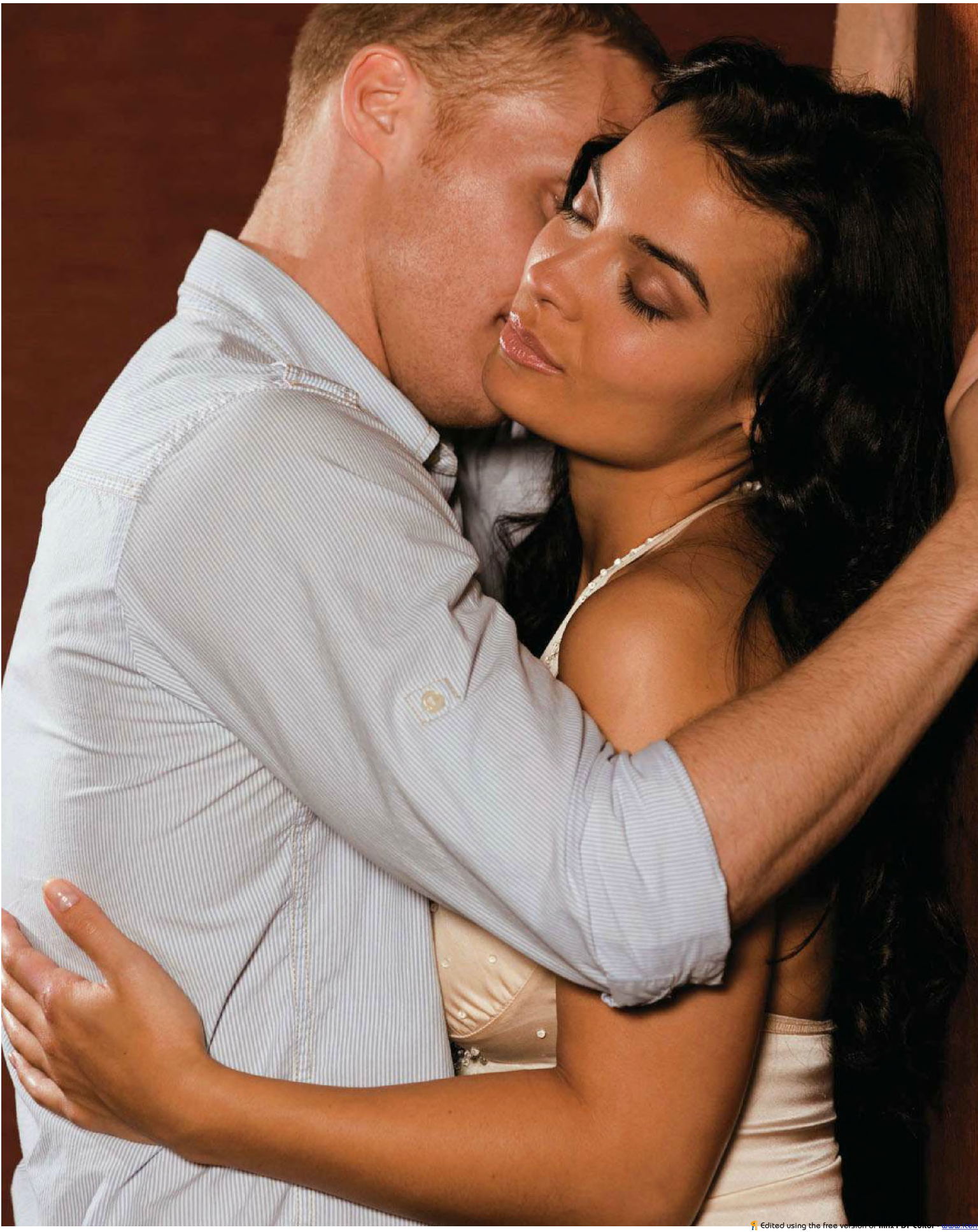
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True Story: Brian's Three-Way

Brian, a 27-year-old marketing director for a major beverage company, is in a long-term relationship and getting ready to move in with his lady love. But before she came along, the swarthy, hairy-chested man from Brooklyn enjoyed a multiple-partner sex life, meeting women in bars, on the Internet, at work, and even on the street. Baby-faced and well-mannered, Brian knows the fine art of casual sex requires always being respectful and sensitive but keeping his lovers at an emotional arm's length, never leading them on, but able to enjoy the bodies of many city girls who experienced his skills and happy-go-lucky charm.

Brian has had many casual sexual friends and has continued to remain friends with most of them, even with his recent monogamous status. One of them is an older woman named Janis, whom he befriended in his old neighborhood of artsy Williamsburg.

"We dated once or twice and realized right away that this would not work as a relationship," says Brian, "but we were very much attracted to each other and sexually compatible. So when she suggested it—hey, let's pick up another girl—I was all for it. I knew it would be a wonderful time."

So the two hipsters went out to their neighborhood bar on their quest to share a luscious lady. Brian hung back and let his booty-call babe take control of the situation. Janis struck up a conversation with a cute girl sporting tattoos and glasses. Although Janis and Brian were both trendy professionals, they enjoyed women with a more edgy, fetish look.

"I watched them talking and exchanging compliments on each other's clothes and style," Brian says. "And then Janis said, 'My boyfriend thinks you're good looking and I have to say I think you're gorgeous. too.' " This made Brian realize Janis had arranged a three-way before. "She knew what to say and how to go about it. It was great—I didn't have to lift a finger. So we ended up picking up this girl at the end of bar. She was very hot. We definitely put in some time and drinks, like two hours, before heading to Janis's place."

Once back at Janis's apartment, the older, bolder woman wasted no time. "She just walked up to this girl, got close up to her and said, 'I really want to kiss you, let's make out.' " Janis put her arms around the younger, smaller woman, and in a matter of seconds their lips and tongue were entwined and their arms folded in a passionate embrace.

Brian watched, sitting with a hard cock straining against his boxer briefs, thrilled with the response Janis was getting from their bar buddy.

When Janis came up for air, she looked at him, tilted her lustrous red head, and motioned her special friend over to join them. "We all started making out and heavy petting together," Brian says, "standing there in this tight little circle, fondling each other, kissing each other, nibbling on each other's ears and necks."

Finally, Brian pulled his bullet-hard dick out of his pants, and Janis dropped to her knees to suck on it. Their tattooed girl watched. She was interested but had obviously never engaged in a three-way with a couple before—another woman most definitely, but not with a man and a woman at once. This inexperience only made Brian and Janis more turned on—they were the lucky ones who got to introduce the young woman into the joys of three-way sex.

"Janis was definitely doing the driving in this, which was best anyway, so this girl wouldn't feel threatened by it," Brian says. She kissed the girl again and invited her to join her below and share in Brian's thick cock, and their two tongues circled the width and length of him, stopping to kiss each other, and then Janis would turn her attention back to Brian's cock and her young friend would mirror her actions. If Janis licked his balls, so did the tattooed girl, if Janis sucked on the tip of his cock, she passed it to her and had her do the same.

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"There's nothing like getting head from two women. Nothing," Brian adds. From there, Brian says, they kind of rolled to the bedroom. "It was a very different experience: being with a girl I had never been with and with a girl I had been with many, many times. So I made sure to ask the new girl what she liked. Janis and I both made sure to make it a good experience for her, and she obviously liked it a lot."

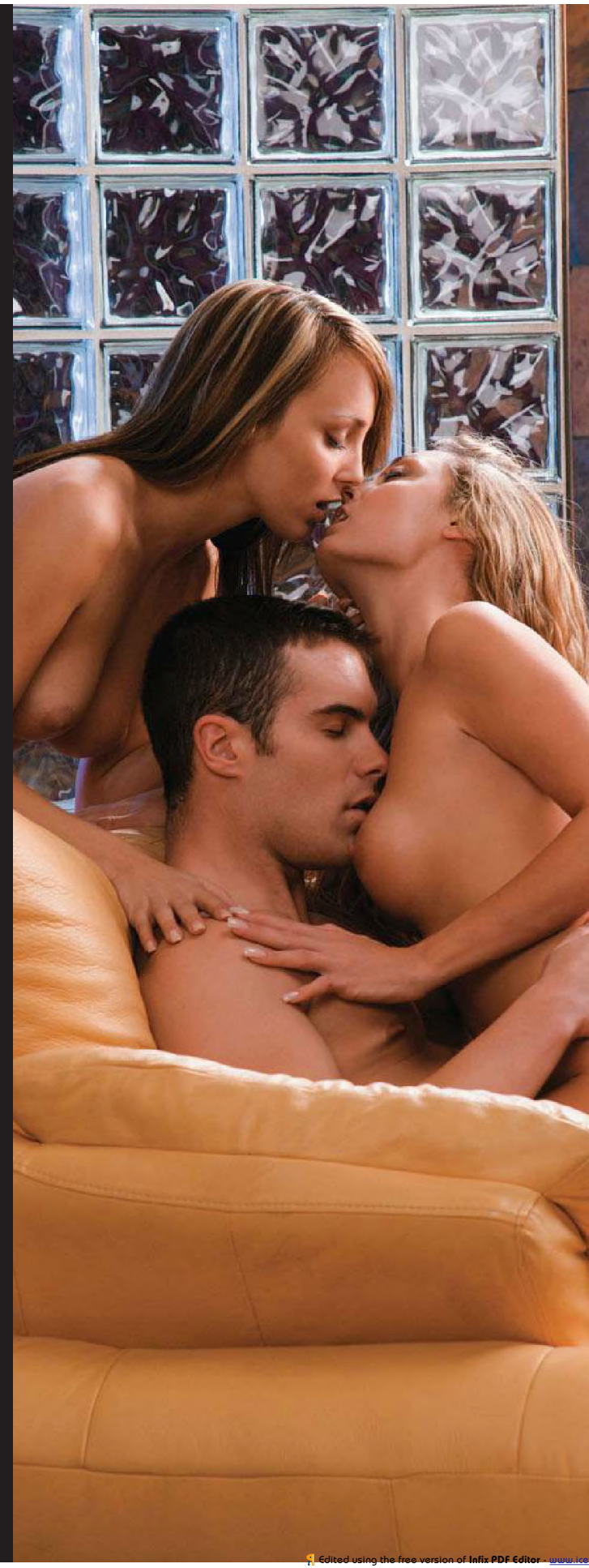
At one point, Janis placed the tattooed girl on top of Brian, ordering her to ride him while Janis was practically mauling her breasts, belly, and thighs.

The two friends were very pleased when their playmate had an explosive orgasm on top of Brian while Janis massaged her clit. When she was finished, she unbuckled herself from Brian and excused herself to the bathroom to clean up a bit. Neither Janis nor Brian had come yet and both were still extremely excited by the sight of each other having their way with a beautiful, sexy stranger.

"At that point, me and Janis began to go at it. We started fucking like beasts. It was crazy and violent and definitely our most heated session with each other. So much so, we both forgot about the other girl until one of us looked up and noticed she was sitting on the edge of the bed the entire time masturbating and watching us." That was the final straw for them. They came with such force, Brian says, that Janis's legs went completely numb afterward.

But Brian is still uncertain about having this pleasurable type of sex with his current girlfriend, and says he'll be fine if they never actually do it. He says he's just happy to say he's had experiences such as this, something a lot of people haven't been as fortunate to have.

"I can't imagine planning it with my girlfriend and being so contrived. I enjoyed just having my primal urges released and being bad. It's different when you do it with someone you love in that way. I liked what I did with Janis because I didn't have to think about it. It was just crazy and happening and in the moment."



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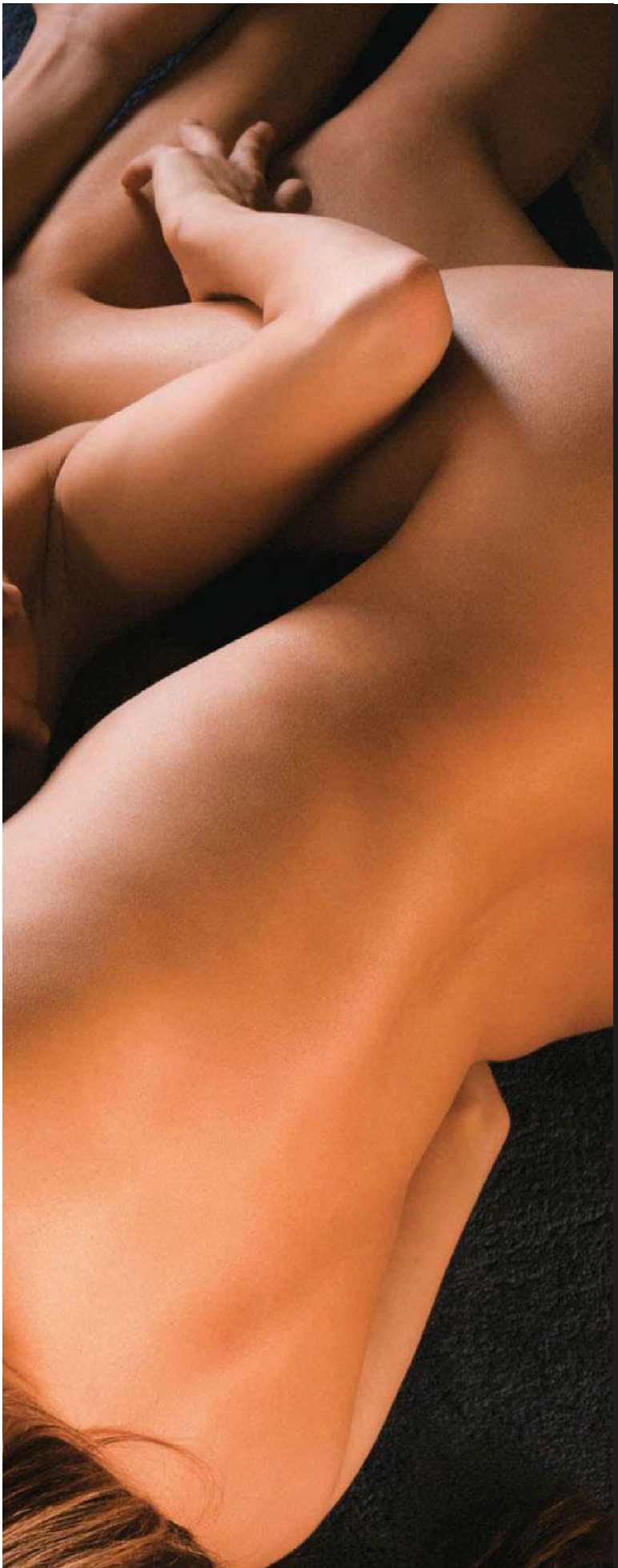

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You and Your Man Are READY TO ROLL

The time is right to stop talking and start doing—you're turned on and confident enough in yourself and your boyfriend to find the right sexy girl and invite her to play with the two of you. But how do you go about making this happen in a way that's the least uncomfortable and the most fun? It all starts with planning, plotting, and setting down precedents you can both agree on.

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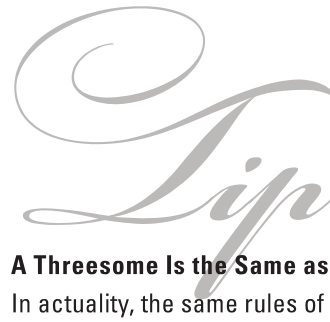
Laying the Ground Rules and Maybe Breaking Them

It's important to discuss the ground rules with your boyfriend *before* you go out and find your three-way partner. You don't want to get your feelings hurt, you don't want him to get disappointed if certain things don't happen, and you don't want him to try anything that's not on your list.

Here's the thing: You could structure your three-way with your partner very rigidly—you screw me, then you screw her, then she can blow you, then you can go down on me, but she can't touch me and I don't want to touch her. Or of course, if it's a two-man situation, your man might also have rules—he can't screw you but you can blow him, and he can go down on you but he can't kiss you. This is all very well and good—it's about comfort zones—but *too many* rules can destroy the fun. Wouldn't you like to abandon yourself to sexual chaos and just let what feels good feel good?

Also, in the throes of passion, don't be surprised if you want to break boundaries and go farther than you originally discussed. Without letting it get out of hand, you can just say it out loud to keep control, "Baby I want her to suck your cock while I lick her pussy." It's that simple. Make the commands, and when it's gone as far as you want, then you can just as simply verbalize that as well. "Come here and kiss me while she sucks my tits."

You can start and stop at any point without being disrespectful to your new friend or seeming like a prude to your man. Again, this is your party, you can do whatever you want and no one is going to question it. You are giving your boyfriend a beautiful gift and you are giving yourself a tremendous treat. As long as the communication is there, there should be no problems or pitfalls for anyone involved.



A Threesome Is the Same as a Twosome

In actuality, the same rules of attraction apply in a threesome as in a twosome:

1. You have to be physically attracted to each other.
2. You have to be equally into the idea of getting it on.
3. You have to show respect.
4. You have to enjoy a certain amount of verbal banter off the court (that is, it helps if you get along).
5. You have to listen to each other's wants and needs (such as, "I want you to suck my cock and I need you to be careful not to use your teeth").

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Negotiating Conversation

Her: "This is very important. You can't kiss her, no kissing at all. I can kiss her, she can kiss me, but you can only kiss me."

Him: "Yes, that's understandable, but I want to suck her tits of course."

Her: "Hmmm . . . I don't know how I feel about that."

Him: "Oh come on! You know how much I'm into tits. How could I do this and not play with them?"

Her: "Okay, you can squeeze her tits and play with her nipples with your fingers, but I don't want lip/tongue contact on anything. Not her lips, not her tits, not her pussy."

Him: "Are you serious?"

Her: "Yes I am. That's too much intimacy. That should only be reserved for me. But I'll suck her tits and she can suck my tits. You can titty fuck her, how's that? You love those titty-fucking movies on the Web."

Him: "Alright fine. But can she suck my cock?"

Her: "Yeah, sure!"

Him: "Sure, it gives you a break, huh?"

Her: "Definitely! But you can't act like you like it TOO much. Don't call her baby, honey, or anything like that. But you can call her slut if you'd like."

Third-Party Options

ONLINE

So where do the two of you find a sexy, smart, good-looking, and disease-free playmate? One popular place is the Internet, although I wouldn't recommend it. Sure, sites like craigslist.org have scads of ads from the horniest of the horny in its "Casual Encounters" section, but half of those ads are from imposters, nut jobs, hookers, head cases, and, of course, perverted men who are pretending to be women looking for a couple.

On the one hand, the Internet may be the right vehicle for the shy and those less inclined to go to a club or bar. But on the other hand, it will take a whole lot longer to make this happen, because you have to sift through a lot of sand to find your jewel. And in waiting and meeting a lot of weirdos, uglies, and skanks, and ugly, skanky weirdos, you will rapidly lose interest and just chalk it up to an idea that was hot in theory but not in reality.

So scrap the Internet idea because it's a whole other world to enter and you're already entering something that's totally new to you. No need to complicate something that's supposed to be purely for pleasure.

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YOUR GIRLFRIEND

In today's girl-on-girl friendly world, it's not so shocking for the bi-curious young woman to actually select a friend of hers as the third bed partner. A good friend is someone you trust completely and know would never betray you, and someone you are genuinely fond of and perhaps have always been attracted to, enjoying long nights of dancing and laughing and sleeping over with a bit of cuddling.

Taking the friendship to another level with your man there to provide the penis could be the safest and most pleasurable option in the world. Girlfriends make reference to finding a man so hot they'd be willing to share—is your boyfriend perhaps that hot man? And this is a way for you to stay in complete control of the situation while satisfying your boyfriend and yourself at the same time. There's also a good chance your boyfriend will jump at the opportunity to do that as well, which will shave off a lot of time and nervousness about your search. And it's likely that your man will think it's extremely erotic that you find one of your girlfriends hot enough to sleep with, and he may admit to finding her equally as attractive.

Ménage à Phone

Edward and Josie, a happily married couple in their early 30s, choose phone sex to have their sexy threesome sessions. "We call 900 numbers and have some really hot three-ways on the phone," says Edward. "My wife is an imaginative person and loves to talk dirty, so they're really great. And while we're on the phone, we either jerk off separately or we take care of each other. It's great and it's safe."

Most people engaged in a three-way are rarely sober. In about 95% of the cases, a few glasses of some kind of joy juice have been consumed to loosen up and let inhibitions run free.

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Casual Sex Buddies

No-strings-attached casual sex buddies are perfect partners to engage in a three-way with, especially for beginners. Casual sex buddies are people with whom you may have engaged in sexual activity from time to time, but with no emotional ties. With a casual sex buddy, you don't have to deal with jealousy and hurt egos, so all three of you can just go mad all over each other. Fewer rules, more orgasms. Look through your black book and suggest it to your most adventurous special friend. He or she will love you for life … in that casual sex buddy way, of course.

If your girlfriend has never had a three-way before, that doesn't mean the idea doesn't sound intriguing and titillating to her.

To see whether your girlfriend is up for the challenge, hang out with her over drinks during a fun night out and broach the subject—but do it lightly, in an ambiguous, joking way. Tell her that you and your boyfriend have talked about having a threesome with another woman, and you have to admit, you find the idea pretty arousing and wouldn't mind giving it a go. See how she reacts. Your friend may reveal that she's done it before and has enjoyed doing it herself. If this is the case, ask her for details, because if there's one thing we women love to do it's tell each other stories of our encounters without missing one detail.

The more she tells you, the more turned on you'll both get. Sidle up to her while she tells you about her three-way encounter and sit closely, thigh to thigh, and smile and look into her eyes. She'll get the idea that you, too, have ideas about her. Ask her as a friend whether she might show you and your man the ropes on how this is done. Tell her that she's beautiful and you'd rather have an experience like this with someone you like and trust, someone who won't be weird about it afterward, and someone who won't try to call your boyfriend behind your back the next day.

If your girlfriend has never had a three-way before, that doesn't mean the idea doesn't sound intriguing and titillating to her. Having a hot ménage à trois would be another wild experience for the two of you to share together, no different than going hiking in the Mayan ruins or checking out that jazz club in a particularly dicey neighborhood in Harlem.

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The two of you have done all kinds of things together so why not try screwing a guy together? If she knows you won't freak out on her during the experience and if you talk thoroughly about what you have in mind, it could be just another naughty scheme the two of you have cooked up. The more you talk about the possibilities, the more exciting it will sound, and it will become less about her and your boyfriend sleeping together and more about the two of you doing something you both have never done before.

If you want a good girlfriend to join you and your boyfriend, think clearly about whether doing this will ruin your friendship. Will it be awkward the next time you go shopping because the last time you hung out you were both naked and playing with each other's tits? If this makes you shudder in disgust rather than lust, then the answer is no, don't try this. But if it's something the two of you will laugh and talk about in the future as one of the many crazy things you've done together, then go for it.

Only after you feel this is a definite option should you mention it to your guy. Don't worry about whether he finds your girlfriend attractive. Trust me, once you say, "Donna and I were talking about how much fun we could have taking turns on you and fooling around with each other," he will not only get rock-hard, but will also say, "Are you serious? Really? Okay. I'm ready." Men are a lot easier to please in matters of new sexual experiences than women are. In this case, use it to your advantage.

For your boyfriend, it will be about you allowing him this amazing treat, so you can call the shots and choose the woman. He will be most interested in how far you will go and how into it you will be. And the fact that the third party will be your friend will make it triple-hot for him: There's the taboo factor that he will be allowed to fool around and hopefully hump your friend, then there will be his own imagination, in which you've always lusted after your girlfriend and that you've always wanted to ravage her body when you were both changing after a workout or in the dressing room at Macy's.

Please, Please Don't

1. Have a threesome only for your boyfriend.
2. Choose a woman that you aren't sure about mentally or physically.
3. Use this experience against each other in an argument.
4. Go against the rules you discussed prior to doing this.
5. Feel guilty about what you've done.
6. Get jealous even though you adhered to the boundaries.
7. Do this as a way to have sex with someone new.
8. Treat the third party like your paid sex slave (unless you actually did pay).
9. Neglect your partner during the experience.
10. Have a three-way without enjoying it to its fullest.

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A STRANGER

Understandably, there could be too much of an "ick" factor in having a three-way with one of your girlfriends.

Such an act of sexual abandon may well be best shared with someone you've never seen and will never see again after it's over. One-on-one sex with a stranger can be one of the most thrilling experiences you can have, making sure of course that you're having safe sex and that you've picked a partner who isn't a threat to your well-being.

Barring those factors, when you have sex with someone you don't know, you can really let go and be whoever you want to be. You can do whatever you want to do and say whatever you'd like, because you're not going to see this person ever again. You've already done a risky thing by taking her home, so you may as well go for broke and pull out all the crazy stops. You can be reckless and free-wheeling and experiment in whatever way you'd like. After safety and respect, anything goes and everything should.

An ordinary night out will turn into an extraordinary night of adventure and hot pursuits when you and your boyfriend go out looking for the hot lady who's going to give you both a lot of pleasure. It's all up to you and what you want because chances are your man will be happy with almost anyone you choose to be with.

Bars are more ideal than parties because of the anonymity factor. The two of you are going on a very sexy and private adventure, and no one you know needs to be privy to it.

Be deliciously reckless and spontaneous. As you and your man are at the bar—and remember, stay by the bar and not at a table; it's difficult to be social when you've separated yourselves from the main flow of traffic—check out the scene and when you see a potential match, make the first contact yourself and initiate a conversation in the same way you would with a woman at the gym, clothing store, or at your office.

Smile at her, compliment her, and be very friendly—a bit friendlier than you would usually be; you want your would-be lover to know somewhat what's on your mind from the get-go.

And have your boyfriend jump in and agree with what you're saying: "Yes, that is a very sexy dress," he could say. "We both love women in those wrap dresses; they're so flattering to a curvy figure."

It's Ladies' Choice

Guys, let your woman make the pick and all you have to do is give a thumbs up or down, which really is the best way to go since women have a much higher standard of beauty than men do. Remember, women are the ones who spend all their time looking at other women in an array of fashion and celebrity magazines, soap operas, and chick flick movies. In other words, she'll probably score a better-looking woman for both of you than you can for yourself—after all, isn't Angelina Jolie the number one sex symbol for women all over the world? Not too shabby fellas.

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Choosing the Location

Don't suggest going to the stranger's house. Lots of single women have roommates, although there are obviously many who don't and would prefer to party in their own environment.

But if it's you who is asking your woman out, so to speak, it's better to play the host and invite her over to your place to continue the party. Suggest some wine, music, and getting cozier there. If you've planned this properly you'll have all the proper tools at your homestead: condoms, lube, music that you like, your favorite beverages, and snacks.

Keep it on your terms by doing this in your own comfort zone. You've decided to throw a very special erotic party, it's best to do it where you feel the most relaxed—your own home. Whisk your woman and boyfriend away in a cab and go for it.

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Getting It Going

Sure, it could be like in the movies, and the minute you get home you could all start mauling each other. Heck, it could even start in the cab, with your new friend sitting between you and you both starting in on her right away by kissing her neck on one side and fondling her legs on the other.

Sometimes pretense just seems pointless, so if you're ready to roll, then by all means roll. But then again, life isn't always like the movies, so you need to make your moves with a little more finesse.

Once you get back to your place, immediately make your pretty guest feel right at home and wanted. Be hospitable, offer her a drink, ask her what her favorite tunes are (you can have your man play DJ, it's good to give him a job that keeps him occupied), dim the lights, and light candles, incense, the works. Create a very sexy environment for all three of you. The seduction you give to one person shouldn't be any different than the seduction you set up for two.

Positioning is everything to get it started. Sit together, with your new friend in the middle. Or if you want to make sure you stay the star of this show, then you sit in the middle with your guy on one side and your girl on the other and work up to the two of them touching slowly and gradually. Sit close to her with your knees touching, make a toast to new friends and good times, and tell her you're glad she came over and joined you. Tell her how you love her perfume and lean into her neck or even her cleavage to get a good smell. When you pick up your head you could go in for a kiss. Slowly, sweetly, and gently, treat this woman the way you would want to be treated. This is a new and exciting experience, so savor it all and take your time, there's no rush.

After you've kissed her and she reciprocates, start enjoying her face and body. Stroke and play with her long hair while your boyfriend rubs her neck gently. Spoil her with nice, slow touches, tease her a little and make her involuntarily moan and mew with pleasure.

Put the palm of your hand against her breast and lightly make circles until you find her erect nipple. Ask her whether she likes it and whether you should continue. While her eyes are closed and her head is back, keep sexy eye contact with your boyfriend and let him know you're liking this very much. Ask him if he'd like you to pull up her shirt and play with her breasts, then before he can answer—and he may hardly be able to say a word in sheer ecstasy—lean over and get started by answering the question yourself and start fondling her.

Keeping eye contact and whispering sexy things to your boyfriend and to your new friend again helps you keep control of the situation and lets everyone know that you are in charge.

Ask her whether you can get more comfortable and take off your shirt and guide her hand on your body. Ask her if she likes how you feel. Put your hand between her legs and say to your boyfriend, "Oh, she's getting wet. Do you want to feel her wet little pussy, baby?"

Another way to get things started is to get up after a little chatting and invite her to dance with you. The music doesn't have to be sentimental; a nice groove would do just fine. Put your arms around her waist and move with her, work up to closer contact, nuzzle her hair and her neck, tell her how smooth her skin is, how nicely her waist fits in your hands. Make her purr and she will become intoxicated with you and your actions. You're doing this to experience

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The World's Most Famous Three-Way Position

The daisy chain is and will forever be the most famous and popular position for three-ways. It works for any combination—two girls and one guy, two guys and one girl. The participants form a straight line in which each one is performing oral sex or screwing one another. It's a beautiful thing—pretty as a daisy, some might say, though I bet you never thought of this when you were making them in kindergarten.

Get used to the rhythm of the three of you being one quivering, electrified being, and again take your time, go slow, and just sink into each

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the pleasure of being with a woman, so enjoy her feminine figure and softness.

Keep it going with the two of you alone for a bit, and, again, lean in for a soft kiss, not necessarily open-mouthed right away, but to feel the softness of her full lips. Rub your cheek gently across hers.

Your boyfriend will be watching very, very closely and getting highly aroused, so tease and tantalize him for awhile and let him enjoy the view. You have instructed him on manners and behavior before going ahead with this, so he knows not to just whip it out and stroke it like he's home watching porn.

Give him a sweet, sweet torture—you'll feel the power of your erotic behavior pulse through the room and give you a buzz like you've never known before. And then when you think the time's right, signal him over her shoulder to get up and join the two of you while you're nibbling her delicious neck.

He could be behind her, holding her hips and swaying with the two of you, or he could have his arms stretched out and hold you, pulling her nice and snug between the two of you so she can feel his erection. Get used to the rhythm of the three of you being one quivering, electrified being, and again take your time, go slow, and just sink into each other.

Reach over and stroke your boyfriend's face and hair. Kiss your lady friend, dropping her head back into the crook of his neck and shoulders while he licks and nibbles her ear and neck. Place your hand on her breast while you stroke the other through your clothes. Whisper sexy things, ask her if she likes this, ask her if it feels good, and ask your boyfriend whether his hard cock feels nice against her beautiful round ass.

And then maybe it's time to start slowly disrobing your girl. Put her hands on your body, on your breasts, inside your dress or top. Guide her hand to your erect nipple and see if she starts stroking you. Take her arms and have her reach around to your man and tell her to squeeze his ass. Be playful, be sensual.

If you don't want her to kiss your man, that's perfectly alright, but then you must pick up the slack and do the kissing yourself, which you'll probably enjoy because you may never have kissed a girl before and you'll be enjoying the feel of her tongue and mouth.

Tell her you love the way she kisses and encourage her to keep it going with you while your boyfriend continues to touch her, stroke her, and rub himself slowly against her. Then reach over and feel his hard cock, maybe change positions and put yourself in the middle and enjoy feeling their roaming hands and tongues all over you. Face your boyfriend and have your lady put her arms around you and have her kiss your neck and ears. Put her hands on your breasts while you make out with your boyfriend, then work her hands lower and lower as you do the same to your man.

Surely at this point, he's so hard he's ready to burst through his pants, so maybe you should ask him if the two of you can see his big hard cock. Release him from his clothing bondage and stroke him up and down, and let her see it, and ask her if she wants to touch him too. "He's so hard and turned on by us, feel just how horny we make him."

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Past the Heavy Petting

It's your home, it's your experience, so you don't necessarily have to go the boring bedroom route, and you may want to keep your bed for just you and your man. You also may not want to initiate an uncomfortable sleepover. You want your guest to feel comfortable and relaxed, but maybe not that much. Since this is all fun and play, consider keeping it in the living room. Don't break the mood or movement for a second. You could have some blankets and pillows handy to stretch out on your rug and or to spread on your couch.

So once clothing is being shed, keep taking the lead and playing sexy hostess. Put a glass of wine to her lips for a little revitalization and moisture and then go in for a deep, long kiss. Ease her clothes off, ask her to turn around, and you and your boyfriend can check out her body, play with her ass, and give it a half-hearted smack or two. Bring her back to the couch and have her sit back while you and your boyfriend suck on her nipples and take turns massaging her clit.

Then, when you're both feeling really hot, keep her sitting and straddle her. Gently move your breasts toward her face so she takes your nipple in her mouth. Tell her how good it feels. Vary between kissing her deeply and rubbing your breasts and nipples against each other. Rub your throbbing clits against each other and enjoy the softness of your bodies fusing together.

Then have your boyfriend go from behind you and have him enter you that way. If you have a deep couch, he won't even have to squat, but can comfortably rest his knees on either side of you. The three of you will find your rhythm, and she will get off just as much as you will with your clits touching and rubbing against each other.

Circle of Three

To maximize everyone's pleasure, lay in a tight circle while going down on each other. To do this, you each have to lay on your side, mouth to cock or mouth to pussy, and make a chain of licking and touching. Oh lord, it's great.

This circle is in the same family as the daisy chain. Each of you lays on your side with your head in the direction of the next person's crotch. You make a tight circle and this way all three of you are being orally stimulated, unlike the daisy chain where the last person isn't getting any lick time at all.

Keep the teamwork going. Never forget that you are partners in this.

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Give your guy the great treat of having two mouths on his cock. Sit him on the couch while both of you squat in front of him and work his cock over by licking each side of it. Or be dominant and gather her hair and put her mouth down on it while you play with her pussy as you are up against her with your breasts flat against her back.

Watch what's going on. Keep your eyes on your man, let him play with her tits while you finger her pussy and she deep-throats him. And if you feel your own pussy needs some tongue attention, then get up on the couch and straddle his face while he continues to get his cock sucked and get off that way. It's like a three-way 69, except you're getting all the pleasure without doing any of the work.

When you feel like enjoying all of her on top of you, lay down on the couch or floor and pull her directly on top of you. Kissing and touching and licking each other, your man can go behind her and the three of you can get into a rocking motion that way. Then scoot up so she can be on all fours licking your pussy while he continues to penetrate her from behind, never stopping the motion between the three of you. Let them know when you're close to coming, and best-case scenario you can all come together, which I don't have to tell you is utterly intense and amazing.

Screwing your man while facing the girl and playing with her is easy. Lay your man down with her straddling his face while you straddle his cock. While you're pumping up and down you can play with each other's clits—this is especially hot because she can actually stroke his cock and play with your clit at the same time. You can kiss and suck each other's nipples if you stay in a sitting or cowgirl-type position.

When you want to suck your man's cock while having him enjoy the sight of a woman orally pleasuring you, lay down and have him straddle your face, facing her, while she licks away and works a finger or two inside you. He'll go nuts with the combination of getting your great blowjob and watching another woman getting you off. Much of the enjoyment of these positions for the man is watching you getting pleasure in ways you never have before.

Now, it's not easy being the man in this situation. For him, pleasure may be a one-shot deal. But once he comes, the party doesn't have to stop, and he still can be part of the fun. While he waits to get hard again, you can both enjoy your woman. Lay her down and take turns sucking her tits and fingering her, or you can lay down and have them both work on you in the same way.

Spoil each other completely. Even if his cock isn't hard for now, he will still enjoy fingering, licking, and sucking both of you, and watching you both climax. No doubt, he'll start getting hard again in no time. Meanwhile, the two of you can enjoy ravishing this lady and watching her get off from both of you and your sexual expertise. Keep the teamwork going; you will bond over the fact that you made another woman explosively come beyond belief. Never forget that you are partners in this.

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True Story: Jeb and Maria's First Time

Jeb is a modern hippie with shaggy hair and mutton chops, a musician who you'd never guess was raised in an affluent community in Connecticut. He's left that far behind, now living in Harlem with a few roommates, working temp jobs, and playing his heart out in every café and bar that will have him. Jeb was lucky enough to meet Maria, a sweet Latina who is as dark as he is fair, as traditional as he is out there. Jeb was very much a single, carefree guy running around the city with a guitar slung over his shoulder, but when he met Maria at an open mike in the Lower East Side, he was a goner.

"I could tell she was a girl who wouldn't tolerate me running around with other girls, and I wouldn't hurt her for anything," says Jeb, adjusting his glasses. "But I gotta say, I love women, and I made no secret of that. Funny thing is, I had the feeling that Maria loved women too."

Jeb encouraged her bisexual curiosities with dirty talk and harmless jokes. "When I saw a hot chick check out Maria's outfit, because she's always decked out in something really sexy and cool, I'd whisper to her, 'Ummmm she wants to lick your pussy baby!' " And Jeb admits his senorita would respond with, "Shut up, perv. I'm not a lesbo." But all good things do come to a good boyfriend who is willing to wait patiently.

One night, after a gig with his band, Jeb and Maria hung out with a cousin of one of the people who came to see them play. Lori was visiting from out of town and staying at her cousin's place in the Upper West Side, coincidentally where everyone decided to continue the party.

With plenty of booze and grass around, plus a killer sound system, the party was in full effect, and Jeb, who admits he's not the best dancer in the world, enjoyed watching Maria and Lori get down for

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an hour straight to some funky beats. "Lori was built like Maria, short and kinda thick, but in good shape, with a small waist. They could've passed for cousins themselves. It was just hot watching them dance. I was pretty happy with just that because I have an active imagination anyway. I had a big boner just checking them out, enjoying themselves, letting loose. It was a beautiful thing."

Maria finally stopped to get a drink and recharge her batteries. She took Jeb's arm and led him to the kitchen to get a drink of water, and Lori followed. Lori told them they should check out the incredible view of the city from her bedroom and cool off. "I swear, by the time the door of that bedroom closed, I knew what was gonna happen," says Jeb. "When we were in the kitchen, I felt some sexual energy from Lori. She had these really sexy green eyes, and she looked right at me. Something was going to happen."

The view of the city was breathtaking. it overlooked the river and the skyline, but that was nothing compared to the sight Jeb was treated to of Lori carefully leaning into Maria for what became a long, open-mouthed kiss. Jeb did nothing for awhile, waiting to see whether Maria was going to shove her off and yell, but this did not happen. "I was elated, but careful. I went over very slowly and just kinda started rubbing both their necks while they were kissing.

Jeb had never had a ménage à trois himself, although it was something he had been burning to do. "I didn't know what the etiquette was, but I knew if I touched one I would have to touch the other, so I did that and it kinda spun around in a circle—we were mirroring each other's actions, and it evolved to us getting naked."

Maria wasn't exactly cool as a cucumber, though. More than once, she asked Jeb to check that the door was absolutely locked, worried someone would walk in. Otherwise, Jeb says, it progressed smoothly.

"The best was when they were both on top on me and I had four tits in my face and hands—and they both had huge tits, so it was amazing. I wasn't sitting still for a second. I jerked off enough to this kind of porno, and I was going to play and play." For Jeb, it was sensory overload; he had never been more excited or turned on, and he describes it as a movie montage of a series of dark, dreamy pictures.

"But Maria was my first concern, of course. I gave everything to her first because she's my girlfriend and I didn't want her to feel one second of neglect. I fucked her, I didn't fuck Lori. But when I was fucking Maria, oh man, Lori was right behind me moving with me like we were both making love to her, and that was just beautiful. I remember closing my eyes and not believing how good this felt. This was so intense, this whole body transference."

On it went until light streamed in the room and the three collapsed and got under the covers. But when Jeb woke up, he was with only one woman, his girlfriend. It was late in the afternoon, and Lori had left the apartment to go on with her New York City vacation.

"I was scared, I admit it. When Maria woke up, I hugged her and kissed her all over her face. She was cool—it was cool that Lori had left definitely." As they got dressed, Maria too marveled at what had happened in the wee hours of the night, and she also made it clear that this would probably never happen again, ever.

"She kept saying this would not be part of our normal sex lives and that things got very crazy, really wild, and it wasn't her usual thing. That's fine by me. I mean it happened to me! I had a three-way with my hot girlfriend and another hot girl. I mean come on, I'm going to be grateful forever!"

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Think About It

Whether this is going to be a one-time thing or one of those special experiences you do from time to time as part of your sexual repertoire, always remember that your boyfriend does love you and only enjoys this as something different to do, just an extra kick of pleasure. If you aren't going to enjoy it to its fullest capacity, chances are he won't want to do it either. He doesn't want to jeopardize your relationship any more than you do, so don't ever feel pressured to engage in it unless it's something you've truly fantasized about.

Once you do it, it could be like eating potato chips, and you might want more. Don't do it again right away, because you don't want your boyfriend to think this is something you could do at any given time. Use the experience as part of your one-on-one time. Talk about it, e-mail each other about, you'll see how hot the two of you get just recalling it, and you'll have some pretty amazing sex together just fueled on it.

He will marvel about what a sexual being you are and can feed on the memory of the first encounter for quite awhile. Think about it when you're on your own and see how turned on you get by it without him egging you on. Go over what you'd like to do next and with what kind of woman. This could be the beginning of your own sexual awakening. You don't have to question yourself or your own sexuality. If having a soft, curvy, pretty woman in the mix stirs something deep inside you, it's a great thing, and you're a very lucky, sexy woman.

This could be the beginning of your own sexual awakening. You don't have to question yourself or your own sexuality.

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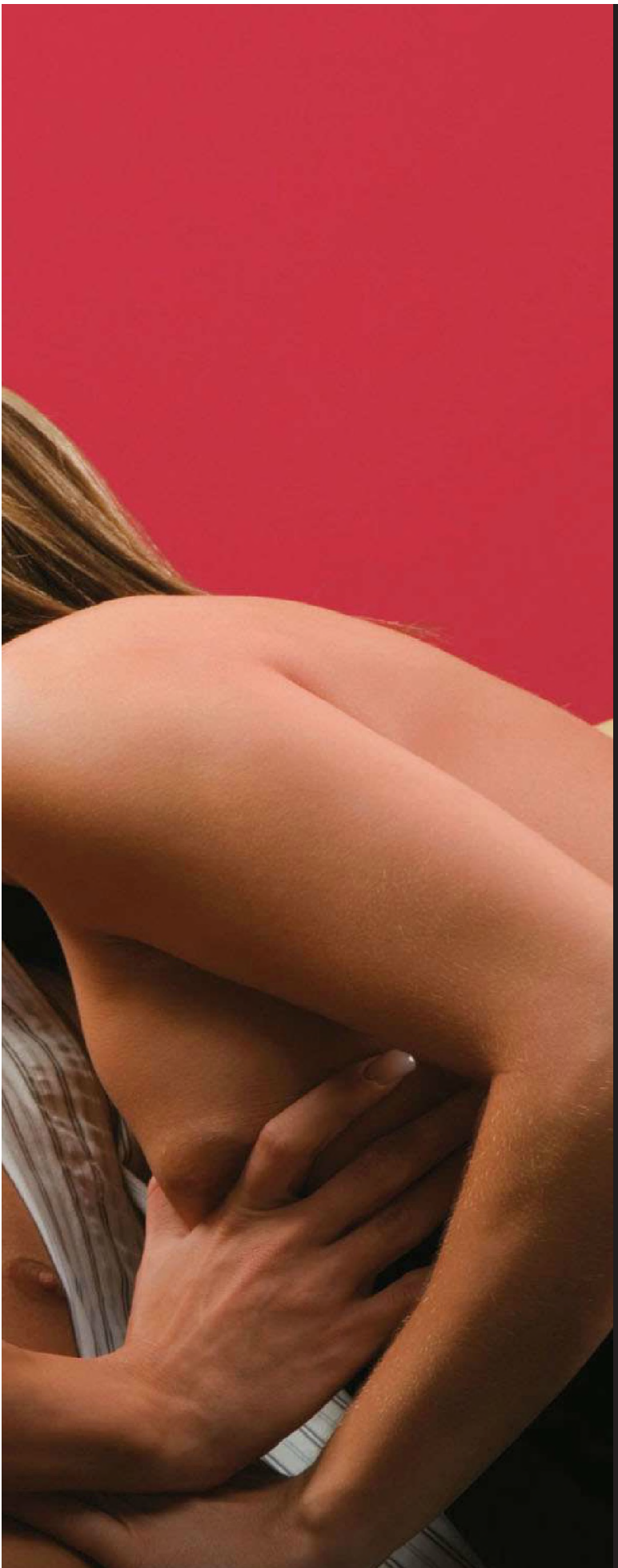

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Girlfriends on the PROWL

We women are lucky, we can enjoy a loving friendship with each other, being verbally and physically demonstrative, and society won't accuse us of being peculiar in the least bit.

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Friendships between women are nonsexual romances of sorts. We miss each other, we breathlessly give each other the latest news, and we buy gifts for each other when it's not even our birthday or Christmas. That's why we are the superior sex when it comes to love, because we've learned just how to love at an early age, while men have to repress their feelings about their buddy and not risk being branded as creepy.

When I am on the phone with my best friend Rachel, my voice gets soft and baby-like at times, so much so I've been teased about this by my boyfriend who says one day Rachel will steal me away from him. And I joke often that the only thing holding Rachel and I apart is a nice, thick cock. Of course, for many girlfriends it isn't as limited as this.

And allow me to share this pearl of wisdom with you:

It's a whole lot easier to nab the hottest man of your choice with a girlfriend than alone.

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The Blowjob King

One fortunate man was treated to a fun surprise from two women, one his lover and the other, a long-time platonic female friend. He introduced them while on vacation, and they hit it off really well. In fact, he woke up from a nap one day to discover two giggling ladies naked and surrounding him, both massaging his hard cock and then licking it together, one sucking his shaft while another concentrated on his balls. "It's unbelievable to have two women giving your cock and balls all that attention," he says. "It's amazing, and just that alone was pretty wonderful. I felt like a king."

Girlfriends Who Aren't Lovers

It's happened oh so many times, hasn't it? You and your girlfriend are bored and out looking for adventure over a few drinks. You see a guy standing alone whom you both are eyeballing, neither of you is looking for a boyfriend or a date, but you're both thinking "Hmmm, that's a tasty, hot-looking man for us both!" He notices both of you giggling and looking, and looking away and giggling, and then you both go out of your way to get your second round of drinks at his end of the bar.

I have been there more than once, more than twice, more than three times, where my gal pal has said in jest, "Aaah, let's share him and make his dreams come true." Well, why not?

You don't have to be bisexual or bi-curious to make this happen. And allow me to share this pearl of wisdom with you: It's a whole lot easier to nab the hottest man of your choice with a girlfriend than alone.

A man's fantasy to have two women use him for the stud muffin he is doesn't necessarily have to entail a whole lesbian show. It would be nice of course, but it's definitely not essential, particularly if he looks to be a virile young man who can take you both, or at least try his hardest (pardon the pun) to.

When you and your friend approach a man, you don't have to feel the least bit shy or awkward. You don't have to worry about making a fool out of yourself; this friend is someone whom you goof around with all the time. In fact, you'll probably find it really easy to approach the opposite sex with her by your side!

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Girlfriends Who Are Lovers (or Would Like to Be)

Women often decide to pick up a man together as an excuse to get it on with each other without feeling like hard-core dykes. There, I've said it, and it's true. This is a great way to explore your girlie love leanings in a safe way, one in which you won't feel like you're putting yourself, your girlfriend, or your friendship in a compromising position.

Your girlfriend doesn't have to be your best friend. She can be your party friend or your shopping friend or your bar friend. You've probably had a few drinks with her and thought she could do this with you and it wouldn't be awkward at all. In fact, you probably realized it would be hella hot. And maybe you've already kissed each other—so what if it was on a dare and after a few drinks? You still did it, for a long time. So sharing a man could be just the right tool you need to reach out and touch her in the way you both have always wanted to.

But you have to be a little more careful when you're two hot-in-the-pants women who are looking for their human dildo. Don't intimidate, don't let your target in question know you're ready to pounce so quickly. Men can become intimidated by two strong and sexy females who know what they want and don't need to waste time screwing around to get it. Also, the guy may think, "No way, this is TOO good to be true. Something is going on, either they're pros or they're going to rob me." Cynical thinking, you may say, but it's not.

Hopefully the man you and your girlfriend choose won't be a complete dumb-ass (and if we know anything about sex, we know that morons make terrible lovers). Women are not the only people who fall victim during sexual circumstance, so please ladies, keep this in mind and don't scare him away with your over-enthusiasm.

Sharing a man could be just the right tool you need to reach out and touch her in the way you both have always wanted to.

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Negotiation Conversation Between Two Girlfriends

Girlfriend One: How about him? He's cute and he's been looking at us.

Girlfriend Two: No way! He's an orca, forget it.

Girlfriend One: Well, I don't like guys whose jeans I can't fit into.

Girlfriend Two: And I don't like any guy whose belly is so big I have to move it in order to suck his cock.

Girlfriend One: Okay, good point. But no one who wears sunglasses indoors please.

Girlfriend Two: Of course.

Who to Choose and Where to Go

DANCE CLUBS

So who is this man, where will you find him, and where do you take him from there?

Dance clubs are a great place for you and your girlfriend to find a man because you can just sashay up to a guy who is dancing by himself or in a group and get it going like that. Or you can spot a hot guy standing by himself scanning the dance floor, and you can both go up to him and see if he'd like to join you. It's also more socially accepted to be physically aggressive on the dance floor. You both can start dancing with the man, letting him see you both, and then one of you can get behind him while the other goes in the front, doing the classic dance sandwich. You can gauge whether he likes the both of you by his grinding and how he distributes his attention on the dance floor. When you've had enough of that, both of you should ask him if he wants to join you for a drink. Don't be surprised if he beats you to the punch.

Dance clubs are also good because you can sample him right there before the two of you decide to take him home. There are plenty of comfy, plush couches for the three of you to get better acquainted, and as I mentioned earlier, some of the trendier clubs have erotic unisex bathrooms that are just begging you to take this guy into a stall and see what he's made of.

In fact, some clubs are so liberal about sex that you may not have to even bother to take him home at all, but instead just do it at the club. Of course, you also can risk getting thrown out too, but do you really care? Mild recklessness like public sex is part of the whole spirit of adventure and crazy experience.

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BARS

I've always been really jealous about one thing with men, and that's that they can go to a bar alone and won't be seen as a prostitute, lush, or loser. Men go to bars alone all the time when they're bored. They watch the game, they bullshit with the bartender, they play the jukebox, they play pool, they even read books and newspapers. Men are so comfortable in bars that even men who don't drink alcohol like to stop for a little distraction with soda or a juice. For men who have nothing to do and no one to hang out with, it's better than sitting home and watching TV.

So girls, take advantage of this. The two of you should sit next to him and chat him up. Ask him what he's reading or compliment his musical selections. These two subjects alone should strike up enough conversation.

If one or both of you know how to play pool, that's the easiest way to get things going, because for a lot of men, pool is like foreplay. While your girlfriend plays, you can have your time with him, when he plays, your girlfriend can fill you in on how it's going. If you both play, lay down some quarters and take turns playing him. Make a sex bet out of it: The loser has to buy the next round of drinks, and the winner gets to fool around with two women. Lose on purpose, ladies! Playing a game is a great way for the three of you to get to know each other and get the ball rolling. You loosen up, make jokes, bust balls, and best of all check out each other's asses when you bend down to make your shot.

PARTIES

Parties are a great place to pick up a guy. If you're both at the same party, chances are he's a friend of a friend, so it's a safe bet that he's not creepy or a psychopath or a sadistic murderer. As the safety value goes, I would definitely recommend this method for finding a man for two women. Everyone is a lot more social because you're in someone's house, and the atmosphere in general is a lot more casual.

No one will think anything of two women leaving with a man at a party. Sure, they may make jokes, but for the most part people will think that you're all heading in the same direction. At a house party, anything can go, but again, you are in your friend's contained environment, so nothing bad should happen.

Is It Okay to Call Him on Your Own?

You and your best girlfriend had a three-way with an adorable, funny, and nice guy last week and he slipped you his number before he left. You felt you had a moment and wouldn't mind seeing him again on your own, but should you? Most definitely, but let your girlfriend know first. It's not exactly asking for permission, but it's giving her the respect she deserves.

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True Story: Patrick, Naomi, and Debbie

Patrick, a set designer from California, recalls a party during which he spotted an attractive, well-endowed girl named Naomi, whom he had admired around campus but never spoke to other than the casual hello. As the gathering was winding down, the two of them ended up flirting while playing cards together. This led to a makeout session on the couch, and Patrick finally made his move to seal the deal. Naomi was not only willing but asked if she could bring her girlfriend Debbie with them. Needless to say, Patrick and the girls got into their cars and he followed them home.

"The funniest thing I remember Naomi saying before we got into our cars was, 'I think you're the luckiest guy in town right now,' and I laughed and said, 'Funny, I was thinking the same thing about you two girls! ' "

Once at the apartment, the girls went to the bathroom to freshen up while Patrick quickly took off his clothes and waited for them on the bed. Naomi came out of the bathroom first, turned down the lights, and joined Patrick on the bed. "I said my hands were cold, and she said, 'Well warm them up on these,' and she put my hands on her big boobs, which I loved. We started kissing, and then her friend Debbie came out of the bathroom, took her clothes off, and joined us."

Patrick says it was pure heaven taking turns sucking on the girls' hard nipples and watching them suck each other's breasts as well. They spent a long time sucking, licking, and feeling each other. Patrick still had his boxer shorts on, and the girls noticed his impressive hard-on poking through.

"I think this is the coolest thing a guy can experience. Not only is he getting it on with two girls, but he's working them both up so badly that they're getting demanding! I pulled out my cock and said, 'There you go ladies, what do you think of that?' They were impressed. It's a good feeling for a guy to have two women impressed. They both started sucking my cock at the same time, passing it to each other, holding each other's heads while they took turns. Amazing!

" 'Alright ladies, who wants to get fucked first?' I asked, and both their hands shot up in the air, and that was really cool to see. So Debbie said she wanted to go first, and she insisted I wear a condom, which I've never enjoyed doing, but she insisted, they both insisted, so I did it."

Patrick got on top of Debbie and began to ride her, while Naomi was kissing and sucking her friend's breasts, making her come very quickly. Patrick kept on screwing her, enjoying how Naomi was holding Debbie's legs up and giving him orders to bang her hard—until Naomi couldn't bear to play director anymore and told Debbie to get out from under Patrick so she could ride him. Naomi rode Patrick fast and hard, and when she was on the brink of orgasm, she grabbed Debbie by her hair and thrust her tongue in her mouth.

"After that, I was a little spent, but I hadn't come yet and I still had a hard-on, so I suggested they go down on each other while I watch and jerk off. Whoa! They didn't like that at all. They both snapped at me and said, 'We don't do that!' One thing I can tell women is, go easy on the guy so he doesn't lose his boner okay? Don't be so quickly insulted, be caring. Once they said no, I knew how adamant they were and said 'That's cool,' and let it drop."

Patrick put on another condom and started having sex with Debbie again, this time doggie style. This went on much longer, while Naomi put a robe on and went to the kitchen for a drink of water. During this time Patrick had his first orgasm but was in no way finished with either of them. He went to the bathroom to clean up, and when he came back he told Naomi, who was still sipping on her glass, that he was still horny and ready to roll, to which Naomi casually put her glass down on the dresser and, still

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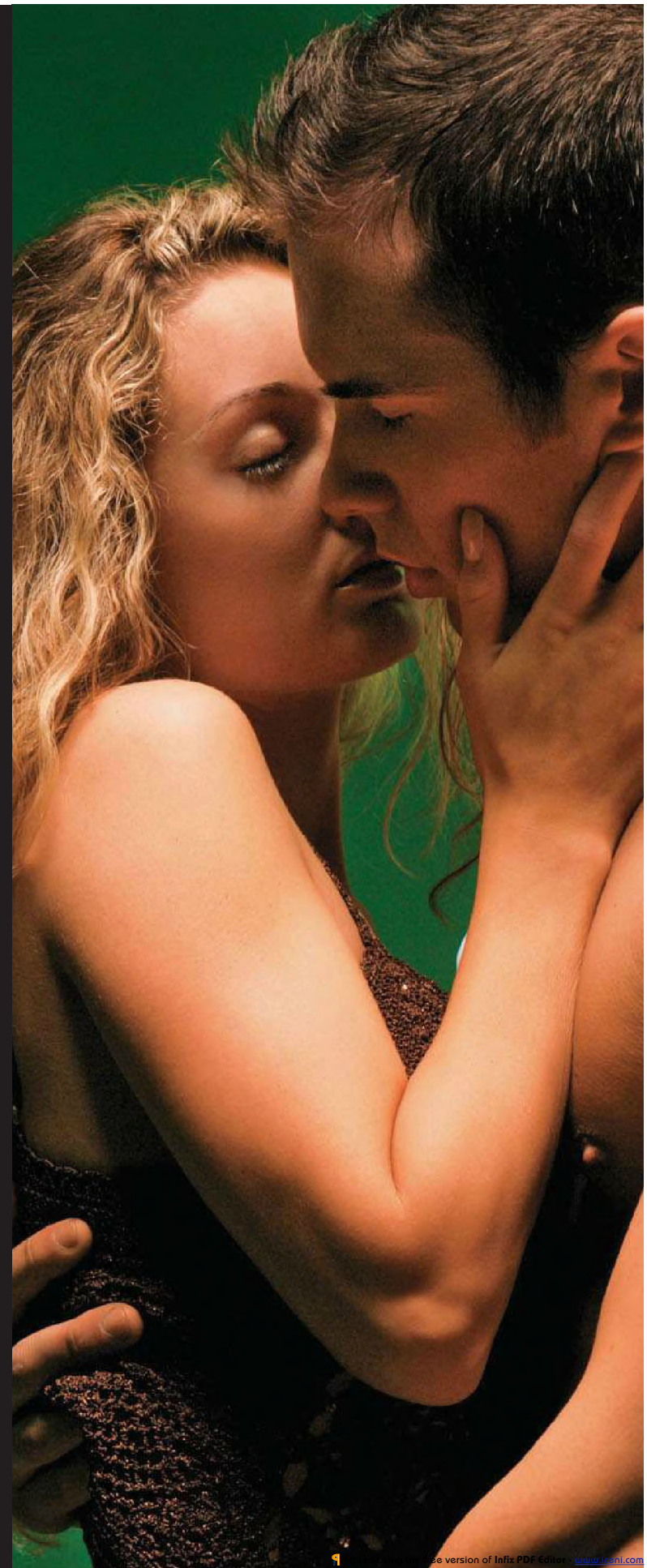
(continued from page 72)
wearing her robe, proceeded to suck him off. They eventually made their way back to the bed, where Debbie was waiting for them. "I'm sure we came all together. It was explosive and draining actually. The girls collapsed and fell asleep together, and once that happened, I got dressed and went straight to work."

The mistake Patrick admits to making is expecting a connection or acknowledgement of this lusty union later. When he saw Naomi at another party weeks later, he was happy to see her and immediately approached her. She pretended she didn't know him at all and quickly blew him off. Patrick says his feelings were definitely hurt.

"I guess it's not supposed to be talked about, but instead put away in some kind of fuck file in your head. Once things are done like that, people like to leave them as they are. So you can't pursue it again. Just be happy that you're the lucky bastard who hit the jackpot and be satisfied with that."



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Set Limits

MAKE A PACT

When choosing a man to share, you have to get a few things straight.

Number one is that the minute one of you feels uncomfortable or changes her mind, it's over. Finished and done with, no questions asked. Otherwise, if one of you stays behind with the man, it could ruin your friendship forever. The one leaving will say, "You totally wanted him for yourself the whole time," or the always popular, "You dumped me for a guy and put my feelings and our friendship aside so you could get laid."

Friendship between women can be a hell of a lot more intense than between two men, or even between a man and a woman who are romantically involved, so be extra sensitive to each other's needs and make sure you want the same thing.

Discuss how far the two of you would like to go with each other, and if you don't want to go far with each other, how you will handle it when the man you choose tries to maneuver some breast-to-breast action between the two of you.

Will you be cool with each other afterward? Will you need to talk about it? Of course, a lot of this depends on the level of friendship you have with this woman, but for the most part I do recommend a talk before you go off on your manhunt.

Insecurity and jealousy can play into this just as much as if you were with your boyfriend or husband. How are you going to feel when the man you've picked up seems to pay a bit more attention to your friend than to you? If this does happen, don't take it out on your girlfriend afterward, unless you see that she was encouraging him to leave you out, and even then only if you are absolutely certain that is what was happening. Make sure your anger isn't just over the fact that you think your friend has better legs than you do. When you have a threesome, you must be confident and comfortable with yourself. This is definitely not the time to think you are anything less than beautiful and sexy.

But then again, you should elect a leader out of the two of you; the instigator, the rabble-rouser, the dominant woman who will send the message home to this man. Because most men who are worth their salt are gentlemen and will wait for one of you to give a real sign, don't one of you wait for the other to do it. Work that out before you leave the house.

And speaking of signs, create a sign or a safe word the two of you can use when you want to put the kibosh on this guy or this situation, even if it's during sex. That way no one has to worry about anything. You will both feel safe and secure.

Discuss how you'll both feel if you do end up going further than you ever imagined you'd go.

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BE CHOOSY

Women can be a lot harder to please than men. When men are horny and the company is pleasant, there really are few women they won't sleep with. Not so for women, perhaps maybe not as much with each other, but definitely when choosing a man as their third-party playmate.

Be respectful of how long it takes your friend to find the right guy, even if it takes all night. The man you both bring home must be someone who you both like. Otherwise, if your girlfriend is not so high on the guy, she will either put all her attention on you (which you might not mind) or shrink away to where you will be more or less the only one in the mix. Remember, a ménage à trois is supposed to be about three people actively participating at the same time, so don't cheat your girlfriend out of the best possible experience.

BE TRUE TO YOUR GIRL

Okay, so even if the man you choose is hot, clean, and sane, it doesn't mean he won't turn out to be a jerk. He may decide he likes you more than your girlfriend or your girlfriend more than you. And when one of you goes to the bathroom or to get a drink, he might make his intentions to be with just one of you very clear. This is rude and disrespectful.

However, if you find you like the guy, whisper, "Next time, alone," and then later ask your girlfriend whether it's okay that you see him on your own. But do not go along with it for that moment, even if your girlfriend doesn't care. This is supposed to be a team sport, and no one enjoys being a benchwarmer.

Where to Go Once You've Found the Guy

While there is safety in numbers, you still want to be as safe as safe can be. So, unless you know the guy, stick to going to either your place or your girlfriend's place, because these options offer more control of the situation and fewer bad surprises.

Unless you personally know the man, you just don't know what or even who will be waiting at his place. Don't be uptight, but of course don't be an idiot either. Play it safe. You and your girlfriend should discuss everything discreetly during a trip to the bathroom together so when you make your move you have a definite plan and there's no room to waiver from it.

Once you've broken the ice and there has been sufficient flirting between all three of you, all one of you needs to say is, "Wanna move this party to my place?"

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Make the Move

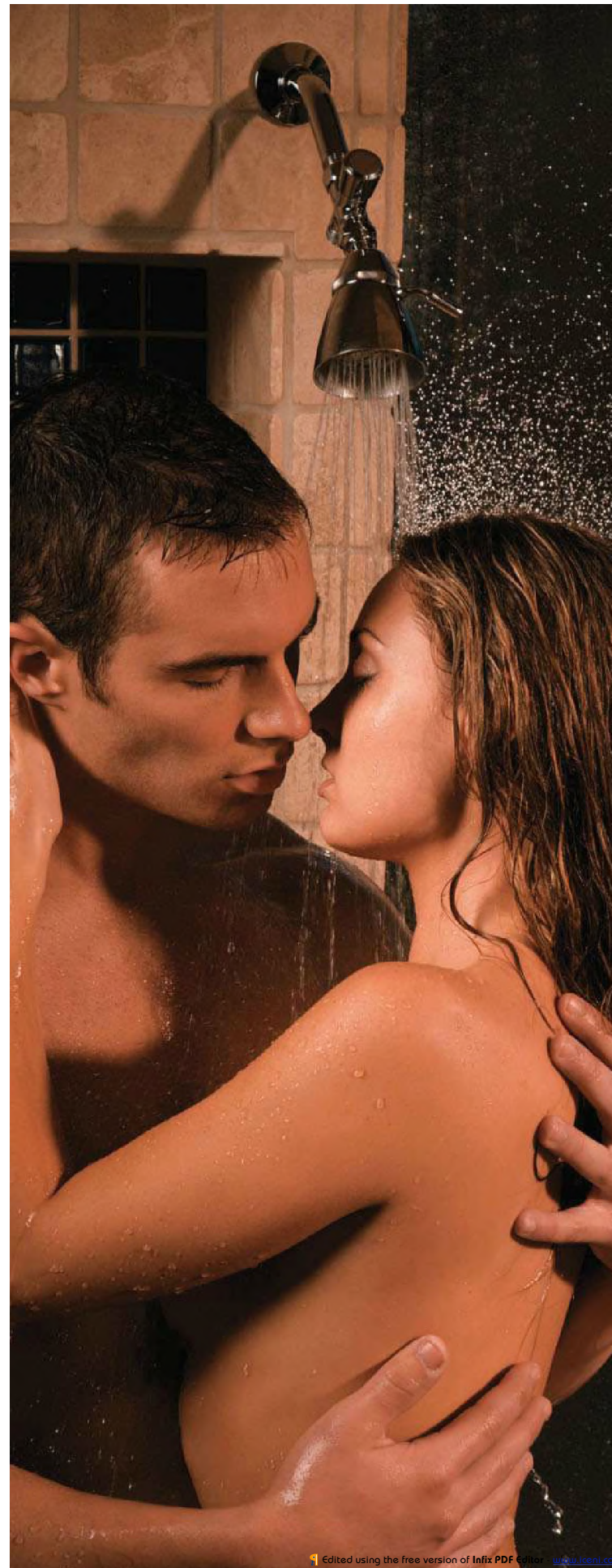
He's going to wait to see what either one of you will do, so know that right away, it's for the two of you to initiate, because when you take control the evening will be what you both want it to be. Your new boy toy will be happy to have either of you, or even both of you, call the shots.

More men than you think are actually good guys and in this case would rather you say what you want so they don't accidentally say or do the wrong thing and totally mess up the sexual opportunity of a lifetime.

It's so much fun to assert your sexuality in this way, and it's fun to do it with a girlfriend as your partner in crime. You two naughty girls are up to no good, and your man can't wait for both of you to use him and wreak havoc all over his and each other's bodies. In this case, it's fun to get to it right away, so if the three of you jump in a cab, don't be too shy to sit him in between you and start rubbing his thighs, kissing his neck, or cupping his package. There's no reason to wait if you don't want to.

If you're walking down the street, start the physical connection right away. Each of you can link an arm so he feels like a real stud. Let the sexual energy of the two of you course through his veins and let him know this is really going to happen, buddy.

Once at your place or your girlfriend's place there are a few ways you can play it. You can sit him on the couch between the two of you with some drinks and music and each take turns kissing him. You can start this by saying to your girlfriend, "Shall I see if he's a good kisser?" When she gives you the nod, turn his face toward yours and go in for a good, long kiss, but not so long where you'll get carried away and the two of you will go off on your zone.



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Think of this man as a delicious dessert you and your gal pal have decided to share. So you take a few bites and then pass him her way, and while she's kissing him you can start unbuttoning his shirt or massaging his hardening member. Do this back and forth until it's starting to drive him or all three of you crazy for the real action to begin.

Another way you can play it is to suggest a shower. Spending a few hours at a bar or in a party drinking and smoking, you all might need a refresher, and both you and girlfriend may feel a lot more comfortable knowing the man you've picked up is clean enough to eat off of. Taking a shower is a good way to sensually introduce your bodies to each other before you start screwing and sucking and getting dirty and messy. One of you might say, "Why don't we freshen up and take a nice hot shower?" Take him by the hand and lead him there, and have him undress for both of you before either one of you takes off your clothes, or better yet, you can all undress each other while the water is running.

Once inside the shower, the strong water pressure and the three of you in a semi-small space should get your blood pumping. Take turns soaping each other up and take your time to explore each other's bodies. Press yourself against your girlfriend's back while you and your guy wash her body. Kiss each other in the shower with the hot water falling on your faces and off your bodies and stimulate each other's genitals while you're rinsing off the soap. This will get all three of you stirred up, and then when you're finished dry each other off very thoroughly.

Rub his cock with the towel and rub each other's breasts with it, too, and then maybe taste each other's clean tits right afterward. All three of you will want to run to the bedroom after that.

Some men want to see a little bit of a show before they begin. If you're all listening to music, put on a show for him. The two of you can do a slow, grinding dance and kiss each other a little. If you don't feel comfortable kissing your girlfriend on the mouth, kiss her neck and caress her instead.

You may need to break the ice between the two of you more than with him to begin, so this is the easy way to go. Look over at him and ask him whether seeing the two of you is getting him hot, which may seem like a stupid question, but asking stupid questions and stating the obvious with sex is all part of the game. You know what you're doing, but it helps to actually hear it. "Is your cock getting hard watching us together? I think you need to pull your cock out and show us what you've got. Show us how excited we're making you." He may just jump up and join you, or he may start stroking himself and ask the two of you to come back to the couch and tend to his rock-hard cock. Either way, you can't lose.

One of you might say, "Why don't we freshen up and take a nice hot shower?"

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Double Team

It's great to play stud service with a man who wants two women to use him for everything he's got. Remember, he is there for both of you, not just one of you. But to keep that going, you both have to be active participants continuously through the experience. And if both of you don't feel quite so comfortable fooling around together or going into heavy petting and touching, that's totally okay. There is still plenty to do.

While he's sitting on the couch or laying down on the bed, one of you can start sucking his cock while the other sits on his face. I suggest facing your girlfriend while she sucks his cock to keep the three-way feeling going and to get the sexual charge of watching the action. The same goes for her watching your clit being licked and devoured by this hot man.

Take yourself out of the mindset that this is your girlfriend and totally let go and get into the moment. Before you know it, you'll find yourself going into a 69 position, and both of you will have your mouth on his cock while he's munching away at your pussy. Your girlfriend can work his balls while you taste her saliva all over his slick, hard dick. You can start kissing each other over his cock, letting it get a little sloppy, and allowing your respective mouth juices drip on his dick. This will drive him totally nuts.

You can take turns making out with him, or both of you can kiss his chest, stroke his cock, or play with his balls. Or you can both totally dominate him by each of you putting your tits in his face for him to play with and suckle to his heart's content. A man with four tits in his face is a very happy man, and he will totally enjoy being nearly smothered by both of you. Have him take each of your nipples into his mouth or on his tongue and have him work you both together. This is going to turn you on enormously and loosen you both up for some heavier action between all three of you.

Keep him very busy. This way he won't ask the two of you to do things to each other that you may not feel comfortable doing. This is your fantasy and you can act it out any way you want without feeling pressured to do things you aren't so sure of doing. Change positions. Get off his face, take a condom, and get on his cock while your girlfriend rides his face. Again, look at each other while you're both getting served.

Take in the sight of your girlfriend's clit getting swollen and hard from his mouth and tongue and give her a show as you're riding that cock. Let her see it going in and out of you, tell her how good it feels, and ask her if he's making her wet. See if you can come together, or invite her to reach out and jerk his cock while you're bouncing on it. She may even be curious to touch your exposed clit while this is happening.

If you're feeling loose and daring, have him go behind you, both of you on your knees, and take his hands and squeeze them on your tits. Invite your girlfriend to get on her knees and get a closer look at how stiff and hard your nipples are. Have him pinch them and ask her to pinch her own, then have him bring her close to the two of you, and rub each other's stiff nipples against each other.

Your girlfriend and your guy should lock into an embrace and kiss over your shoulder as you close your eyes and feel the sensuality of your bodies all pressed together; it's so lush and amazing. Then he should slip his hard cock in you from behind, and all three of you should rock together in time, his cock slowly pumpingin and out of you while you and your girlfriend's clits rub against each other until all three of you have one explosive orgasm.

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True Story: Best Friends Angela and Diane

For Angela, a stunning 24-year-old model from Long Island, years of going to all-girl Catholic school and forming very strong, intense female relationships probably made the transition from two-way sex to three-way sex easy. She has had more than 20 experiences, is well versed in the fine art of ménage à trois, and will probably continue to have these joy rides with sex before she decides to settle down with one man. A good number of these sexy sessions have been with her best friend Diane, with whom she has been best friends since childhood.

Angela's first experience was when she was 14 and hanging out at her boyfriend's house with Diane. Angela had never had any kind of sexual contact with another female up to that point.

"Diane and I went to his house and after awhile I started kissing him in front of her, but then I stopped because I felt something weird was going to happen." And it did, because Angela's boyfriend suddenly leaned over and kissed Diane, then kissed Angela again, and then dared the girls to kiss each other, which they did.

"We told him we felt strange about it after we stopped, and he was relaxed about it and told us it was no big deal because he kissed men before and it didn't mean he was gay or anything, they were just his friends. I thought, 'Wow, that's nice.' Diane and I would have more secrets and private jokes to share." So the three kept on going. And ever since then, Diane has not only enjoyed three-ways but has been the instigator of all of them, but again only with a girlfriend.

"With a girlfriend it's safer. I trust my friends. Let's be real, with any guy, even the best of them, they'll keep going and won't notice if something doesn't feel right to you, but your girlfriend will notice right away, stop, and say, 'What's wrong? Are you okay?' "

Angela also feels more comfortable indulging with a girlfriend because the trust issues are gone; she knows her girlfriends would never go behind her back to call her man or understand that it could very well be a one-time thing. And because Angela also understands and loves her friend, she is more caring and conscientious that her friend is having a good time, and visa versa. For a good Italian Catholic girl, these factors are important.

"I break the ice by doing something silly like playing a game, usually a drinking game. Whoever chugs has to take off an article of clothing. Or spin the bottle—I love playing spin the bottle after a night out dancing and partying. It's a way to put the idea into everyone's head. It's fun, it's playful, and the next thing you know, everyone's down to their underwear, having a great time, laughing and hmmm . . . what do we do next?" Angela laughs at her own bossiness—she's a child playing sex school, only it is she who gets to play the teacher every time.

And not only does Angela's own assertiveness turn her on, but so does that of her girlfriends. A two-girl-one-guy ménage à trois can turn into a sexy sci-fi flick in which a man is stranded on an all-female island and sentenced to erotic servitude, or at least girlie domination.

"What men should worry about is not keeping up . . . it's keeping in!" she says. Because she does this either with men she is dating or with boyfriends, she finds there is no pressure to please him as much. "When it's with your guy, you know you can do stuff with him any time. Sometimes guys just want to sit back and watch for awhile, and that's fine. But if you watch too long, we'll forget about you!"

For those who are over 25 or who feel they are too sophisticated to play parlor games or act out fantasies, Angela has other handy tips. "You could all be sitting on the couch next to each other, and then you start kissing the guy, and then you kiss her, then you take his hand and put it on her. You have to try to

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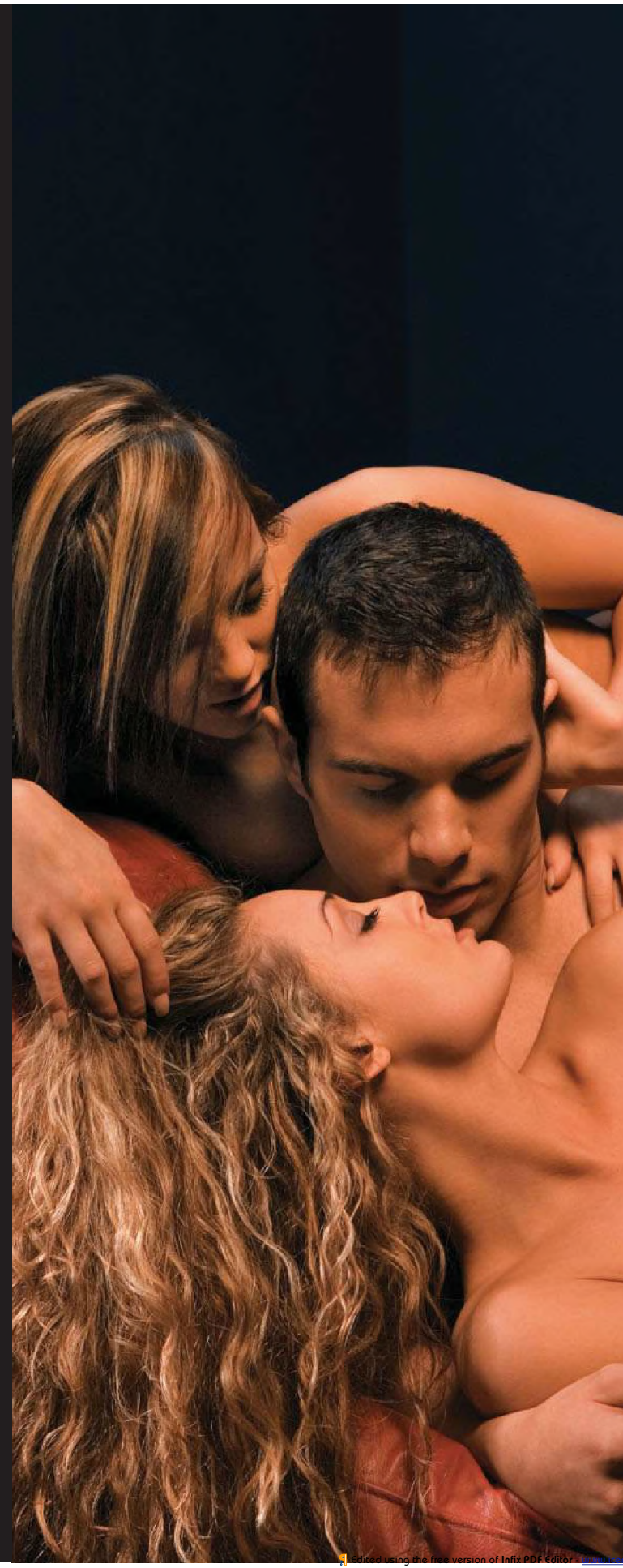
find a way to get the third person involved. You can push him toward her and then just jump in. At first it can be awkward, but then it does become like any other sexual experience and a flow happens."

The flow Angela talks about for her is best done with another woman. For Angela, there are far fewer things she can do with two men than with a man and a woman. She says a three-way is supposed to include constant involvement with all three people, and for her it's hard to keep that going with two hungry boys waiting to fill and pump.

"I won't ever try double penetration, so that leaves out that. So then what do you have? When I do this with a girl, no one is left out and three is never a crowd."

"You have to try to find a way to get the third person involved. At first it can be awkward, but then it does become like any other sexual experience and a flow happens."



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Use Toys

It's a big job for one man to satisfy two women, so be kind to him and take out some toys. Ladies can get off many times in one night, but not so much with men over 25. And with some imbibing and a teeny bit of pressure from the task at hand, toys are a great thing to have handy for all three of you. If he's spent and the two of you are still rolling, feel free to take out a vibrator, a dildo—whatever little devices you have handy. Men love using them on women, and to use them on two women is even better.

Lie on top of your girlfriend with your legs spread, so you're resting on your legs and not with your full weight on top of her, and let him see the delicious sight of both your pussies on top of each other. Scooch to the edge of the bed, so that her legs are dangling, and have your man kneel in front of your pussies.

Your pussies will look like a delicious double-decker sandwich, and your man can lick them both at once like a long ice cream pop—I call it "The Dreamsickle." Your girlfriend can also rest her legs on his shoulders. In this position, he can eat her out and finger you at the same time. Or he can take the vibrator and work that in and out of one of you while he fingers or licks the other. Or he can get you both off with toys while the two of you enjoy your bodies on top of each and play with each other's tits and nipples. You can also do all this lying side by side.

Or, he can take turns pumping both of you while you're both on all fours heads down, asses in the air. Make a game out of it: Each girl gets five pumps before he goes to the other and does the same, and both of you feel free to play with yourselves while he is doing it. Seeing you helping yourselves while he is serving both of you will turn him on, keep him hard, and take the performance anxiety away.

I mention going through a lot of condoms early on, when you pull out of one girl and get ready to poke the other one you should change condoms unless you know for sure the other woman is clean, but even then it's not completely sanitary. You could still be opening yourself up to all kinds of yeast infections.

After the Fact

Can you and your girlfriend forget about what you've done days later when you're just having lunch, going shopping, or chatting on the phone? Yes, you can. This is one area in which women can actually separate love and sex. What you've done is only a big deal if you make it. Think of it as just another fun thing you've done together and with a person you truly like.

And having a three-way doesn't mean that the two of you are lesbians or are in love with each other. It's acceptable in our society for two women to fool around with each other, and even more so if a man is involved. It's also a way for two women to pick up a man more safely, because you're both there looking out for each other. In a way, it's a lot better than being alone and picking up a random stranger in a bar; this way neither one of you will see the pick-up for anything more than what it was: just a night of incredible passion and fun.

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True Story: Lars Gets It On with Two Girls at a Concert

Lars is a good-looking guy who works out a lot and has huge biceps to prove it. He is friendly, polite, and conscientious about everything he does, whether it's business or pleasure. When he was 19, though, he wasn't as confident in himself, especially sexually, having been a late bloomer and unsure of himself and his performances. Lars sees one spring evening at a grass-filled Dave Matthews concert as his defining moment as a true sex machine.

It was an outdoor concert, and young Lars was standing in the aisle happily baked and grooving to Matthews' mellow tunes. He even recalls what he wore: faded frayed jeans and a tight black T-shirt so faded it almost looked purple. Lars had just started what has become his life-long passion of keeping fit and pumping iron, so imagine how pleased he was when he felt a hand brush against his tight, six-pack abs. And imagine the added excitement of seeing that the hand belonged to a cute brunette of about 23, who stood alongside an even cuter brunette friend who promptly did the same before walking off.

Lars turned around to see Brunette Number One turn as well, giving him a sly, sexy smile. As they kept walking on, she winked at him.

Lars was bold enough to follow, but not too close—he kept the pace about five steps behind—but somehow they both knew this eager, sweet puppy was keeping up with them. Brunette Number Two turned around more than once to see his hopeful, soulful eyes looking right back at her.

The walk led him right into the Ladies Room, and again with no shame and no thought of consequence. Lars went right in to find the dusky pair of beauties.

"I saw them go right into a stall and that's when I stopped. One girl motioned me in very flirtatiously with her finger, but I just stood there. Then the other just called out, 'Come in, come in!' and that's all I needed to hear."

A bathroom stall may not be the most ideal place for even two people to get it on, much less three, and then of course there is the public element to contend with. But being young, ready, and under the influence of the music and marijuana, there didn't seem to be any signs of discomfort from this trio. "They sat me down on the toilet and took off my T-shirt immediately, kissing and touching my chest and my neck. Oh my God, it was great," Lars says.

Overcome by their display of affection, Lars got up to grab these two, only to be pushed back down again. Lars attempted to get up once more, and was yet again pushed back down by Brunette Number One, who was clearly the leader. "Sit down and watch," she ordered. Finally understanding the nature of this game, he did sit down and saw the matched set of ladies kissing and grinding each other. As they did, Brunette Number Two took pity on him and massaged his massive boner through his pants, which were loose enough for her to give him some wonderful, healthy tugs.

"Eventually I did stand up again. I just got in there and kind of forced myself back in the game and got right in the middle of them like a sandwich and started making out with the girl I was facing, while the other girl unzipped me from behind and this time started jerking me off skin to skin." Lars was so turned on he got down to his knees and pulled up the denim mini-skirt Brunette Number One was wearing. He then pulled down her panties to go down on her, but before he could get any licks in, his short spiky hair got pulled by Brunette Number Two, who said, "Me first."

"I always loved eating girls out, even way back then, when I don't even know if I was good at it. But I was happy just to be there, and it's good they took charge because I don't know if I could've handled that responsibility at that point anyway. And I also found out how much I liked being roughed up and

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having my hair pulled. So I stepped aside and let her lick her friend's pussy."

While Brunette Number Two orally pleasured Brunette Number One, Lars got back on the toilet and finger-banged her until both women came with a resounding groan. Tingly with orgasm, they faced their boy-toy and gave him a blowjob classic porn style flicking both their tongues around his firm flagpole.

After a while, Brunette Number One got up and ordered Brunette Number Two to ride him because he was probably going to come at any second. Like a happy sex slave, she listened to her friend and bounced on his cock while having her nipples pinched and played with by her gal pal. "She was fucking me, and her friend had her hands maneuvered under her arms so when she was playing with her tits she was actually also moving her up and down on me. I thought I came in ten minutes, but I'm sure it was more like ten seconds." He remembers the force of which the two women working on him being so strong and hard he kept thinking his ass was going to fall into the toilet.

"All through this, people are walking in and out, toilets are flushing, people are pretending to accidentally bump in the stall door, there are girls laughing, and I'm sure more than one person looked down to see a strange formation of three pairs of feet. I didn't care, and the girls didn't care either. If this happened now I'd probably want the door open so those women in the bathroom could watch us," he adds.

And then, just like that, the girls were finished with Lars, underwear was pulled up, shirts were pulled down, bras were adjusted, and they quietly left one spent 19-year-old kid sweating and panting, sitting on the toilet with his pants around his ankles. "They totally used me and I loved it," he sighs.

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5

Being Chosen by a COUPLE

Hanging out with happy, well-adjusted, and secure couples, whether they be just boyfriend and girlfriend or as committed as husband and wife, is fun and comfortable for me. I've never felt like the third wheel, but more like the guest star in the sitcom that is their life.

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It's nice to be with two people who are really comfortable with each other and have that connection where they tell jokes and stories together, tease each other, and enjoy the feeling of being with you, the third party. It makes me feel secure, harkening back to the times when I was with my parents when they were in a good place—but of course this is a more X-rated version.

But still, it's that same kind of warm atmosphere that makes you feel cozy and relaxed. Some couples are so secure and happy with each other that they feel open to bring in a third party every so often to give their sex lives that added spice or kick. And there's nothing wrong with that, especially if you find that couple very attractive. Most women have actually been in that position more than they realize but didn't pick up the signals or weren't so sure and chose not to.

This type of three-way can be the most enjoyable of them all because you have no pressures or worries, it's something the couple has (or should have) worked out together, so all you have to do is enjoy them both guilt-free. When the couple consists of a virile, good-looking man and a beautiful, self-confident bisexual or bi-curious woman, a threesome is like eating the best feast of your life and walking away with no calories or indigestion.

This can happen anywhere: parties, bars, concerts, cafes, or even through a coworker; though I always try to avoid any sexual experience with a person or people whom I have to be professional with on an ongoing basis.

It could happen at the gym with a couple who work out together and make small talk with you. They could be watching you on the Stairmaster, enjoying the sight of your tight ass bouncing up and down. Enjoy the thought of a couple talking about you, how nice you are, how cool you seem, what a pretty face you have, and how they'd like to lick you all over. Couples who are close have talks about this at home, and they may talk about you so much they could be plotting a joint seduction. It's a very arousing thought, isn't it? A man and a woman wanting to share and enjoy you while you enjoy both of them. Here's what to look for.

Follow Your Instincts

When you're picking up a stranger you're already leaving a lot up to chance, which no doubt is part of the sexual excitement, but it ends there. If you think the person the two of you are engaging at a party or club looks skanky or high-risk, then it's a no-go immediately. Don't waste your time or theirs, put it to a polite stop, and move on. Your intuition is essential in having a great experience. Great, raw sex is an animalistic experience, and yet the one thing that separates us from animals is that we as humans tend to second guess our gut instincts, whereas animals never ever do. Remember that. If your first reaction is no way, then no way it is.

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Couple Signs of Lust

When you get to your late twenties or so, a lot of the parties you are invited to tend to be dinner parties. And, if single, you may be one of the few people who arrives alone. Don't see this as a downer, but rather as a great opportunity. You could be seated next to a couple who are feeling frisky and having a good time socializing with you.

Notice their body language with each other. Many times, a physically demonstrative couple gives you and others a show not to be insensitive but to actually entice you and draw you in. See how they react if you do sit closer. More often than not, this will make the couple touch and nuzzle each other more, reacting to your smile and admiration for their looks and extroverted behavior. Talk to them about things you all might like: movies, music, books, even politics if the three of you are like-minded. The great thing about hanging out with a couple is that the conversation can be very intellectual and stimulating, even if you're debating an issue. You and the girlfriend/wife may agree on something that the boyfriend/husband doesn't, and you will bond over that and good-naturedly make fun of him for his opposing view.

Talk about the things they enjoy doing together, like travel, dining, or sports. When a couple has been together awhile, sensuality encompasses things like food and snow boarding. When they see you have some of the same interests or the same tastes, they will begin to enjoy your company a lot and flirt with you. This is especially true if you're able to make fun of yourself when you mention things like bad dates or how you fell on your ass a million times when you were learning how to ski.

Let them tell the story of how they met and how long they've been together. When you see the girlfriend take a shine to you, admiring your humor, your taste, or the kind of shampoo you use, take that as a sign, especially if they've stayed with you awhile and haven't mixed too much with their friends.

Many times, a physically demonstrative couple gives you and others a show not to be insensitive but to actually entice you and draw you in.

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So You're Going Home with a Couple...

Here are some things to remember:

1. Wait for one of them to make the first move.
2. Don't fool around with one when the other has left the room.
3. Don't sleep over unless they offer at least twice.
4. Only kiss when one of them makes the first move.
5. Say nice or sexy things to them as a couple; that way, no one's feelings gets hurt.

Important Rules

When you're with a couple, it's always best to take the cues from the woman so you know she's into it and not being pushed into anything by a sleazy, philandering mate. You've got to find both of them equally attractive, even if you're much more into men than women. You can be completely heterosexual with some bi-curious leaning and make this work, but by no means take this as an opportunity to screw around with a married or taken man under the guise of having his woman's permission. That's the formula for high drama and disaster, and you'll be left with nothing but the feeling that you're a deceitful home wrecker.

As they make mention that you are a beautiful woman, let them know they are a very attractive couple. Center your flirtation on that more than doling out compliments and flirtation to each individual. "You're as handsome as she is beautiful," is acceptable to say to the male counterpart, but nothing more than that. Say to him, "You're a lucky man to have met such a beautiful, cool person. That's hard to come by." This way you diffuse any worry from her mind, and she will see you are indirectly flirting with her.

When you notice both of them sitting close to you for awhile, take it as a sign, even if they're holding hands. Let them buy you drinks and take care of you. Accept their compliments and return some as well, and again, remember to address them as one entity.

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The woman might want to bond with you by taking your hand to go to the bathroom, by stroking your hair, by feeling the fabric of your dress, or by going to the jukebox to pick out music you both like. Let that happen too, because it's the woman's feelings you always have to look out for more. She's probably bisexual, and picking up a woman together is her way of satisfying her Sapphic urges while staying faithful to her man.

Always assume with a couple that they have done this before and have their own thing going on. You, again, are their guest, their plaything, their treat, and although they should treat you with the utmost respect, you're walking into a situation that they've already worked out on their own. So although their attention and this situation will be all about you and you being there, it's first about them and how they do this for fun and frolic.

Don't try to get in between them until they welcome you to. They've probably left their apartment feeling adventurous and wanting a sexy woman to enjoy and to enjoy them, so take the more subservient role and follow their lead.

The Seduction

Sharing drinks and food with a third party is a sensual thing. If you like the cherry in her drink, let her know so she can feed it to you. If they offer a taste of their dessert, definitely accept a mouthful of apple pie à la mode. Order an exotic drink and tell them they have to try it, too. This will help bond the three of you.

If you feel it's time to change the locale from the party or the bar, tell them about a low-key place to dance and hang out, then dance with both of them. Do not necessarily station yourself in between them unless you are invited, but most definitely sit close to them. Let them know you are having a good time.

When they encourage you to talk and tell stories, they're actually fishing to see whether you are an open-minded person, so pepper your talk with ever-so-subtle sexuality, or mention movies you've seen that you find sensual and have turned you on. If the woman in the couple mentions enjoying Angelina Jolie's sex scenes in "Gia," agree with her and add onto that. And as the conversation becomes more erotic, ask her if she's ever been with a woman. If she asks you this question, then definitely see this as a roundabout question in relation to the two of them.

At some point in the evening, they both will be making excuses to touch you—patting your back while you're laughing or their telling you how fit you look, squeezing your calf or touching your stomach to emphasize it. When you and the girlfriend go to the bar or the bathroom, see how she looks at you and touches you. If you're touching up your face in the bathroom and she stands behind you fluffing your hair, you're in.

Let her know that you're happy to be there by reciprocating her actions and touches. Before you know it, you will get an invitation to come back to their place. When she takes a chance and leans in close to see your earrings or necklace, whisper something in her ear like, "You're so sexy," or be more mischievous and say, "Are you trying to seduce me and take me home with you?" When your eyes lock and you feel the heat, lean in to her and see whether she kisses you. Chances are she probably will, and more.

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The Next Step

So you're in and you want to be in. If you live alone, invite them over for drinks and such. This isn't so much for safety, but they may feel more comfortable being the ones to leave and being in a space other than their home. But if they do invite you back to their place, by all means go. It will allow you to continue playing the role of their sexy guest, whom they wait on, and to leave when you want. So do whichever you feel more comfortable with and whatever jives with the couple. If the couple is experienced at these kinds of things, they may even have a hotel room in town all ready for your tawdry little fling.

I recommend leaving the moves to them. More often than not, there is probably a "no kissing my guy" rule, as this is most prevalent among couples. If they feel the need to tell you what the rules are, don't take offense; it's a preventive measure.

If they have a car and he's driving, get in the backseat and invite her to join you back there. Start heating things up that way. He will be driving and glancing in the mirror to see what's going on. Hold her hand, cuddle with her, tell her she smells good, and nuzzle into her neck for a nibble and make her giggle. Smile and say you're excited, she'll reciprocate with a kiss—a long, sensual one—and by the time you're back at their place, things will have heated up nicely.

Once you're at their place, be a good guest. If they want to give you the ten-cent tour that's fine, it gives the whole thing a sense of normalcy. Compliment their taste in decorating and see where they want to direct you. Let them wait on you, serve you a drink, ask what kind of music you like, and so forth. Excuse yourself to the bathroom, even if you don't have to go, so that you can collect yourself and allow them to get situated. When you return, they will be ready to spring into action.

Smile and say you're excited, she'll reciprocate with a kiss—a long, sensual one—and by the time you're back at their place, things will have heated up nicely.

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True Story: Tammy and the Married Couple

Although not a big city model or actress, Tammy is no dowdy hausfrau either. Slim but curvy, with a mouth-watering waist-to-hip ratio, a huge smile of pearly white teeth, and a healthy glow to her skin, she is a Midwestern cutie living in Minnesota with two cats and a sweet husband. She's as normal and as All-American as they come, except for one thing: Tammy has had sex with other married couples. But that was before she herself got married.

"Its funny that I haven't had a three-way with my husband," Tammy says. "I'm sure it's something we will do further down the road. We've talked about it, but it's not at the top of the list. I guess it's because once you do this, you can't take it back." But Tammy's very first ménage à trois was with a married couple, swingers whom she met through a mutual friend.

Tammy had always been bisexual in her heart, but was never brave enough to pursue it. She was hung up on conventions and wondered whether she might be a lesbian. The wife of the couple Tammy first had a three-way with was a friend of Tammy's girlfriend, and through talking, they discovered that they had more in common than they ever hoped to have. One was a woman who wanted to make love with another woman, and the other was a woman who enjoyed making love to other women when her husband was watching.

"Her husband was definitely a good-looking guy, but I was mainly there for her," Tammy admits. "She's the one who asked me out, and I was much more attracted to her than to him."

A total novice to the scene, Tammy didn't know what to expect, and the couple must have been sensitive to her nerves and reservations, because the three went out a few times without doing anything at all.

"We just had a beer, hung out, and discussed ground rules, though there really weren't any. She was fine with her husband doing anything with me, and I had a green light for everything too. And once we were familiar, they were just plain about it and asked me, so when would you like this to happen?" As soon as possible, thought Tammy, whose mouth watered over at thought of taking her very first breast into her mouth and licking her first engorged clit. She came over to their house soon after, they had some drinks but didn't get drunk, enjoyed some benign chatter, and then got to it.

The wife suggested that a good ice-breaker would be for she and Tammy to enjoy a shower together while her hubby watched. "He let her take the lead and let us go for it. He just watched while we kissed and fooled around in the shower." The hot water and the sliding soapy sudsing of each other definitely were a great beginning for Tammy, as she rubbed her taut body up and down against the wife's, enjoying her soft lips and tongue and feeling herself get very wet, very quickly. The couple toweled off their pretty guest and brought her into their bedroom.

"It was a great experience," Tammy says. "I didn't feel weird about it at all, and I might have gotten more into it than they expected. They were wonderful. They knew how to please each other. But definitely my main reason for doing it was because I wanted to be with her. Her husband was just a bonus." A bonus Tammy did appreciate. She remembers eating out his wife while being screwed from behind as one of the most amazing sensations she has ever experienced.

"Every sense is being taken care of, everyone was involved," she says. "The goal of being with a couple is to keep everyone satisfied in the mix."

Tammy has also had threesomes with girlfriends picking up men at parties or bars, and they have joked that the lucky guy in question was their "stand-in penis." Tammy says having threesomes is fun because of the exhilarating feeling of being able to call all the shots. "I mean what's the guy going to say? He knows he should just shut up and be happy to be there at all!

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Positioning Couples

A three-way is a dance in which you should let the couple or the woman lead. All couples are unique, so let them make the first moves, and in a short time you will get the gist of their rhythm and their games so you can catch on and play along.

When you return from freshening up in the bathroom, you might walk in on the two of them sitting on the couch kissing and fondling each other. Don't take this as a sign that you should hang back but sit down next to them and say, "That looks pretty good, mind if I cut in?" Sit on the outside, putting the other woman in the middle and start fondling and kissing her, too. While you are working on her, reach over and put your hand on his lap and see where that goes. If she takes your hand and puts it on his crotch, then it's perfectly acceptable to start touching and working on his dick.

They could have a relationship where he is in charge and he will tell you to touch his wife or girlfriend. When you do, say to her, "You've got beautiful breasts. Could we both suck your nipples together?" Or again, they might say that to you. It's sort of a game of "Mother, May I?" in the beginning, but once things get rolling, you should feel comfortable doing what comes naturally.

They may be looking at you as this tasty treat for them both to devour, they both like women and they like to enjoy them together. Lay back and let them work you over as they both suck on your nipples. As they spoil you, touch them both at the same time—you're here to enjoy what it's like to be with both a man and a woman, so reaching down and fingering her while stroking him is a great way to go. Show them that you're there for the both of them. Have him squat over you and suck him while he's facing his partner who is going down on you. He'll love watching her go down on you while you take his load in your mouth.

Or the two of you can work over his lady, both of you sucking her tits and rubbing her clit. While he pumps her doggy style, have her head buried deep in your pussy, and when she's kneeled in front of her man sucking him off, hold her from behind, pulling her hair out of her face and kissing her neck. Or while she is deep-throating him, lay down beneath her and go down on her while fingering yourself.

Too Many Rules?

Here's the thing, you could structure your threesome very rigidly—you fuck me, then you fuck her, then she can blow you, then you can go down on me, but she can't touch me, and I don't want to touch her, etc. This is all well and good—after all, it is about comfort zones—but do try to abandon yourself to sexual chaos at least a little, and just let what feels good feel good!

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If he goes for penetration, have her squat over your face so he can watch you eat her out and hopefully you can all come at around the same time. You can get really raunchy and stand her up while he licks her pussy and you lick her ass, both of you working a finger on each side of her until she comes or until you get her opened and ready for anal sex. In that case, while he pumps her ass, you can keep finger-banging her, licking her clit, or she can go down on you while he's working her ass.

Sit down against her and play with her tits while he goes down on her or pumps her. And you can do the same with him sitting up and you sitting on his cock in backward cowgirl position, facing her while she plays with your gyrating body. Or she may, in turn, straddle you while you are banging him this way and you are both bouncing and bucking against each other as she takes turns kissing him and then kissing you. And when she makes you come with her mouth, tell her to kiss her man so he can taste the pussy juice in her mouth and on her lips. This small act can be heavenly for a man; remember he's having sex with two women, one he's had sex with a lot and the other whom he's never had sex with before. You're encouraging her to kiss him shows them that you're into the both of them together as well, which shows you play nice.

A three-way is a dance in which you should let the couple or the woman lead. In the best instances, you all get worked up at the same speed and are satiated at the same time.

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True Story: Cynthia and Sex in the City

Cynthia, an attractive and stylish New York City woman in her early thirties, works as a hostess in a restaurant and lounge, and has therefore ushered more than her fair share of tasty couples in and out of the establishment where she works. Sultry but friendly with a casual and open personality, it isn't unusual for her to be invited to join couples for a drink when the evening is slow or her shift is over. More than once she has been seduced by a couple and more than once she has readily accepted their proposals of lust.

"One couple I met here was really great. They were a little suburban, but still very down to earth, very attractive, and kind of refreshing," she says. "This was their big night out in the city, and they just wanted to have a good time, meet people, enjoy some good wine, and just hang out. So somehow I ended up hanging out and talking to them about, of all things, filing for bankruptcy. I was in a lot of debt at the time, and it turned out the boyfriend worked for some kind of financial company that dealt with that and he was giving me some advice."

As Cynthia was asking questions about credit cards and so forth, she noticed how much his girlfriend, a slim and pretty brunette in her early twenties, kept smiling at her and laughing at all her jokes. She also noticed how much the boyfriend, a fit, dark-haired man in his late twenties, was being very hospitable to her, making sure her wine glass was filled and lighting her cigarettes.

They complimented Cynthia several times during the evening, and she readily returned those compliments. She especially liked it when they told her how young she looked for her age and how they were curious about her the moment she ushered them to their table.

"What can I tell you, if there's anything I like, it's compliments and cunnilingus," Cynthia jokes. "So why would I turn down either?" As the lounge was closing down, the young couple told Cynthia that they had booked a room at the W Hotel that night and would she care to join them for a nightcap in their room? The nightcap turned into another bottle of wine and several hours of ecstasy.

Cynthia does not consider herself to be bisexual by any means. For her it was about having two very sweet and attractive people fawning all over her. "I thought he was a hot guy. I was curious to see his body, and I wondered if he had a big cock, which he did, by the way. But I didn't initiate anything with him without her say-so, and it wasn't with words, just by following them and watching carefully."

Back in the hotel room, the boyfriend asked Cynthia if she thought his lady had a nice body, to which she said yes and offered that he did, too. She started teasing him and telling him he was built like a Chippendale's dancer and, along with his girlfriend, started egging him to do a strip tease, which eventually led to his girlfriend doing one, too, as a sort of tit for tat.

"I was entertaining both of them because I knew in turn they would entertain me where it counted," Cynthia says. "I knew they were kind of waiting for me to make the first move, so I just kind of walked up to them and started touching their chests both at the same time."

And that seemed to be all she needed to do. The three of them began to fondle and kiss each other, then the couple stopped and the girlfriend giggled and said it wasn't fair that Cynthia was still fully dressed when they were not, which made Cynthia dare them both to undress her.

"It was so much fun. It was hot and very mutually satisfying. I didn't fuck her boyfriend, but I did suck his cock while she was touching me all over. I don't think she had much experience with girls,

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which was fine because really neither have I, so it was kind of nice that we were both experimenting and playing around. I told him he should fuck his girlfriend with my spit all over his cock and that really made them both crazy. They liked that so they did that while I was shoving my tits in her face and she sucked them while her boyfriend was fucking her, and I got off fingering myself while she was doing that. All around it was very, very good."

After the couple finished having sex, they had Cynthia lay down on the bed between them and decided to reward her for good behavior. Although again, the boyfriend did not have intercourse with her, they both touched her all over, licked her breasts, and the boyfriend guided his girlfriend's finger into Cynthia's very wet pussy.

"It was sweet actually. She didn't really know what to do, and he was all, 'Baby look at her sweet pussy. Don't you want to touch it? Let me show you how to get her off.' He actually didn't need to show her—she figured it out quickly, I mean she plays with her own pussy right? I moved his hand away because he was actually not doing as good a job as she could do on her own. I came really hard on her, and she was proud of herself."

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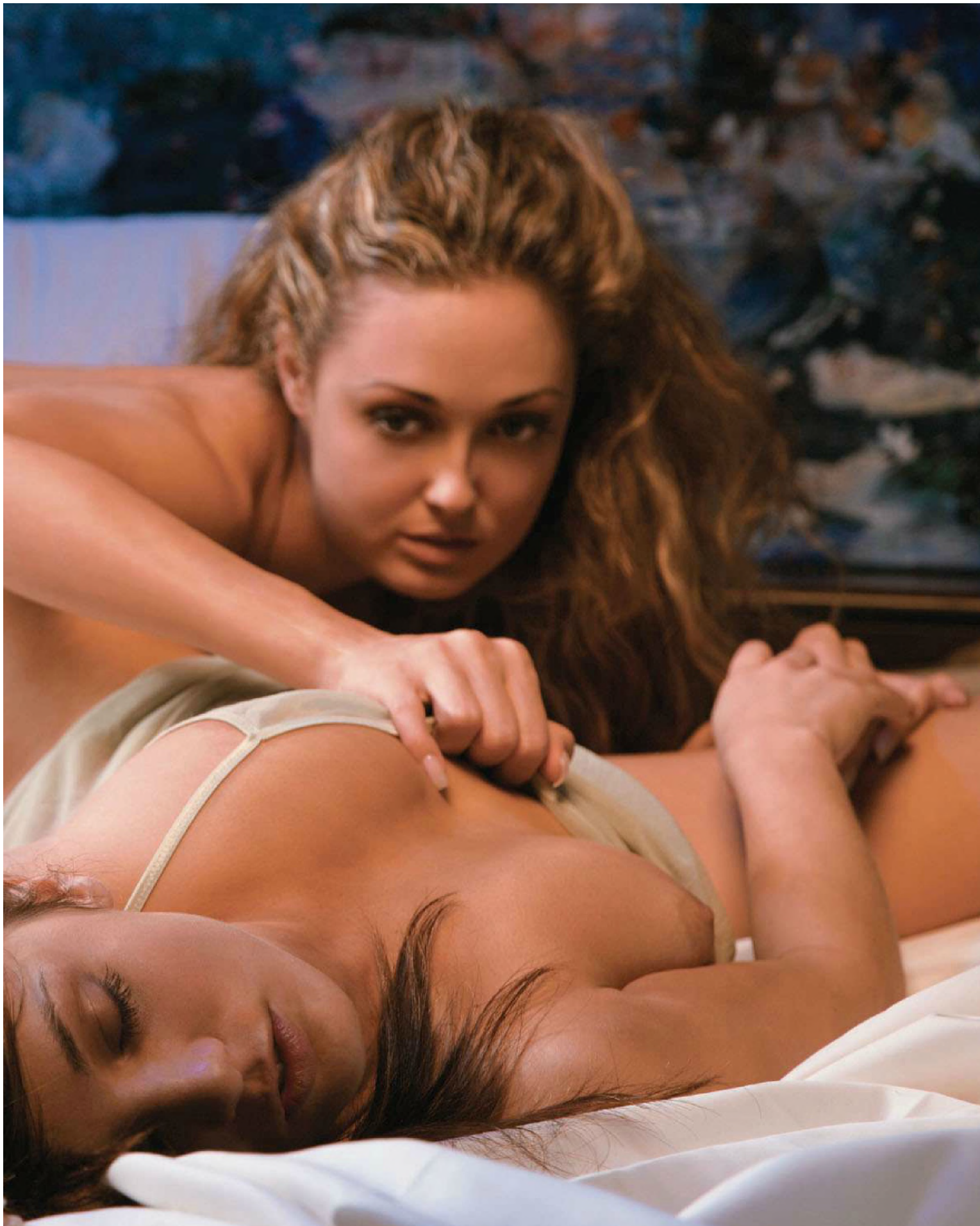
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Know When To Say Good Night

Being the one to walk away makes it easier for everyone, though some couples might very well invite you to cuddle and spend the night. If you're really tired, I don't seem the harm in it, but there's always the potential for an awkward morning after, even with the best of couples.

Sleeping on the couch is another option, but you never know what can happen when a man has an early morning hard-on trip to the bathroom. He may get some ideas about giving you a try solo, and even if you might be into that as well, it's just bad form and she will notice her man has been gone for an extended period of time and investigate his whereabouts. Do you really want to risk that ugliness? Of course not, so yes, definitely leave while everyone is feeling good and happy and sleepy.

Give the couple their time alone. Chances are they'll even screw like crazy once you've left, or fall asleep spooning and then wake up and screw like crazy. You got what you wanted, they got what they wanted, and who knows, and they could call on you for a repeat performance, though I wouldn't count on that.

Being the one to walk away makes it easier for everyone, though some couples might very well invite you to cuddle and spend the night.

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6

Enough Woman for TWO MEN

It's not the most usual of scenarios, but there is that alpha female who would love to go at it with two men she doesn't know.

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The heterosexual's heterosexual who wants to be extra bad by dominating two men or getting two men so turned on and desperate to have her that they are willing to get naked and risk crossing swords for her.

If this is your thing, don't wait around for two men to make it happen with you. Most men wouldn't dare. But two men could approach you because one guy thinks you're fine and his friend is just being the wing-man. Two men talking to you and giving you a lot of attention is fantastic, and if you're a strong, capable woman with a big libido and an adventurous nature, you can get things going, even if it wasn't their intention at all.

Having such a three-way takes a lot more time, and caution. It's a great fantasy to be picked up by two men, but in real life you want to make sure that they are two men who are going to treat you right and not act like this is some gonzo gang-bang film in which they can rough you up and jizz all over your hair and face. This scenario may sound appealing too, but with that much testosterone on your hands, there's a lot more room for things to go wrong. Men stick together, and if one says he doesn't want to use a condom, the other won't either.

Choose wisely. One guy may want to do this to get into your pants, while the other feels really uncomfortable but will buckle under the peer pressure of his buddy. A lot of men do not feel comfortable having sex with the same woman at once, so one could have problems keeping or even getting it up, while the other could have a hard time coming because he thinks his buddy is looking at him too much.

The best thing to do is to engage in this folly with two men who are friends with each other and whom you know. If you know them well, you know they will not do you any kind of bodily harm, and if you know them as good buddies who are open-minded and easy going when having a good time, then having your way with them both is very do-able. For the best safety, I'd recommend doing this at a party or hanging out with a large group of friends at a bar—friends bring other friends to both of these places so it's likely that everyone at the junction will be cool and normal.

It's a great fantasy to be picked up by two men, but in real life you want to make sure that they are two men who are going to treat you right.

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Hitting Your Target

Choose two nice, fun guys that you know who are friends and have both had their time lightly engaging in flirtation with you. They could be both doing a task at a party together like playing DJ or taking turns bartending. Hang around them and be a flirty buddy. Help them out or tell them what kind of music you'd be into hearing. Talk to them both and have an open, easy body language that says you're feeling good and up for anything. They'll be receptive to you, especially if they don't have their eyes on anyone particular at the party. If you hang in more bohemian, artsy, or even hippie-type circles, this can happen with greater ease and safety than if you're hanging in a more jock or aggressive male environment.

When they see you're hanging out for an extended period of time, they'll start to get ideas, or at least wonder which of them you're trying to get. If you see that eye exchange between the two of them, this is a good time to excuse yourself to get a drink for both of them or to use the bathroom and let them know not to go anywhere. Tell them, "You're my two favorite guys—I'll be right back." Give them time to talk for a brief moment. They're both into you, they're both horny, they're going to say, "Dude, I don't know what's going on here, but let's find out."

After some time talking to your two studs, ask them whether they want to go pick up some beer or a bottle of something and go to your place to hang out. Again, your place, your rules, you're in control. If they exchange confused glances, get more to the point by grabbing both their hands and saying you'd love it if BOTH of them came over to hang out. They'll say yes right away.

Before you leave for home, pull aside the one you feel more verbal with and ask whether he's ever shared a girl with his buddy. Watch his reaction and laugh. His answer may be a stammering no, or a yes but not with him, or he may ask you bluntly whether you are serious. Smile and say you'd like to play with both of them, that you think they're both cute and you'd like to have them both. But safely. Tell him you've got condoms and that you're going to be the leader in this. And when you say stop, it stops. Then disappear to freshen up or get your coat while he tells his friend what's on your mind.

If one starts to panic with a stupid excuse about having to get up early, don't be surprised. Then it's up to you to decide whether you want just the one—but that wasn't the point of the evening, was it? Smile and say, okay another time, and go home by yourself. But chances are they will both be curious and horny enough to be game for what you have to offer.

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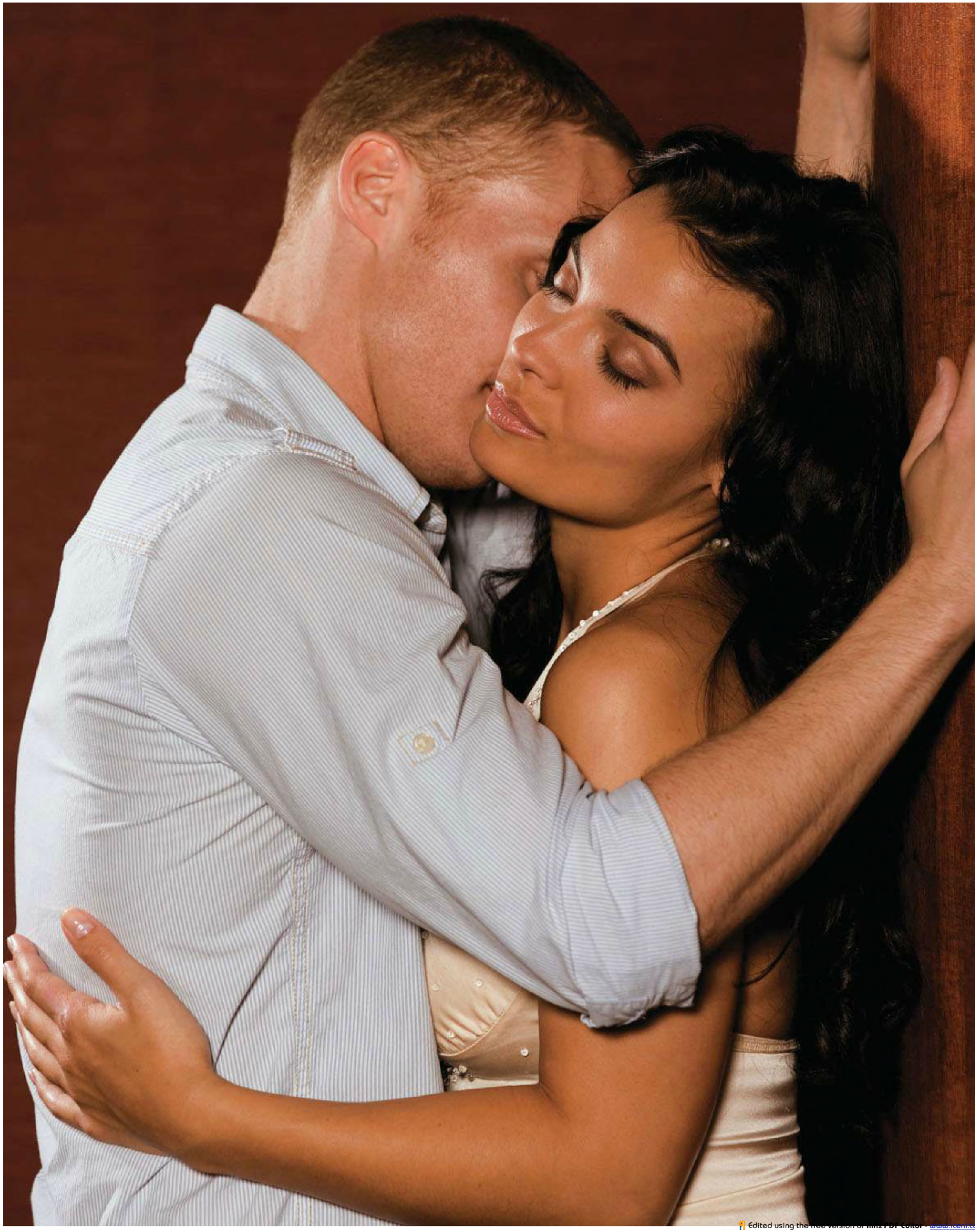

Once you all arrive at your place, tell them to make themselves at home while you get more comfortable. Let them get situated in your living room with food, drink, music, or TV while you go into your room and change. This is not the time to get into your Victoria's Secret stash; put on something sexy and sporty, something that you can reach into or pull off easily—a pair of booty shorts and a tank, some cute low-slung yoga pants and a tight T-shirt (no bra). Even a soft robe over your bra and panties is fine. This will clear away any questions still rolling through their heads about whether you really are ready for this.

Dim the lights and sit between them. You'll probably be drinking or grooving to music, or even channel surfing late-night cable. You're all friends, and you want that feeling to keep going without the vibe getting too weird and uncomfortable. Don't wait too long either or all of you may lose your nerve.

Making the First Move

While you're all sitting on the couch, one of the guys could start rubbing your neck or playing with your hair. This is your cue to put your arm around the other guy or play with his hair. Set the precedence that it's all three of you doing this, not one guy doing and one guy watching, which could happen easily if you don't keep on top of things.

Lean against one guy while pulling the other to you to stay in close contact. Turn your head to kiss one while you bring the other one to your neck so he can kiss you there. Or you can take turns kissing one and then the other, but when you're kissing one keep touching the other so he doesn't get impatient.

When things get going nicely, get up, sit them together, and let your robe drop to the floor, or just straddle them both. You can do this by putting one knee between each of their legs. That way you can make out with them both easier, and your body is open to both of them to touch and kiss. While you're kissing one, the other can be fondling your tits or nuzzling them with your shirt still on. Stay in this position for awhile, kiss and nibble one guy's neck and ears while the other guy squeezes your ass or presses his hand against your crotch. I say keep it this way for awhile to set the tone of what the experience will be like. Also, if you prolong the foreplay, they will approach it as a sensual experience rather than a hard-core one.

When you've done this for a good half hour or more and you're feeling them both up and kissing them both and they're doing the same to you, and they're both hard as rocks, then stand up again and take off the rest of your clothes and tell them to do the same.

What Kind Of Woman Screws Two Men?

The woman who inspires a ménage à trois is a woman so hot, so inviting, so confident, that she can convince a man be naked with another man just to have a chance to have her. When two men decide to share a woman, the two men are just that into her. The woman isn't a sex doll to be used and abused and then tossed aside like an empty can a beer. On the contrary, she's a woman who is so comfortable in her sexuality, so open and ready to play, that she's almost too intimidating to be handled alone. This is a woman who is so insatiable that a mere "wing man" just won't be enough in this case—a buddy needs to be brought in to run some sexy interference.

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Handling Two Men

You don't have to move the action to the bedroom. The guys are both probably comfortable there with the music and everything centrally located. The bedroom in this case will seem more serious and possibly stranger for everyone. The living room is a casual and neutral place. Also, have some towels and blankets handy. You're with two men, and it can get sweaty and messy; you don't want to stain or ruin your couch or carpet.

Once all three of you are standing and naked and turned on, rub your ass against one and open your arms for the other so you can feel yourself enveloped in both men. When you're satisfied and turned on with feeling a hard dick on each side of you, sit one on the couch and have the other one get on the carpet with you so he can penetrate you from behind while you suck off his friend. Be open to let them both play and explore your body, and don't worry about them touching each other—they'll be more than careful about that. Just let go and enjoy all this man around you.

If one comes first, he should be the one in charge of licking your pussy. Lay down on the floor on the blankets and towels, and have the men stretch out with you. Encourage both of them to suck your tits, or while one guy does that have the other one finger you or go down on you. Call the shots out loud—it's your show, don't be afraid to be bold, and in this case, bold is better. That way, they have a task to do and will focus less on being around each other sexually.

Another option is to have one guy go down on you while the other one squats over you so you can suck his cock. Or sit on his friend's face while you suck his cock, making your own daisy chain. In this case, you probably won't all come at the same time, and if one wants to pull out and jerk off on you, that should be alright. As long as there's a feeling of camaraderie and respect in the room, everything should be fine. Keep the flow mellow, slow, and sensual, and your two men will follow your lead.

Keep It Together

The best positions are the ones when all three people are working at the same time and moving at the same pace. And if you're really lucky and you're all on the same track, you may even achieve a three-way orgasm. It doesn't happen very often, or probably as often as it happens one-on-one, but it is very possible and certainly something to shoot for. It's all a matter of playing around with each other and seeing what positions make one squeal more than others. It can be a matter of just lying around and slowly playing and experimenting—touching each other, licking each other, probing and roaming your hands, with lips and tongue everywhere. In the haze of this sensual medley, you will no doubt find your pace and timing and it will all click into place, three pieces of a very lush and sexual puzzle.

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True Story: Sam and Three-Way Love at First Sight

Sam is a happily married camera man in is late twenties, a pleasant-looking bear of a guy who laughs easily and enjoys sports, beer, Jessica Simpson, Quentin Tarantino movies, and occasionally sharing his beautiful wife Lisa—though the first time it happened she wasn't his wife, but a fellow college student whom he was friendly with but never had the nerve to make a move on.

Sam was inexperienced and shy—not a virgin, but nowhere near the George Clooney/Casanova type either—and one of the reasons he was so attracted to Lisa was because she a laid-back hippie who was game for any opportunity that came her way. A rather boring Saturday night in an Upstate New York bar inspired Sam, his friend Steve, and Lisa to take their friendship to another level—one that proved to be more than they bargained for.

"We were on our way to the crappy bar that was within walking distance to our dorm when Steve and I ran into Lisa," recalls Steve. "She told us she was supposed to go to this party, but her plans fell through. Lisa said she was bored and asked us where we were going and if she could tag along."

Sam and Steve were happy to have more company, and Lisa was sure to make beer banter more fun and interesting, so the trio headed to the bar. Over cheap pitchers and cigarettes, Sam snuck peeks at Lisa's tight T-shirt, and the conversation got looser, falling onto the subject of sex, and more specifically, porn. Lisa knew that Sam and Steve had quite a collection and teased them about sharing their smut movies.

"She was asking us silly questions about porn, the kinds of questions most women have but are probably afraid to ask. But Lisa always said anything that was on her mind. She was asking us about watching porn together and the 'money shot'—why men need to see the come shot in porno movies." Sam practically giggles with embarrassment and titillation over the conversation.

After more jokes, more beer, and more irreverent talk, Lisa said she was just as sexy and hot as any of the girls in those movies, and she challenged her two male companions by saying, "I bet if you guys met a girl who wanted to get it on with the two of you, you'd both run home to your mommies." Like Beavis and Butthead, the two college seniors turned red, stammered, and giggled, but through it all Sam somehow managed to invite Lisa back to his room to watch some of these pornos with them.

Sam says he wasn't sure Lisa liked him at all, and even ventures to say he thought she might have been more attracted to his friend Steve, who was athletically built with an easy, confident personality and who had much more of an active sex life than Sam could ever hope to have. What made him believe this even more is when Lisa leaned over and planted a kiss on his friend before excusing herself to go to the bathroom—a quick kiss but a soul kiss just the same, in which Sam could see Lisa used her tongue.

"When I come back, let's go to your place, and you studs can show me what you can do," Lisa said, but Sam says the tone of her voice was more sarcastic and in jest than anything. Sam was speechless, nervous—and very aroused at the idea. "I really wanted her. I was so horny, and honestly I might have sucked a dick just to be able to fuck her, anything. I was her dog and she didn't even know it!"

Steve watched her walk away, her shapely body dressed in denim and leather. He fumbled with his wallet to pay the tab and told his inexperienced friend to follow his lead no matter what happened and not to pussy out, as he put it.

Back at the small dorm room with no place to watch TV but an unmade bed and a computer chair, the three students cracked open beers and watched a little porn that Sam can't recall the nature of because he was too distracted by Lisa. She made cracks about it and massaged his leg, allowing her

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hand to travel upward. She turned to Sam and said, "Kiss me." And for the next half hour, the two men took turns making out with Lisa, all on her call. She would turn to Sam and kiss him for awhile and then she would stop, take a breather, check out the dirty movie and turn to Steve and they would kiss for awhile.

"I still didn't know where it was going to go. I think Steve and I just decided that Lisa was going to be the boss and she was going to call all the shots. I was willing to do whatever she wanted. Steve being there didn't make me feel weird at all. In a way I think I felt safer because he was."

In this case, the ménage à trois was the best way to break the ice between Sam and Lisa. The sexual pressure was off him because Steve was the buffer. Sam could finally show the free-spirited, sassy Lisa all the things he wanted to do to her. The fact that he would be disrobing in front of another man didn't hinder the situation at all. He had worked out with Steve and had been in a locker room with him, so it wasn't really new territory. He was more concerned over whether Lisa would like what she saw and enjoy his kiss, his touch, his tongue, and his cock.

After a while, Sam could barely restrain the rock-hard erection in his pants, kissing Lisa's hair, ears, and neck while she deep-kissed Steve and put her hand under his sweater. It drove his libido through the roof, making him braver and bolder. He whispered in Lisa's ear, "So what do you want to do? What do you want us to do?"

Sam slid his hands under Lisa's shirt and unhooked her bra with surprising grace. Lisa stopped kissing Steve, got up, stood in front of the two young men and said, "Let's just do it."

She pulled off her shirt, pulled off her boots, and pulled down her tight jeans, as Sam and Steve shimmied out of their own clothes as quickly as possible—one not noticing the other's nakedness but both very aware of each other's full arousal and anticipation. This was really going to happen. As it turned out, Lisa wasn't all talk.

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(continued from page 119)

Lisa looked directly at Sam and smirked. "I always knew you'd have a lot of girth," she said, and got on her knees before him. Sam let out a deep, loud sigh as Lisa took him into her mouth while Steve sat next to them stroking his hard-on and patiently waiting until Lisa told him what to do next. Sam says Steve was instructed to play with her from behind, pinching her nipples and fingering her pussy, while she continued to give Sam a great blowjob.

"She looked so beautiful sucking my cock. I held her hair in my hands—she had all this wild, bushy, crazy hair, and I always wanted to touch it. Steve was fingering her, getting her really hot." Sam said she gave great head, almost too good, so he pulled her up and placed her straddle style on his lap.

"I don't know what got into me, but I just put her on my dick and started moving her up and down. She was surprised at me too, but man, it was awesome. I think Steve was jerking off behind her. He liked it, I think. He jerked off and came all over her ass."

Just like those porno movies Lisa had enjoyed making fun of, they made their own scene, no longer amateur observers, no longer inexperienced, awkward young adults, but sophisticated sexual people. They formed their own circle, with mutual respect, warm feelings of friendship, and intimacy.

"The porn we put on had long ago ended. We didn't even notice. We were just going at it like crazy."

Being young, virile men, Sam and Steve were more than able to satisfy Lisa several times, in a variety of ways. Sam says he felt he won Lisa over by caring that she didn't get too messy.

"I wiped her off—not just my jizz, but Steve's too. Not knowing this would happen, I didn't have paper towels and stuff like that. I used my bed sheet. But she liked that," Sam laughs. "You should definitely remember to have water, paper towels, stuff like that as your orgy tools. I think that's important."

Sam went down on Lisa while she sucked his friend's cock, enjoying pleasing her and bringing her off to yet another orgasm. "You have to be giving to be a good lover, but I think even more when you're in a three-way. You should be even more attentive and sensitive to make sure she's not getting sore or drying up. It's asking a lot to handle two guys at once, but Lisa didn't seem to have any trouble."

Afterward, in the wee hours of the morning, Steve was tired and perhaps could see that there was something else going on that was beyond dorm-room sex games. Lisa and Sam were definitely making a connection, kissing and touching and even holding hands while resting.

"I was being a gentleman actually. I asked her if she was thirsty, I lit her cigarettes, just stuff like that. We were laughing together, like we understood each other's humor and in-jokes. So Steve left. He went back to his room to sleep it off, and I stayed with Lisa."

And Sam didn't leave for a day or so. They curled up together and slept, woke up together and snuck off for a shower, came back to his room and had more sex, and through this experience became boyfriend and girlfriend, and eventually married three years later.

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Men Will Be Men

Although men often don't have the same kind of insecurities and feelings of possessiveness and jealousy that women do, make no mistake, they are there.

One guy can have a better body than the other, or one guy can have a much bigger penis than the other, so you have to be sensitive to those things. And your being sensitive to both of them will make them be sensitive to you and what you want or don't want as well. When one guy gets up for water or the bathroom, you should just talk and chill with the other, so as not to leave out his friend. He may want you to keep his hard-on going, and if you feel comfortable with that, then use your hand and talk dirty to him until his friend returns. And when he does return, stop and tell the friend to hurry and catch up to the two of you. Be a friend to the guys and they will be a friend to you.

And as far as the dreaded double-penetration question goes, you'll find that that is the stuff for porn and less for regular people. Most men think such an act is a homosexual one, and thank goodness they do because you are opening yourself to a lot of physical damage if you don't know what you're doing.

So keep it simple. Men are happy with less than you think. And when it's time for them to go, tell them you're getting tired and are hitting the hay. They may want to stay because they're tired, so invite them to crash wherever you want in the living room while you, the queen of men, can retire to your chamber, with the door closed.

Keep the flow mellow, slow, and sensual,
and your two men will follow your lead.

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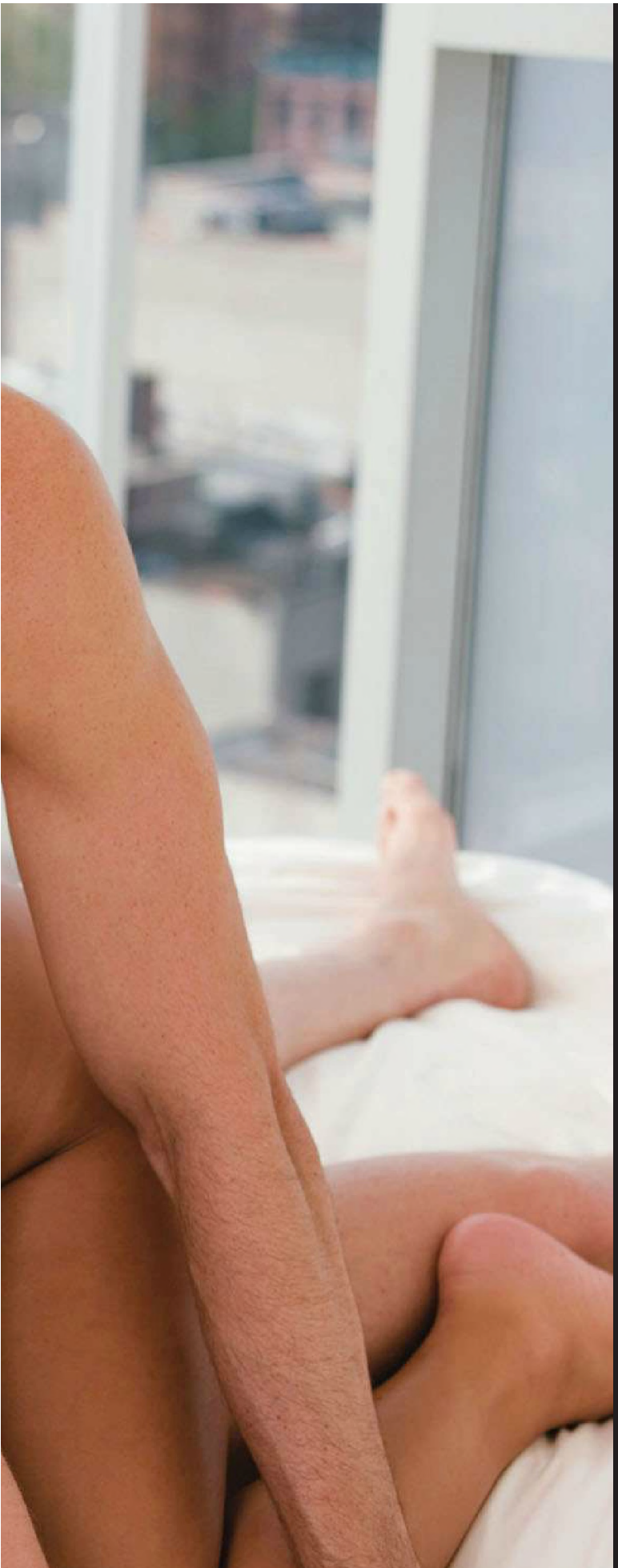

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Bringing ANOTHER MAN Home

You're a lucky girl if you have a man who not only is open to bringing another man home, but brings up the subject himself.

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That boyfriend of yours is a rare breed of self-confident man—not just confident that you won't prefer the other man, but confident in his own sexuality, not to mention penis size.

A lot of men say they don't want to have a three-way with another guy involved because they think there's something gay about it or they wouldn't feel comfortable even being naked around another man. Actually, those men just don't feel confident enough in their own appearance or sexual prowess. Or maybe they don't want to admit, the way women readily do, that they may feel jealous or threatened by seeing their girlfriend or wife enjoying sex with another man—or worse, they don't want to see her prefer sex with another man. Maybe she'll do things with the other guy more enthusiastically or maybe she'll do things with him that she has refused to do with you. And yes, what if there is a sword crossing, what if the girlfriend begins to wonder whether he's gay after that? Well, it's good to know that men and women worry about the same things, save the gay panic.

But let me tell you this: Any man who enjoys porn, even if only from time to time, would enjoy the experience of watching his lady get it from another man. In a way, it's the same feeling a man would have enjoying the view of his girl kissing and fondling another girl, but much more primal and blood-pumping. It's like your girlfriend has become the sexy, slutty, porn vixen of your greatest jerk-off fantasies. She's a woman who can't get enough and who aims to please. It's exciting to see your steady partner in that role from time to time, because sometimes you guys forget just how hot she really is to other people.

Bringing another man home is the next step to that same satisfying feeling that you get when you notice other men checking out your girl. You like the fact that other men want her; it makes you proud and it turns you on, of course. This is seeing how much other men really want your woman and what an amazing, sexual, and exquisite woman she is.

It will amaze you how much you'll be turned on to see her ability to give a man a raging hard-on by just taking off her clothes in front of him. You know what a good lover she is, but have you ever really seen her in action? Seeing your girlfriend give another man head will give you a whole different perspective on how hard she works and how much she loves it. And she'll love you watching her do this. The more you watch her and encourage her, the harder she'll work to take all of that cock in. But always remember, there should be no fear. Your turn will be next.

Any man who enjoys porn, even if only from time to time, would enjoy the experience of watching his lady get it from another man.

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Setting the Ground Rules

Give your man the same sensitivity that you would want if you two were picking up another woman. Men have their own rules and regulations, and it all varies. Kissing the other guy is usually a no-no, but again, this varies, and some men may not mind it at all. Some men find the idea of their girlfriend sucking another guy's dick offensive but have no problem in the least with her getting screwed by a stranger. You both have to get these things cleared up from the get-go to prevent any bad aftermath. Men have fragile egos and may question later how you seem to be a lot more enthusiastic with working your mouth away on someone else's dick than you normally do when it's just the two of you.

Of course, you really don't know what's going to upset someone until after it actually happens, but that's why talking helps. In talking about it, you both will realistically picture these acts occurring. For example, say you run into an ex of yours and your boyfriend says once he is at a safe distance, "You screwed that guy?" Men have very visual imaginations, and he'll know how much he can handle right away. On the other hand, you both may be pleasantly surprised and find yourselves going farther than you discussed, too, if the feeling in the room is sexy and secure.

If you and your partner have a sex life that is highly verbal, implement that practice into this experience. Saying things like, "Do you want to see me get banged, baby? Do you want to watch him screw the shit out of me while I deep-throat your huge cock?" is an erotic but easy way to keep all action at a comfortable level and to stay within the boundaries.

Make sure at all times that you keep physical contact with your man, even when another man is plowing you righteously. You can always ask him to passionately kiss you while it's going on and keep that level of intimacy exclusively between you. Don't let him sit there unattended—unless that's exactly what he wants. He may just want to jack off while watching you with another man, like watching his very own porno flick in 3-D. But even then, when he's ready to come, include him and ask him to come into your mouth or on your face or body.

Make sure at all times that you keep physical contact with your man, even when another man is plowing you righteously.

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Dealing with Double Penetration

Double penetration always comes up when talking about two men and one woman three-ways, thanks to the porn industry. Your man may enjoy watching it, as a lot of men do, but don't worry about this subject actually coming up during your three-way. It's a very difficult position to achieve, and what's more, it's not a physically safe one, even if both men are wearing condoms.

You don't go straight to doing headstands on the balance beam during your first gymnastics class; likewise, you won't want to try to fill your ass and your pussy at the same time during your first three-way. You are in for a world of tearing, bleeding, and soreness if you do.

However, if man-woman-man three-ways become part of your sexual repertoire, you can practice together with a dildo, study up with some hardcore porn, and check out a book or two on exotic sexual positions. Some three-ways can be purely sensual and erotic while others, particularly when it's with two men, are done to have nasty, dirty, raucous consensual sex. Both are wonderful, just be prepared and smart.

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Keeping It Safe

You and your girlfriend may be at the point where you don't use condoms anymore, but use them anyway during any kind of three-way combination. I emphasize this more when you're bringing in another man. It's just good manners to do this, because if you're not using a rubber and the other man is being told to, he may feel unclean and left out. Just because this man isn't your lover or friend, it doesn't mean you shouldn't be sensitive to his feelings. And when you wear a condom, he will not question having to wear one too, so have a box of your favorite brand handy.

Remember this:

Curiosity does not spell gay. It's just that, being curious.

Having a Three-Way Isn't Gay

There's nothing homosexual about having a three-way with another man. Like everything else in life, it's what you make of it.

Men, if you want to have such an experience but are worried about how it might look to your girlfriend, to the other guy, or most important, to yourself, think twice about doing it. Bringing home a man whom you think might be bisexual is not a good move if you're feeling a little hung up about the issue. If you think he is as hetero-sexual as you are but just looking for some sexual adventure and a new experience, then chances are nothing that can be construed as gay will occur.

But remember, you're going to be naked around another man and the two of you are going to be stroking your respective cocks and checking each other out while you share your girlfriend. If that alone feels uncomfortable to you, than a man-man-woman three-way isn't for you. If you're worried about being turned on by the man who is manhandling your girl, guess what? You're supposed to be. That's the point. But acknowledge that what is turning you on isn't the man as much as it is watching your honey satisfying and turning on another man. Keep those feelings in check and it should go smoothly.

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Why Your Man Wants a Man-Woman-Man Three-Way

I'll admit it, the first time a man brought up the idea of bringing another man home, my eyebrow did go up. I felt suspicious. Why would my boyfriend want to bring another man home? Is it some sort of weird setup to see what I will or will not do? Is this the same concept that my parents had the time they said I could drink as long as it was under their roof and watchful eye? Does he know I'm curious about being with other men and so he's bringing the idea up himself to keep control of it? And then there is the dreaded: Does this mean he's bisexual or bi-curious?

Ladies, unless he tells you during your talks about this three-way that he is bisexual or bi-curious, then rest assured he probably is not. If he says he may want to get his dick sucked by the man you bring in, then you have a bi-curious man on your hands, and that may or may not sit well with you.

There is a huge double standard with these things. Girls can say they want to explore their girl-on-girl sexual leanings and be applauded, loved, and cherished for it. When a man expresses this type of curiosity, even in the vein of kink, he's immediately emasculated or branded gay. That's not fair and you know it, so if this is perhaps the case, then remember this: Curiosity does not spell gay. It's just that, being curious. And if your boyfriend just thinks it's hot to have another man watch and perhaps jerk off while the two of you go at it, that's not gay either, he's just being an exhibitionist.

Your boyfriend could very well want to please you and keep you by changing things up with another man, and there's nothing wrong with that at all. Many men who have threesomes get the most satisfaction from watching the sheer pleasure their girlfriend gets. I see nothing sinister in that. Instead, I see a confident and secure man who wants to give you as much sexual satisfaction as possible.

So whether it's your cup of tea or not, there's no reason to pooh-pooh him but every reason to applaud and be thankful that he is thinking of you and your sexual need to explore. This idea can come up when a man knows you have a limited sexual history, or at least one that is a lot smaller in numbers than his.

Some men just flat out think it's really hot to watch their sexy mama take on two cocks and it's as simple and basic as that. The turn-on of primal three-way sex is transforming their girlfriend into the nympho of their dreams.

He may be turned on by you being slutty, a woman who can't get enough cock, a whore who needs to take on two men to be fully satiated. The man who wants to share you and/or watch you with another man is the same man who enjoys calling you a dirty bitch right before he's going to come. And that's just part of sex play. It doesn't mean that's what he thinks of you outside the realm of sex. When he calls you those names during sex and sex play, that's just part of the fantasy and a big part of what's getting him hot and hard. It's the same reason he wants to see you working it with another man.

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Where to Go/Who to Do

Guys, if you want to better ensure that nothing sticky will happen, then a stranger is the way to go, and heading to bars and clubs is fine. I wouldn't scout out during a party necessarily, unless you want all your friends to know that you and your girlfriend brought a mutual friend that you all hang with home. Gossip runs in small circles, and that's something you and your lady will probably not want.

The kind of man to bring home is a man whom both of you feel comfortable with and trust. This doesn't mean you should choose a wishy-washy wimp of a man who will just go along with anything because he is lonely and desperate to get some pussy. In fact, that would be the last man I would pick, because needy people can be the most dangerous of all. That's the type of guy who will try to worm into your lives and make the two of you a trio. You don't want that guy. Rather, pick a man who is friendly, happy, talkative, and fun-loving—a regular guy's guy, but one with an edge. You'd be surprised how many regular jeans and T-shirt/pint of beer men have done some pretty wild things. I wouldn't choose the posing/preening wanna-be rock star/model either, because he won't be enjoying anything but having the two of you as an audience, which translates into a shitty lover for your girl and a smarmy jackass for you.

Choose a man who is just shooting the shit with you guys for the hell of it, and then over time and drinks and lots of storytelling, the two of you will be able to connect on a more sexual and intimate level. Even though this man in question knows that the two of you are a couple, try to make things as equal as possible, like all three of you take turns buying rounds. Have your guy play pool or darts with him, and then you can take him to the jukebox to pick out tunes. If he smokes and both of you do too, take turns going out for a cigarette with him. He will notice you each making efforts to bond with him separately and he will wonder what the deal is. And that's when you tell him.

Breaking the Ice

Play this one carefully. If your boyfriend tells him you two are feeling frisky and fishing for cock, he's going to run, and run fast. This kind of combination could look creepy to strangers, and you really can't blame the guy. He doesn't know what he is walking into, and you read about these setups all the time and it turns out that he will get nothing but to be beaten and robbed. He could feel the same way if the girl is doing the initiating. He might think you're using him to play some sort of a jealousy game on your boyfriend, which could also result in a beating.

So the best tactic is for the both of you to do it together, once trust and rapport has been firmly established. After you've talked about some of the wild and crazy things you've all done, and after you've lightly flirted with him (in front of your boyfriend) and you've stayed at the bar/lounge/club long enough, you could just say, "Hey, do you party? We're going to head back to our place and want to know if you'd like to join us." Even if he's not exactly sure about what's going on, if he says "yeah sure," that means he definitely wants to find out.

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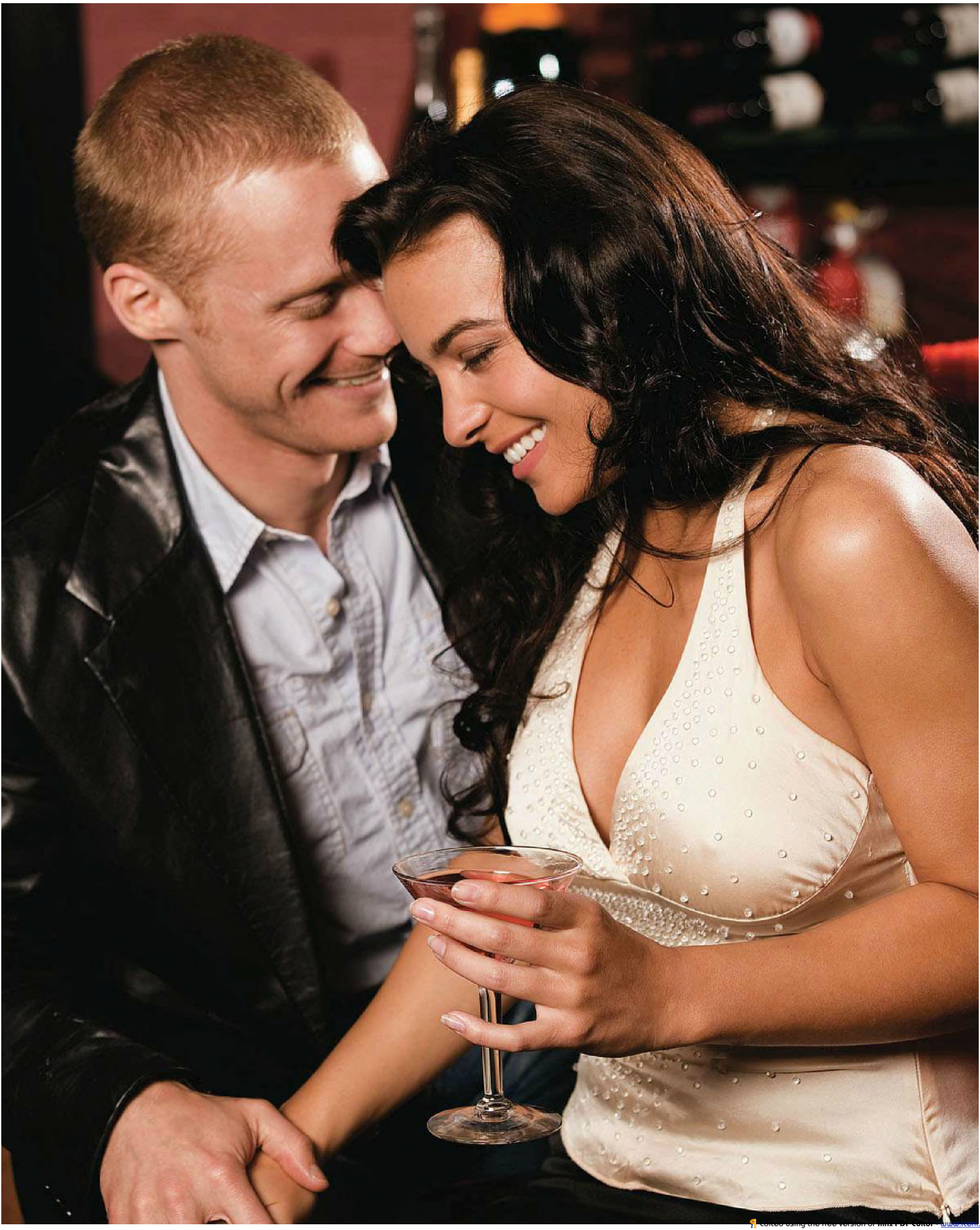

True Story: Angela Has Two Men

Being young, beautiful, and adventurous, Angela has been the object of lust for two men at once. But once her boyfriend broached the subject, Angela immediately said that she would be disgusted if she saw any kind of homosexual or homo-erotic activity going on between him and another man. "I know it's a double standard and it's not fair," she admits. "But I'm sorry, it just skeeves me out."

Still, always up for trying something different, she and her boyfriend went out that night and found themselves at a bar looking for their potential male number three. They came across a young man who was a friend of a friend of her boyfriend's. "We had it in our heads totally, so when this guy jokingly said, 'Man your girl is hot, we should have a threesome with her,' not knowing at all what we had been talking about, just kidding around, I took that as a sign that we should go for it." Angela laughed and came clean with their plans, and soon enough they were back at her boyfriend's apartment.

The trio waited a while, hanging out, smoking, drinking, listening to music, and waiting to see who would be the brave one to make the first move. Getting impatient, Angela's boyfriend said, "We all know why we're here, so while I go to the bathroom, why don't you two get it started?"

This was all they needed to hear. Angela and their bar boy began passionately kissing until her boyfriend came back and suggested they get more comfy and move the action to the bedroom. "This guy was really into watching us get it on, me and my boyfriend, that's what revved him. So I was blowing my boyfriend while he watched and fingered me. Then I blew him while my boyfriend ate me out. I didn't have sex with anyone but my boyfriend, but I did plenty of things with our friend, too."

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Getting It Going

So you brought your chosen guy back to your place, put on some music, made drinks, and maybe passed a joint around.

A lot of people I hang out with put the TV on with the sound down as just a visual and play whatever music they want over it. You've dimmed the lights and you're all sitting on the couch, chilling and grooving, and you're all thinking the same thing: And now what? As a couple bringing home a man, it's your responsibility to start the action. Your guest certainly won't start it for the slim chance that he has read your intentions incorrectly and doesn't want to leave with a black eye and a bloody nose. You are both hosting, so it's up to you to make it happen, and you can do it one of two ways.

You can either get very cozy on the couch, have your girlfriend sit between the two of you and have her sit very close to him while you sit very close to her. Start nuzzling and nibbling her neck while she puts her hand on either his thigh or even his neck, massaging either body part.

Once you're all comfortable with that, put your hand between your girlfriend's legs or under her dress and massage her crotch. She in turn should either do the same to your guest or she could take his hand and put it under her shirt or just flatly on her breast and hold it there for a second so he knows she really wants him to touch her. Keep the petting session going until everyone is hard and wet, while maintaining your girl in the middle between the two of you.

Ladies, you could also go the sluttier route that many people enjoy immensely: Put on a show for the two men, giving them each a lap dance—a real one straight out of a titty bar. This is a way for the men to have male-bonding fun while you enjoy all the attention. This is also the big plus for women to having a three-way with two men—all the attention and appreciation you will receive.

When you lap dance your guest, he will enjoy it, and you'll know it, but he may also still be a little scared or apprehensive, so it's up to you to wipe away those fears. Remember, fear plus anxiety equals no erection. Take his hands and place them on your ass and hold them there so he knows you want him to fondle and give you a squeeze or even a spank. Rub your tits against his face, stroke his hair or kiss and nibble his ear.

When you leave your guest and lap dance your man, look at your guest some of the time, giving him a sexy, smoldering look that lets him know you're enjoying him watching you. Put on a real show for your guest, take off your shirt, or if its already off, pull down your bra so he can check out your tits. Close your eyes and arch your back and have your man play with them a little bit. Take off your skirt or pants and straddle your man in a backward cowgirl position. Let him check out your ass, rubbing against your boyfriend's cock. His will probably get hard as hell just from watching. He'll be relaxed and hard in no time.

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Taking Position

Stand up and undress for the men, and instruct them to do the same (if they haven't already). Sit your man down, get between his legs, and give him the most decadent blowjob of your life. Go slow and deep and play with his balls and lick them as well.

Your guest might be jerking off and watching, so motion him over and tell him you want to get screwed. Have him go behind you and reach around to play with your pussy and tits. When you're ready, tell him to penetrate you. The faster he pumps you, the faster your head should be bobbing up and down on your boyfriend.

Get into the rhythm of this session; all three of you are in a band and you should all keep time with each other. It feels so good to be filled from all sides like this that you all could comthis way. But it's nice to change things up, so stop and move your man to the floor and your new friend to the couch and do the same thing. Your boyfriend should be talking dirty to you, asking you if you like having one cock in your mouth and another in your pussy, and you should be letting him know with moans and sighs and whimpers yes, yes, yes.

You could also keep blowing your boyfriend while sitting on the other man's face, again trying to keep the pace even between the three of you and telling your boyfriend how good it feels to be eaten out while sucking his beautiful cock.

Get into the rhythm of this session; all three of you are in a band and you should all keep time with each other.

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If your boyfriend wants to see what's going on with the other guy because that's part of what gets him off, sit your guest back on the couch and straddle him in backward cowgirl position so your man can see his cock sliding in and out of you. It would be really hot if your boyfriend even helped you along the way, grabbed you by the hips, and bounced you up and down on that hard cock, and doing it so good he made you come because of it. While riding your guest, you could also have your boyfriend stand in front of you so you can keep sucking him. Encourage your new friend to move you up and down while you're giving your boyfriend head as well.

It's fun playing with two hard dicks, so when they're resting and you want to get them both going again, sit between them and give them hand jobs at the same time. You're in between them, so while there is a safe distance for the guys, they will also be titillated by watching you jerk off two cocks at once.

You should be able to sit back and get the royal treatment too. Lie down and have one man suck and play with your tits while the other one is going down on you. Or sit up and have one man lick your pussy while another squats in front of you so you can comfortably give him head. In servicing you and giving you the best time of your life, their boundaries could lighten up and they could each suck one of your tits while your boyfriend fingers you.

A really daring move is for you to screw your boyfriend while he lies down and the other man spoons you from behind and plays with your tits and kisses your neck, or sucks your tits while you are bouncing up and down. From this position, he could be able to play with your clit while you ride your man. Of course, for this position to work, no one can be uptight about your guest potentially brushing fingers on your man's joint. Just make sure to keep changing the men's positions so they can both equally enjoy the experience with you, and you of course with them, because you know that like snowflakes no two hard cocks are the same.

What to Do If Swords Cross

There's no reason this should happen, unless you want it to, of course. If you've had a little too much to drink, though, and you stumble while changing positions, it could happen. Just say, "Excuse me," and move on, and if you want to laugh, by all means laugh! Smiles are sexy too. Good lovers don't take themselves too seriously.

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Patrick and the Couple

Rugged but sweet with twinkling green eyes, Patrick fondly and affectionately remembers his first adult experience with his buddy Rob and Rob's girlfriend, Vicky. One night, hanging out over beers and smokes, Patrick, who always found Vicky very appealing, felt the vibe in the room changing, getting warmer and looser than usual.

"This was during the time of taking ecstasy and experimentation, though we weren't on any kind of drug that night," Patrick says, "But we were all definitely in the mood for letting go and getting into some fantasies."

It all started with Vicky giving backrubs to the two young men, giving them an excuse to take their shirts off, building the energy, and setting the mood. Then Vicky took her own shirt off, and Patrick and Rob both rubbed her down at the same time, starting with innocent touches and slowly progressing to more provocative ones, kneading her breasts, her ass, her legs, and eventually working their way to her increasingly dampening pussy. "All you can do is slowly push the boundaries. If she's cool with it, you go a little farther, and if you get a positive reaction from that, you go even farther," Patrick says. "Eventually it got to the point when I was really worked up and asked her, 'You have to be honest with me. What do you want to happen here?' "

Patrick and Rob looked at each other for mutual approval—yes they definitely knew where they wanted this to go, but what of Vicky? The relationship between them was couple and best buddy of one of the couple. Sure there was some harmless flirtation between Vicky and Patrick, as can happen over time, but the subject of moving the trio's relationship into a sexual direction had never come up, not even in the most drunken jesting.

"I truly believe you have to keep the ball in the woman's side of the court," says Patrick. "A woman has to be comfortable and know that nothing will happen unless she wants it to happen and that relaxes her and gives her comfort." Once that was established, Vicky expressed that she didn't want to have intercourse with the two men together but was very happy to indulge in some delicious heavy petting and oral stimulation.

"I was very proud of me and Rob, because we were naked in front of each other, naked and in very close proximity," Patrick says, "but neither one of us was hung-up about it at all. The situation was wonderful because the mood was very light-hearted and cool. We all loved and cared about each other, so there was no awkwardness about it."

Patrick and Rob spent most of the night appreciating Vicky and her ample figure. They kissed Vicky all over her body, from her forehead to her toes. Vicky sucked her boyfriend's cock while Patrick ate her out and then Rob and Patrick switched positions repeatedly while Vicky had several orgasms on each of the best friend's lips and tongues. The two men ended up jerking off opposite of each other and coming all over Vicky's face and tits, porn style, which is what pleased them the most, having borrowed each other's precious stashes of smut for years. They both enjoyed the same kind of porn, so Patrick and Rob were able to share their appreciation and enjoyment of it on a whole different level.

"Afterward, we just hung out on the couch, all three of us, still naked, and just kinda laughed and talked. It was very cool and relaxed. Rob even said to me, 'Dude you've got a big dick.' But the way he said it wasn't gay at all. It was like telling another guy that he's good at baseball."

For Patrick, the experience should have brought their friendship even closer together, bonded them in a way that few heterosexual men can be together, but this was not the case. Although they did stay friends, a three-way never happened again and eventually Vicky drifted off to another relationship. Patrick notes, "Sex is about good feelings and it's the one thing that men can do when it's okay to be vulnerable and opening yourself up."

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Making Her Feel Good

Whether it's with a friend or a stranger, remember to be sweet and tender to your girl once the other guy has gone. Kiss her, hold her, and be loving to her so she knows she has nothing at all to be ashamed of. Let her know without words that she's still as special and as wonderful to you as she was before and that you loved what just happened, and, more important, loved watching her enjoy it.

If you've got enough energy, you should take a nice hot shower together, clean her up, wash her hair, and spoil her. Lovingly dry her off and bring her back to bed and make love to her and tell her you love her right before you fall asleep for what will no doubt be until late in the afternoon. And when you wake up, remember that nothing has changed and you are both doing as great, if not better, because your relationship has moved up into the level of absolute, unquestioning trust.

Be sweet and tender to your girl once the other guy has gone.

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8

Alternative LIFESTYLES

A ménage à trois is best enjoyed by free-spirited, intelligent, and artistic people with progressive minds and bohemian beliefs, even if their lifestyles are outwardly as humdrum and conventional as any average couple.

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You can be a secretary, lawyer, plumber, accountant, waitress, or cook and have very exotic and adventurous tastes in sex. Threesomes are definitely not just for rock stars, movie stars, and the rich and elite. And you don't have to limit yourself to bars, dance clubs, and parties to make one happen. You can go beyond that and explore the world of strip clubs, professional escorts, and sex/swing clubs.

Escorts and Strippers

If they're going to have a threesome, many people choose to do it with people who meet expressly for that purpose. There is an advantage to hiring an escort or stripper to engage with you and your man. By exchanging money, you know there will be no emotional confusion; you've hired this woman the way you hire a masseuse: to work on both of you, and that is that. It's very unlikely that you or your man will develop feelings for a professional.

Also, in hiring someone, you can feel free to be blunt and tell her when to leave without hurting her feelings. You can comb the online sites like craigslist.org, which offers categories like erotic services and casual encounters. You and your boyfriend can have fun shopping for your third party, going through photos and reading ads, or making your own ad and describing exactly what the two of you would like to have and what you would like to do. This way there will be no pussyfooting around the issue. The person you hire will show up at your door ready to do exactly what you want and dive right into it and the both of you. With this freedom you can be more creative and play out fantasies.

Happy Hookers

Here's something that doesn't happen very often. Eric, who never had a three-way, was treated to one by two beautiful black hookers, and on the house no less! He was hanging out in a divey bar and bought them several rounds of drinks just to talk.

"It was late and, admittedly, I was feeling pretty lonely and didn't feel like going home," Eric says. So talk they did, in between singing very loudly and badly to the jukebox that Eric kept feeding dollars to. When the place closed down, the two streetwalkers each linked one of his arms and went to his place. "One of them was riding me while the other was sucking her tits and I was fingering her. It was a good night, or should I say morning. I think the sun was coming up," he says.

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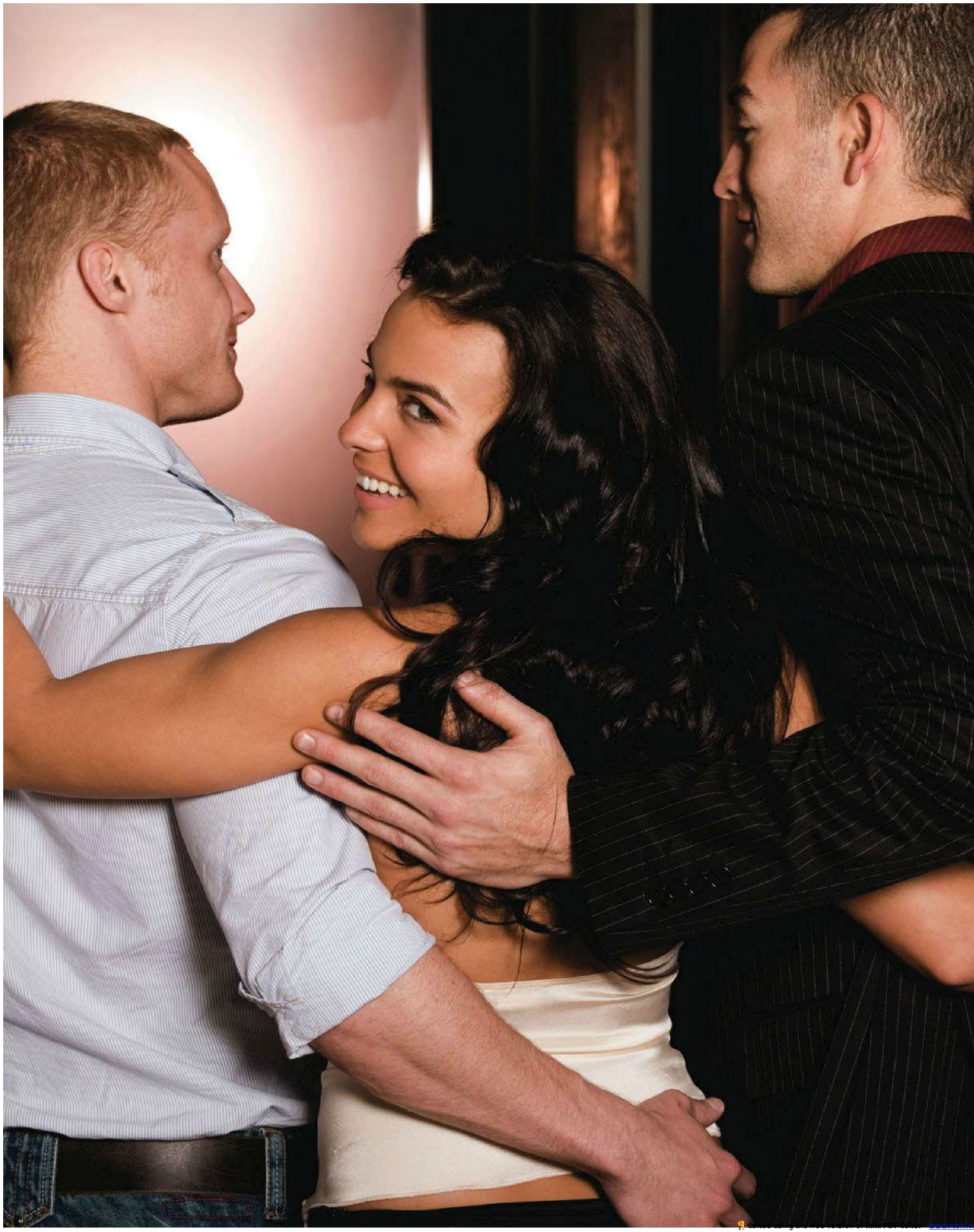

Birthday Threesome Special

"Because everyone at this bar knows me, on my birthday I was getting shots all night long, shots and big tips, it was really nice," says Lars, a muscular blond with a sexy deep voice. "One of the women who comes here is a stripper. She usually comes in after she finishes her shift to kick back, count her money, and have a drink. That night she brought one of her friends from the strip club, a really hot brunette. I've always favored girls with dark hair, and she had the body I like, more curvy with some meat to hold on to. They kept telling me they were going to do something special for my birthday."

The gift was waiting when Lars closed the bar. The women took him back to his apartment with a duffle bag filled with sex toys. "I think we did everything that could possibly be done with dildos and vibrators," Lars says, "which I needed because these two were a real handful and I had all those tequila shots in me."

Lars says the secret to a successful threesome is to never stop being a gentleman. "You have to know that, even if it's all about you, you have a responsibility to satisfy two other people. I wanted to do that—I wanted them to feel I gave them everything in one way or another. If they get it on with each other, I still get in there and do something to one or both of them, that's what I'm there for." Even with a bag full of fake phalluses and vibrating eggs, Lars's favorite activity of the night had no toys at all. "When one girls rides me while the other girls sits on my face, that's just perfect. Everybody is being pleasured, and all three of us were connected to each other. Pure bliss."

A Way Of Life

Having threesomes can be an entire way of life, not just something you do for your boyfriend's birthday or on vacation in Brazil. Certain couples implement this as part of their sex life and consider themselves lucky to have found a partner who is so special, sexual, and giving that jealousy never comes into play. These are not the most common of couples, but their lives otherwise are. Three-ways are the way they get off best, but that's not the only thing they do. They have as much sex with each other as they do with a third party on a Saturday night. Some couples go dancing every weekend while others go swinging every weekend, and those couples see it no differently. You and your boyfriend could belong to a bowling league and you could also belong to a sex club; the point is, this is how the two of you like to have fun.

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True Story: Anna and Tony

Anna has never been afraid of taking what she wants and calling the shots. Although a successful international lawyer, the Polish-born, American-bred woman in her mid-thirties looks more like a centerfold than an attorney, with a tall, voluptuous frame and a classically beautiful face with full lips, high cheekbones, and long, thick golden hair. She recalls always being alone at Villanova Law School because no one knew what to make of the brainy beauty.

"The men were scared of me, and the women hated me. But I don't let those things bother me, I just look out for myself and I don't care what other people think," she says.

Anna has an equally hunky husband, a tall, virile man of Latin descent who is as swarthy as she is fair. Anna and Tony have been married for nearly ten years and have two beautiful daughters. They have a home in the suburbs of New Jersey and live what most would consider the American Dream. What seems to have kept the relationship together is their sexual openness and sense of freewheeling adventure. "We have threesomes, usually on vacation. I'd say it's best done on vacation, because it's just part of the trip and you don't have to take it back home with you," says Anna.

Their first foray into a ménage à trois was during a holiday in Mexico, where the comely couple enjoyed going to strip clubs and soaking in the sights of the local lovelies. They decided one night to go for broke and pick up a dancer at one of the clubs. "Her name was Barbie. She had a great body and was an amazing dancer. Her pole gymnastics were amazing and I was really impressed with her." It was Anna who was the assertive one and did the choosing of their sex partner. "I got really turned on by Barbie because she was really petite and my husband is so tall and big—I was really looking forward to watching her take him all in."

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And take it in Barbie did. Although it was difficult, because Tony noticed their little friend was more attracted to his exotic wife with the alluring accent than his movie star Antonio Banderas good looks. "He fucked her brains out, really hard, he really gave her the business, but I was there for the softness and sensuality. I laid down, I had her lay on top of me, face to face. We were kissing and rubbing on each other while my husband mounted her from behind and fucked her silly. It was so hot." Just as both Anna and Barbie were on the brink of coming, Tony decided to pick up the tiny dancer, hoist her on his shoulders, and lick her clit into one screaming orgasm while Anna climaxed herself watching.

"The key to enjoying this with your husband is that you have to be in a very stable and secure relationship. If you have that, there is no danger at all. And you, as the woman, have to hold all the cards and take all the power. You should be the one to pick the woman, and the woman you pick should be actively bisexual so you can both enjoy her."

But if your relationship is on somewhat shaky ground, Anna says it's like nitroglycerin to the union and it will no doubt blow up in your face, even if it was all your idea to begin with. "We almost broke up over the one we had in Rio," Anna admits. "Again, it was my idea, and I picked her up and she looked kind of bitchy until she saw Tony. She did it because she really liked Tony and she wasn't really into women or me. They were really hitting it off, and Tony was ignoring me because they were speaking in Spanish together. She was this thick Spanish woman with a huge ass, definitely his type. I think he was also trying to teach me a lesson because, again, it's my idea and sometimes I think my strong sexual desires can make him feel inadequate."

What stopped Anna from going into complete jealousy meltdown is the fact that the couple had paid the Spanish sex bomb—in fact, they've paid all of the women they have been with on these naughty vacations.

This particular experience has not deterred Anna one bit, although she realizes her mistake was proposing a three-way during a time when there was tension between her and her husband. A threesome is by no means a solution to a problem. It also isn't a way to draw couples closer together when they're having marital difficulties. However, it is most definitely a flavor-enhancing spice to an otherwise healthy but routine sex life.

"I just love the visual," says Anna. "I like to be able to see my man with another woman. It's a turn on watching him making some girl scream. And I love having the added stimulation, all of the hands on me. I love having a girl go down on me while I suck Tony's big cock. It's like we're enjoying this fabulous feast. The fact that it's naughty and taboo makes it very exciting. I've always wanted to be in an orgy, but never have, so this is the next best thing."

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What's Better Than Two Girls and One Guy? Three Women and No Guy

Another three-way Anna enjoyed was one with two women during law school. Although not a drinker by any means, Anna and her classmates decided to let off steam after leaving the library. They ended up getting so intoxicated that they started daring each other to kiss.

"We went to my dorm room and it was great—me and one girl were really letting loose and doing everything you can imagine, while another girl was kind of hung up but had no problem receiving all we had to give. We took turns licking each other's pussies well, except for that girl who wouldn't reciprocate. But it was so much fun. I loved it. I love breasts, feeling them, licking them, resting my cheek against them." Anna pauses, enjoying the memory, but then quickly adds, "I wish they hadn't been so strange about it the next day. The other two woke up in my room and were very moody and distant. That's too bad they were so hung up. It would've been a great stress reliever from cramming for exams all the time."

Sex Clubs and Swing Clubs

Sex clubs and swing clubs are a great way to enjoy both mingling and meeting new people while also cutting to the chase. No one feels embarrassed, shy, or perverted because everyone is there for the same reason. Just walking into one of these places is very liberating and exciting because as you look around you, you can actually see public displays of three-ways and it's okay not only to openly watch but to join in. Of course, there are rules and fees involved, but those are a small price to pay for what you are getting back, which is no bullshitting around. Everyone there is as horny and as ready as the both of you.

Of course, you should also go knowing your comfort level. And safe sex is not even a question; in all of these places, if you are seen not using a condom you will be told to leave. The more professional the situation, the more condoms are mandatory.

Also at these places, people are a lot more polite and respectful of one another. They call it an "adult club" because you have to behave like one. You may be surrounded by people screwing and sucking, but all of these people are also behaving like ladies and gentlemen, because again, if they aren't, they will be thrown out. It has to be class all the way or you will never be allowed back again.

In addition, these establishments are all safe, clean, and legal throughout the United States, so you need not have to take a trip to Holland to explore your sexuality. You can look online for such places, or you can read the back of your local alternative newspaper or magazine. All of these places have a cover charge and some offer yearly fees for membership if you plan on going often.

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True Story: Colin and the Sex Club

Colin, a graphic designer from New Jersey, recently made his first visit to a swing club in Las Vegas with his bi-curious girlfriend who lives in Nevada. A handsome African American male in his early thirties who is proud of his self-professed metrosexuality, Colin says he and his sexy Asian American lady friend, a medical salesperson, have been able to continue this bi-coastal relationship for the past two years with lots of phone sex. It was during his last stay in Sin City that they visited a swing club.

"There were a lot more women than men in the club, and it was very clean and pleasant," Colin says. "Couples pay fifty bucks to get in, and single women pay twenty-five. There was no alcohol, which was fine by me because I don't drink, but we did hit a bar before we got there because my girlfriend wanted a drink or two to loosen up." Once inside and wandering around, they caught the eye of an attractive older blonde, possibly in her early forties, whom they both found appetizing.

"She was built the way we both like women, fit but thick with large breasts. So we sort of parked it near her and started fooling around in front of her. We didn't know how to get it going, and we might have been a little too shy to talk to her, so we figured actions speak louder than words."

It must have worked, because while the attractive couple began to shed clothing and become entwined, Colin's girlfriend felt her dainty, manicured foot being sensually massaged by someone who was not her man—his hands were busy pulling down her top and kneading her ample chest. She looked over Colin's bare shoulder and saw the older, sexy blonde on her knees in front of them and playing with her feet. Their eyes locked, there was a smile and a nod between them, and slowly the woman seduced Colin's girlfriend. Her feet happened to be one of her erogenous zones, and when she began taking her toes one by one into her mouth, it was instant ecstasy.

"She let out this huge sigh—I knew that sigh, but I also knew it wasn't entirely for me!" says Colin. "I saw we had a visitor, and I was very happy it was her. I watched her suck my girlfriend's toes and I started pulling my girl's skirt down—she usually doesn't wear a bra and tonight she didn't wear panties either—and I ate her out while this woman was basically making love to her feet. It was very erotic."

Like good couples should, Colin and his girlfriend did discuss what would be okay and not okay before arriving at this club. Colin's girlfriend only had two rules: She didn't want them to be with another man, and Colin was not to kiss any women they might get involved with. Both rules were perfectly fine with him, as he wasn't comfortable with the idea of being naked with another man and had no desire to kiss any lips but his own lady's luscious full ones.

The ample blonde eventually joined the couple on the couch, and Colin and his girlfriend enjoyed feasting on her big nipples. "It was nice to share this woman together. We both enjoy all the good things in life: good food, good wine. And now we were sharing this fine sexy woman. It was great—it was amazing actually," Colin says.

He was also pleasantly surprised at how assertive and generous his girlfriend became about sharing him. "At one point she was stroking my dick and fingering her own pussy at the same time and asking this woman, 'Do you like my man's big black dick? Do you want this big black dick? Do you want it inside you, fucking your brains out?' "

Once taboos are initially broken, the fear is gone, and things begin to work out well, so wonderful in fact, that things can go farther. Colin says for him it had to be all about his girlfriend and her pleasure. "If I felt she was apprehensive and nervous, I wouldn't have even gone with her, even if it was her idea to go. So as we went along I wanted her fully relaxed, fully turned on, with the knowledge that nothing would happen that she didn't want to happen and at the same time anything was possible."

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Her wish was his command, and so were the wishes of their eager new playmate, who indeed did want that big black dick. Colin said this woman rode him like a bucking bronco while his girlfriend sat on his face and licking their new friend's breasts. "It's an amazing feeling when you're with two women and they're both coming at the same time. Imagine making two people come at the same time? Wow." He himself held back, and when the blonde got off him he turned his girlfriend over and ravaged her from behind while she orally serviced the blonde, and this time they all orgasmed at the same time. Wow, indeed.

Although Colin and his girlfriend don't use condoms with each other, they did use a condom with this woman and wouldn't have had it any other way. "You have to be safe, to feel you can let go and have fun," he says. The woman was the only encounter they had that evening. Afterward, they drank juice together and made small talk. The woman worked at a nearby casino as a poker dealer, but they learned little else. Once they politely wandered away, they mainly enjoyed playing dirty voyeurs and enjoyed other couples watching them. "There was also the odd guy who kept looking at us while he was jerking off—that was more funny than anything else," says Colin. When asked whether he would ever do this again, Colin laughed and said, "We did, the next night on my way to the airport. It was a good way to sleep through my red eye flight."

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True Story: Tony and Tina

Tony and Tina, two Italian-Americans in their late twenties from Brooklyn, met through mutual friends who set them up on a blind date. Tina, an adorable, petite brunette with large dark eyes, had recently left a painfully bad relationship in which her boyfriend had repeatedly cheated on her. She wanted to go to a party where she needed a date, and her friends who were also going knew a nice single young man, Tony, an equally cute, dark-haired guy who worked in computer programming on Wall Street.

It was an instant love connection, and their evening ended with a heavy duty makeout and fool-around session in the hot tub of his apartment complex. They have now been together six months, and are inseparable. When you sit with them, you can see their genuine friendship, affection, and attraction, and they can barely be near each other without touching or kissing. They currently live apart because Tina feels she needs some space living alone between her last experience and this one, but she also says she's sure a year from now she and Tony will be living together. And Tony says he's sure in no time they will be making plans for the most raucous wedding party in Brooklyn.

"A wedding where after the party 30 people or so will be watching us get it on together!" he proclaims. Tina playfully elbows him and says, "No, no. That night it will be just us." And Tony nods and says, "Yes, just us with 30 people watching!"

Come again?

Let's fill in some holes, so to speak.

Here's the deal.

Tina is a swinger. She got into the swinging life with her ex-boyfriend, who, despite being able to share Tina with dozens of sexy women at private parties, still found it necessary to cheat on her compulsively. Tina, who enjoyed the life very much, mainly indulging in threesomes with her boyfriend and another woman, wasn't going to let a broken heart stop her from having fun. There was a swinger bikini party coming up, but she needed to bring a date in order to attend. A swinger couple who knew Tony as a nice, good-looking, upstanding, and easy-going guy set up the date. But as is the practice in swinger parties, you must be a couple of sorts; you cannot bring a blind date to one of these sexy exclusive affairs. So they went out on an initial date, during which they hit it off to the degree that they spent a passionate night together and then had breakfast together, followed by a day of shopping at a nearby outlet mall.

Tony had been told about Tina's proclivity to swing and have sex with a third female party. It didn't shock him in the least bit, as he had enjoyed many similar experiences in college. "All of my experience were those college party experiences where people were drunk and wild things happened. And those were great, but it's not the same thing as this of course. I've always been a very sexual person, and I couldn't believe my luck that this sexy, wonderful girl was so open and confident like that. I was ready to give it a try," he explains. So Tony and Tina went off to the bikini party, where his main concern was running into Tina's ex. Once they realized he was not there, however, Tina taught Tony some swinger lingo and rules.

This bikini party was an "off premises" party where people meet, party, and lightly fool around, but the main action happens at a block of hotel rooms that have been reserved by the people who own and operate these soirées. Tina explained that she only enjoyed what is called a "soft swap," which is sex engaged with only a third party, a woman, as opposed to a "hard swap" which consists of male couples exchanging women for full-on penetration sex. Tony also learned that these parties were just as much about socializing as they were about having sex.

"People are there to have fun. They just come up to you and say hi. You have some drinks together, you talk, and everyone is really polite. I would probably worry about going to a regular club or party with Tina more than to any of these swinger parties. When I

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leave her to go to the bathroom, I know no one is going to use the opportunity to hit on her. You'll find more respectful people in the swing scene than you'll ever find anywhere."

They ended up having a wonderful time, with Tina introducing Tony to all her friends and eventually joining them at the designated hotel floor where Tony and Tina got it on with her ex-boyfriend's sister. "Okay, okay, that part might sound strange," says Tina laughing and blushing. "I was glad he wasn't there, but I was really glad she was. I always found her attractive, but obviously a three-way with her before was out of the question. But now I could, and we did, and it was fantastic."

The session was mainly about the pleasures of oral sex. The two women went down on Tony together, then the ex's sister went down on Tina while she alone sucked off Tony to completion. Tony then had sex with Tina while the ex's sister played with his balls. "It's a great spooning sex position," says Tony, "I get off so intensely that way, fucking Tina while another girl plays with me from behind, there's nothing like it—I came like a rocket that night."

Tony also saw how much pleasure it gave Tina to have another woman in the mix, although Tina says she has never and would never be with a woman one-on-one. "When another girl is involved, I know Tina will be fully satisfied, and that's what it's all about for me," says Tony. "I love her and I want her getting off to the highest level. I'm happy to do it for her, and besides, what guy in his right mind will say no to that?"

But again, like any other couple involved in such practices, they too have rules that they adhere to. Tony is not allowed to kiss other women or penetrate other women, and Tina is also not allowed to kiss or full-on bang other men who may be watching.

They also have to pick the woman together. It must be a mutual decision, which they admit does come into conflict every so often because, as it turns out, their tastes are different. "Tony likes small brunettes like me, and Asian girls. I know he's got

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his Asian fixation, but I'm not into them. I enjoy being with women who are the total physical opposite of me: blondes with big tits, fake or natural, it doesn't matter to me."

Tina, while enjoying kissing, suckling, fondling, and receiving oral from a woman, will not rub clits together. When pressed for why, she just laughs and blushes some more, "I think it's just gross, I don't know. Who knows why some things are okay and others are not, but that skeeves me out!" On the other hand, their swing/three-way practices have made Tony one of the most true-blue mates one could have, an absolute dream for women, in fact. He turns down his friends' invitations to strip clubs unless he can bring Tina and they can enjoy a lap dance together, and he swears his eyes never linger on other girls when Tina isn't around. "We check out girls together. It's so much more fun! So when I'm not with her I don't feel the need. It's like I walk around with blinders on."

On more than one occasion, Tina has been chatted up and seduced by a woman who Tony did not at all find to his taste. Case in point was at a swinger Halloween party where a she-devil approached Tina and charmed her into disrobing. "I thought she was gross actually, but Tina was like, 'Oh she's so sweet and nice, c'mon, c'mon.' So although I didn't really participate like I usually do, I did get off on stepping back and watching her get off. She's so confident and sexual, it's very hot to me."

If Tony and Tina do have arguments as a result of their sexual three-way recreation, it's usually over Tony bragging about it to friends or showing photos from a party of Tina and another woman getting it on. "You're allowed to have cameras, but of course you have to ask permission first," says Tony. "But yeah, I mean I'm a guy and I'm doing this crazy, sexy thing, but it's only as great as it is if you can tell your buddies about it and make them jealous! I admit it, that's part of it for me, absolutely. Besides, my girl is gorgeous and sexy and so open-minded, I'm proud of that and I want the world to see that I'm the luckiest motherfucker in the world, okay?"

Tina, who works as a nurse in a Manhattan hospital, half-smiles and shakes her head. "It's private to me! I don't mind that he takes the photos; we can both look at them when we're alone together and it gets us horny, so that's fine. But I don't want my business out on the street and he knows it, but he can't help himself."

That issue aside, the relationship continues to thrive, and Tony and Tina go to private swing parties at least twice a month. When they both see a woman they like, they either kiss and hug in front of her and see how she reacts or just introduce themselves and talk and mingle, enjoy company on an intellectual level first and then see where it goes from there. Many times Tony says the real action between them doesn't happen until they get home. "The car ride home is always quiet. We're both going over what happened in our heads, and then the minute we get home we just tear each other's clothes off and fuck our brains out for hours. It's very intense."

Tina also says it's long after the parties when she enjoys the experience the most. She says sometimes when she's with a patient, an image will pop into her head and it will be hard for her to get the image out. All she can do is be patient, do her job, call Tony, and race back to his place as soon as possible so they can have more wild one-on-one sex fueled by their threesome memories.

"I was born with no shame, and it's great to finally meet a girl who not only understands that but likes it," says Tony with a big smile. "She's the sexiest woman I've ever met. She's so open about it and it gets me so hot. In fact, I'll bet you anything she's probably sopping wet right now just talking about it." Tina shyly leans into his neck, looking very pretty, and feels close to him because what he is saying about her is completely true. "He's very into me and he opens himself up to me," she says. "He's not afraid to love."

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Last Words

Opening yourself is what good sex is all about, no matter how intense or casual it can be. No matter what the situation is, sex is the joy of being open and free to other people, but most of all yourself. Discover yourself sexually and contemplate how far you want to go, it could be the beginning of a delicious awakening within you. Above all else entering the world of multi-partner sex should be something you are curious about exploring. The fact that you can travel this road with your boyfriend or girlfriend just adds to the pleasure because you have a close, intimate friend with you to enjoy the trip with. It's about feeling curious about the other options, not about boredom. You are a beautiful person inside and out and you want to enjoy the ultimate in great sex with your partner. Or you could be awakened by your partner who thinks the world of you and would like to try exciting and new avenues of sex with you. This is all part of the experience of life.

It's good to try different things, and it may turn out that it isn't for you necessarily, but you can say that about trying all kinds of different things. To know what you like or don't like you have to experience them for yourself, and there's no shame in saying it wasn't all it was cracked up to be, but boy wasn't it fun finding out?

Living isn't a spectator sport and although sex can certainly be with voyeurism and porn, it's a lot more gratifying and satisfying to actually do than to watch or daydream. Ask yourself: why not? It's as simple as that, why not? Talk about it with your partner or with a friend. As you have learned by now, having a three-way is a lot more common than you thought. Be daring and challenge yourself, you'll be surprised by what actually lies deep inside you, you're a lot sexier than you give yourself credit for. So explore those fantasies. Be safe, be kind, and be sweet to the people who are joining you for the celebration. It's going to be quite a trip, and I wish you (and myself) the very best as no one should settle for anything less.

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